Starleads

CTOs & IT Heads in Punjab: contact list (free sample PDF)

436 contacts · **77%** with emails · **95%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 436 CTOs & IT heads in Punjab with contact details. 77% have an email address and 95% a landline. All come with a street address, all with the person's name, all with a designation and all with a PIN code.

They are spread over 14 cities and towns; the most are in Ludhiana (301), Jalandhar (44) and Patiala (25), followed by Amritsar, Phagwara and Hoshiarpur.

The biggest CTOs & IT heads lists in Starleads' data are in Maharashtra (16,796) and Karnataka (8,614), out of 14 states.

By industry / department, the biggest groups are Textiles (80), Manufacturing (63) and Auto Ancillary (51).

Get all 436 contacts in Excel: https://starleads.in/data/ctos-it-heads-in-punjab/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Name	Designation	Company	Industry / Department	Mobile	Landline	Email	Address	City	PIN
1	Mr Mandeep Singh	Head of Department - IT	Apex College of IT and Management	College		0183-240XXXX	ma••••••••••@apexonline.com	No - 108, Opp Khalsa College, Mohani Park	Amritsar	143001
2	Mr Gurvinder Singh	Lecturer - IT	Guru Nanak Dev University	Board/university		0183-225XXXX	gs••••••@yahoo.com	G T Road	Amritsar	143005
3	Mr Jaswinder Singh	Head of Department - Computer Science	Guru Nanak Dev University	Board/university		0183-225XXXX	ja••••••••••@yahoo.com	G T Road	Amritsar	143005
4	Mr Davinder Kaur Gill	Head of Department - Computer Science	Shahzada Nand College for Girls			0183-250XXXX	sh••••••••••••••••@yahoo.com	Maqbool Road	Amritsar	143001
5	Mr Jeshpaul Singh	System Administrator	Shiromani Gurdwara Parbandhak Committee			0183-255XXXX	in•••@sgpc.net	Teja Singh Samundri Hall	Amritsar	143006
6	Ms Kuldeep Kaur	Head of Department - Computer Science	Sri Guru Teg Bahadur College for Women			0183-229XXXX	sg••••••••••@yahoo.co.in	Near Mochi Bazar & Golden Temple	Amritsar	143001
7	Mr Anup Kumar Maiti	Head - IT	The Peerless General Finance and Investment Company Ltd	Non Banking Financial Companies		0183-254XXXX	an••••••••@peerless.co.in	Ground Floor, Sangam Cinema Building, G T Road, Opp Bus Stand	Amritsar	143001
8	Mr Tarun Behl	General Manager - Projects	B C L Industries & Infrastructures Ltd	Fmcg		0164-221XXXX	ga••••••••••••@yahoo.co.in	Hazi Rattan Link Road, P O Box No 71	Bathinda	151005
9	Mr Gianetan Singh Shekar	Head of Department - Computer Science	Yadavindra College of Engineering	Engineering College		01655-22XXXX		Punjabi University, Guru Kashi Campus, Talwandi Sabo	Bathinda	151302
10	Mr Navneed Singh Randhawa	Head of Department - IT	Adesh Institute of Engineering and Technology	Engineering College		01639-24XXXX		Sadiq Road, Village Machakikalan, P O Box No 11	Faridkot	151203
11	Mr Aman Deep Singh	Head - IT	Baba Farid University of Health Sciences			01639-25XXXX		Kotkapura Road	Faridkot	151203

#	Name	Designation	Company	Industry / Department	Mobile	Landline	Email	Address	City	PIN
12	Mr Guldeep Singh Sidhu	Head of Department - Computer Science & Engineerin	Malwa Polytechnic	Engineering College			ma•••••@rediffmail.com	Sadiq Road	Faridkot	151203
13	Mr Gurpal Singh	Head of Department - Computer Science & Engineerin	Baba Banda Singh Bahadur Engineering College	Engineering College		01763-50XXXX	gu••••@bbsbec.ac.in	S B Singh Road, Apollo Street	Fatehgarh Sahib	144407
14	Mr V Puneet Sablok	Manager - IT	Lakshmi Energy and Foods Ltd	Fmcg		01628-66XXXX	it•••@lakshmigroup.in	Chandigarh - Ludhiana National Highway, Khamanon Post Office, Fatehgarh District	Fatehgarh Sahib	140801
15	Mrs Rashmi Arora	Head of Department - Computer Science	Mata Gujri College	College		01763-23XXXX	za•••••••@gmail.com	Sirhind	Fatehgarh Sahib	140406
16	Mr Gursharan Singh	Managing Director	G N A Duraparts (p) Ltd	Auto Ancillary		01882-26XXXX		Phagwada Hoshiarpur Road, V P O Mehitiana	Hoshiarpur	146001
17	Mr Gurjit Singh	Manager - IT	Gna Axles Ltd	Equipment & Machinery		01882-26XXXX	gu•••••@gnagroup.com	Hoshiarpur Road, Phagwara, Mehtiana	Hoshiarpur	146001
18	Mr B S Walia	Assistant Manager - IT	J C T Ltd	Textiles			bs•••••@jctltd.com	Dharamshala Road, Chohal	Hoshiarpur	146024
19	Mr Narender Singh Arora	Head - IT	Cremica Foods Ltd	Fmcg		01826-22XXXX	ns•••••@mrsbectorfoods.com	B-XX-324, Jalandhar Bye Pass, GT Road (west)	Jalandhar	144409
20	Mr Jitendra Kumar	Manager - IT	G B Tools & Forgings Ltd			0181-506XXXX	am••••@ambikaforgings.com	Village Mang, Kapurthala Road, 11th Mile Stone	Jalandhar	144003
21	Mr Amrik Singh	Assistant General Manager - Engineering	G N A Udyog Ltd	Equipment & Machinery		01826-27XXXX	am••••••••@gnaudyog.com	Vill & P O Bundala, Near To Chandiyala	Jalandhar	141304
22	Mr Gurpreet Singh Goraya	Senior Engineer - Research & Development	G N A Udyog Ltd	Equipment & Machinery		01826-27XXXX	gu••••••@gnaudyog.com	Vill & P O Bundala, Near To Chandiyala	Jalandhar	141304
23	Mr Kulwant Jassal	Assistant Programmer	G N A Udyog Ltd	Equipment & Machinery		01826-27XXXX	kj•••••@gnaudyog.com	Vill & P O Bundala, Near To Chandiyala	Jalandhar	141304
24	Mr Reddy Kohli	Engineer - Development	G N A Udyog Ltd	Equipment & Machinery		01826-27XXXX	en•••••••@gnaudyog.com	Vill & P O Bundala, Near To Chandiyala	Jalandhar	141304
25	Mr Subodh K Sharma	Manager - IT	G N A Udyog Ltd	Equipment & Machinery		01826-27XXXX	su••••@gnaudyog.com	Vill & P O Bundala, Near To Chandiyala	Jalandhar	141304
26	Mr Anilkumar Verma	Junior Manager - IT	Jainsons Industries			0181-265XXXX	in•••@jainsonsindustries.com	Kapurthala Road, Basti Bawa Khel	Jalandhar	144021
27	Mr Kuldip	Incharge - IT	Kapsons Industries Ltd	Electrical		0181-267XXXX	ku••••@kapsonsindustries.com	G T Road, Suranussi Area	Jalandhar	144027
28	Mr Ranveer Singh	Manager - IT	Lally Motors (p) Ltd	Agent		0181-306XXXX	ed•••@lallymotors.net	Prestige Honda, G T Road, Dhandari Kalam, Pragpur	Jalandhar	144010
29	Mr Arjun Dev Saini	Edp - Manager	Leader Valves Ltd			0181-249XXXX	in•••@leadervalves.com	S - 3, S - 4, Industrial Area, Industrial Town	Jalandhar	144004
30	Mr Rakesh Dadhwal	System Engineer	Mrs Bector Foods Specialties Ltd	Fmcg		01826-22XXXX	da••••••••••@gmail.com	Theing Road, Phillaur	Jalandhar	144410

#	Name	Designation	Company	Industry / Department	Mobile	Landline	Email	Address	City	PIN
31	Mr Rajesh Kumar	Computer Operator	Navyug (india) Ltd	Manufacturing		0181-242XXXX	rk•••••@sify.com	G T Road, Byepass	Jalandhar	144009
32	Mr Jatinder Singh	Assistant Manager - IT	P K F Finance Ltd			0181-223XXXX	ps••••@pkffinance.com	Balbir Tower, G T Road, Pkf Namdev Chowk	Jalandhar	144001
33	Mr Sachin Kumar Verma	Assistant Manager - IT	Punjab Kesari (p) Ltd	Publications		0181-306XXXX	sa••••••••••@punjabkesari.net.in	Punjab Kesari Building	Jalandhar	144001
34	Mr Brijesh Shah	Network Manager	Vetsfarma Ltd	Pharmaceutical		0181-222XXXX	ve•••@vetsfarma.com	1st Floor, Gurmeet Building, Police Lines Road	Jalandhar	144001
35	Mr Mahesh Chand Gupta	Assistant Vice President - IT	Jagatjit Industries Ltd	Fmcg		0181-278XXXX	ma•••••••••@jagatjit.com	P O Jagatjit Nagar, Hamira	Kapurthala	144802
36	Mr Manminder Singh Dhaliwal	Head - IT	Aarti International Ltd	Textiles		0161-300XXXX	ai•••••@aartiinternational.com	Chandigarh Road, Village - Uchhi Mangli, Post Office - Ramgarh	Ludhiana	141123
37	Mr Ramnik Singh	Assistant General Manager - Research & Development	Aarti International Ltd	Textiles		0161-300XXXX	rn•••@aartiinternational.com	Chandigarh Road, Village - Uchhi Mangli, Post Office - Ramgarh	Ludhiana	141123
38	Mr Umesh Sharma	Head - IT	Aarti International Ltd	Textiles		0161-300XXXX	ed•••@aartiinternational.com	Chandigarh Road, Village - Uchhi Mangli, Post Office - Ramgarh	Ludhiana	141123
39	Mr Pawan K Dadwal	Head - IT	Aarti Steels Ltd	Metal		0161-300XXXX	pa•••••••••@aartisteelsltd.com	G T Road, Miller Ganj	Ludhiana	141003
40	Mr Rajendra Mohan Kala	Head - IT	Aarti Steels Ltd	Metal		0161-300XXXX	rm••••@aartisteelsltd.com	G T Road, Miller Ganj	Ludhiana	141003
41	Mr Shivam Kakkar	Assistant - IT	Aarti Steels Ltd	Metal		0161-300XXXX	aa•••@aartisteelsltd.com	Focal Point	Ludhiana	141010
42	Mr Gautam Sharma	Head - IT	Amco Industrial Enterprises (p) Ltd	Manufacturing		0161-432XXXX	it••••••@amcogroups.com	E - 161, Phase - 4, Focal Point	Ludhiana	141010
43	Mr B S Sidhu	Senior Manager - IT	S M L Isuzu Ltd	Automobile		01881-27XXXX	bs••••••••@smlisuzu.com	Near Ropar, Village Asron, Post Bag No 38, Svs Nagar	Nawanshahr	140001
44	Mr K K Walia	General Manager - Information Technology	S M L Isuzu Ltd	Automobile		01881-27XXXX		Near Ropar, Village Asron, Post Bag No 38, Svs Nagar	Nawanshahr	140001
45	Mr Simant Singh Pall	Manager - Edp	Shreyans Industries Ltd	Fmcg		01881-27XXXX	sr•••@shreyansgroup.com	Shree Rishabh Papers, Village Banah, District	Nawanshahr	144514
46	Mr Arun Khanna	Deputy General Manager - IT	Amrit Banaspati Company Ltd	Fmcg		01762-23XXXX	ar••••••••@amritbanaspati.com	Chandigarh Road, Rajpura	Patiala	140401
47	Mr Arun Khanna	Senior Manager - IT	Amrit Corporation Ltd	Consumer Durable		01762-23XXXX	ar•••@amritbanaspati.com	Chandigarh Road, P O Box No 9	Patiala	140401
48	Mr Lakhbir Singh	IT - Executive	Amrit Corporation Ltd	Consumer Durable		01762-23XXXX	la••••••••••@amritbanaspati.com	Chandigarh Road, P O Box No 9	Patiala	140401
49	Mr Sanjiv Goyal	Head - IT	Amrit Corporation Ltd	Consumer Durable		01762-23XXXX	sa••••••••••@amritbanaspati.com	Chandigarh Road, P O Box No 9	Patiala	140401

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50	Mr Sanjay K Roy	IT - Manager	Punjab Hammers (p) Ltd			01765-25XXXX	in•••@punjabhammers.com	G T Road, Sirhind Side, Mandi Gobindgrh	Patiala	147301
51	Mr Harendra Kumar Sharma	Manager - IT	J C T Ltd	Textiles		01824-30XXXX	ga••••••@jctltd.com	G T Road, Kapurthala	Phagwara	144401
52	Mr K A Khan	Assistant General Manager - IT	J C T Ltd	Textiles		01824-30XXXX	ka••••@jctltd.com	G T Road, Kapurthala	Phagwara	144401
53	Mr Rajan Sharma	Deputy Manager - IT	J C T Ltd	Textiles		01824-30XXXX	ra•••@jctltd.com	G T Road, Kapurthala	Phagwara	144401
54	Mr Rajeev Bakshi	General Manager - IT	J C T Ltd	Textiles		01824-30XXXX	rb••••••@jctltd.com	G T Road, Kapurthala	Phagwara	144401
55	Mr Aman Setia	Manager - IT	Sukhjit Starch & Chemicals Ltd	Chemical		01824-26XXXX	am•••••••@sukhjitgroup.com	Sukhijit Road, Sarai Road	Phagwara	144401
56	Mr Sukhvinder Singh Dhiman	System Administrator	Cheema Boilers Ltd	Equipment & Machinery		0160-500XXXX	it•••@cheemaboilers.com	Banmajra, Kurali, Village Banbagra	Ropar	140103
57	Mr C Harrison	Senior Manager	Indian Acrylics Ltd	Manufacturing		01672-27XXXX		Patiyala-Sangrur Highway, Village Harkrishen Pura Tech. Bhawanigargh	Sangrur	148001
58	Mr Kishore Kumar Mehan	Manager - IT	Shreyans Industries Ltd	Fmcg		01675-24XXXX	sp•••@shreyansgroup.com	Village Malikpur, Ahmedgarh	Sangrur	148021
59	Mr Kishore Kumar	Manager - Edp	Shreyans Paper Plast (p) Ltd	Manufacturing		01675-24XXXX	ki••••••••••@shreyansgroup.com	Malikpur, Ahmedgarh	Sangrur	148021
60	Mr Tarun Walia	Manager - Edp	Standard Corporation India Ltd	Equipment & Machinery		01679-24XXXX	sc••••••@sify.com	Handiaya Chowk, Barnala	Sangrur	148101

Questions

How many CTOs & IT heads are there in Punjab?

This list has 436 CTOs & IT heads in Punjab with contact details. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of CTOs & IT heads in Punjab?

Download this list in Excel: 436 contacts, 77% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Punjab have the most CTOs & IT heads?

Ludhiana (301), Jalandhar (44), Patiala (25), Amritsar (15) and Phagwara (10).

Which state in India has the most CTOs & IT heads?

In Starleads' data: Maharashtra (16,796), Karnataka (8,614), Tamil Nadu (7,379). Punjab is 13th of 14 states. These are the counts of contacts in each list, not an official census.

Is there a free CTOs & IT heads list PDF for Punjab?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.