Starleads

Grocery & Supermarkets in Bengaluru: contact list (free sample PDF)

3,868 contacts · **100%** with mobile numbers · **31%** with emails · **20%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 3,868 grocery & supermarkets in Bengaluru, Karnataka with contact details. All have a mobile number, 31% an email address and 20% a landline. 98% come with a street address, 73% with the contact person's name and 81% with a PIN code.

Where a locality is given, most are in Yeshwantpur (83), JP Nagar (30) and Vijaya Nagar (30), followed by Shivaji Nagar, Koramangala and Jayanagar.

Bengaluru's list is the 8th largest of the 244 cities with a grocery & supermarkets list in Starleads' data; the biggest are Mumbai (14,850) and Jaunpur (6,016). It holds 46% of the grocery & supermarkets in Karnataka.

By category, the biggest groups are Food & Beverage (2,330), Groceries & Provisions (500) and Departmental Stores (278).

Get all 3,868 contacts in Excel: https://starleads.in/data/grocery-supermarkets-in-bengaluru/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Adithiya Exports	Suresh	Dry Fruits & Nuts Suppliers	+91 99160 XXXXX	080-3249XXXX	ad••••••••••••@gmail.com	Krishnarajpuram Kanakia Kandivali (east) 63	Bengaluru	560036
2	Aditya Nut Food	Venkatesh	Dry Fruits & Nuts	+91 98869 XXXXX	080-2861XXXX	ad•••••••••@gmail.com	S K Complex, 7, Oshiwara, Near Rns IT	Bengaluru	560061
3	Afzal Departmental Store	Syed Abdul Azeem	Departmental Stores	+91 99001 XXXXX	080-2666XXXX	sy•••••••@yahoo.com	JP Nagar 1st Cross, A S Char Street 27	Bengaluru	560078
4	Ajay Enterprises	C A Jayakumar	Groceries & Provisions	+91 89714 XXXXX	080-2660XXXX	aj••••••••••••••@gmail.com	Chamrajpet Sahakar Nagar Number 2 118	Bengaluru	560018
5	All Most Famous	Mr Kulneet Singh	Supermarkets	+91 98442 XXXXX	080-2536XXXX	ku•••••@hotmail.com	17/2, Khalsa Motor Industries, Opposite Frank Anthony Public School	Bengaluru	560008
6	Amma Fruit Products	Road Madhuraaj	Fruit & Vegetable Shops	+91 90193 XXXXX	080-2785XXXX	am••••••••••••@gmail.com	Bannerghatta Santhosh Liberty Garden 269 A	Bengaluru	560083
7	Amruth Kesari Depot	P S Ravishankar	Dry Fruits & Nuts	+91 98453 XXXXX	080-2235XXXX	in•••@amruthkesari.com	Mamulpet 1st Cross B B T Street 18	Bengaluru	560053
8	Anu Provision	Aravind A R	Departmental Stores	+91 93413 XXXXX	080-2659XXXX	an••••••••••••@yahoo.com	6, 12th Cross 2nd Phase, Near-Vet Polytechnic	Bengaluru	560078
9	Arvind Supermarket	Anil	Supermarkets	+91 98454 XXXXX	080-2671XXXX	as••••••@yahoo.com	Banashankari 2nd Stage 1st Main Road 980	Bengaluru	560070
10	Banashankari Super Bazaar	Shivaram	Supermarkets	+91 98454 XXXXX	080-4212XXXX	bs••••@gmail.com	22, Siddharth Colony, Opposite Bda Complex	Bengaluru	560070
11	Bhagya Sree Tradings	Girish MD	Dry Fruits & Nuts Suppliers	+91 99450 XXXXX	080-2234XXXX	md•••••••••@gmail.com	Rudra Building, 4, Venkusahuji Lane Chickpet Cross	Bengaluru	560053

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
12	Br Aralappa Chetty	Suresh Balraj	Dry Fruits & Nuts Producers	+91 99006 XXXXX	080-6598XXXX	su••••••@gmail.com	9	Bengaluru	560002
13	Chaithanya Exports	Chandra	Groceries & Provisions	+91 94480 XXXXX	080-2696XXXX	me•••••@yahoo.com	Hrbr Layout Thakur Village 87/88	Bengaluru	560043
14	Chavan Food Product	Mr Yeshawnth Rao	Fruit & Vegetable Shops	+91 99654 XXXXX	080-2664XXXX	ch••••••••@gmail.com	Nanda Ram Singh Lane, 2013-11-02, 132 Feet Ring Road, Near Taj Hotel	Bengaluru	560001
15	Coupon Mall	Manoj	Supermarkets	+91 95383 XXXXX	080-4083XXXX	cu••••••••••••••••••@gmail.com	M S Towers, 505, Pipe Road, Beside H T M T & R N S Motors	Bengaluru	560076
16	Dehli Trading Company	Ismile Shareef	Dry Fruits & Nuts Suppliers	+91 99646 XXXXX	080-6638XXXX	mo••••••••••••@yahoo.com	16, 8th F Main, Jayanagar, 3rd Block, Opposite To Ambika Plastic	Bengaluru	560053
17	Dr Y Fruits Paradise	Mruthyunjaya B	Dry Fruits & Nuts	+91 80888 XXXXX	080-2245XXXX	dr••••••••••••••@gmail.com	Jayanagar 1st Floor 11th Main Road 4th Block 666	Bengaluru	560041
18	Eva Mall	Chaitanya	Shopping Malls	+91 99026 XXXXX	080-4111XXXX	ev••••••@yahoo.com	Richmond Town 1st Main 8th Cross Sampangiram Nagar 60	Bengaluru	560025
19	Flemingo Dutyfree Shop Pvt Ltd	Aneesh	Shopping Malls	+91 93412 XXXXX	080-2523XXXX	ba•••••••@flemingo-intl.com	Murugeshpalya 1st Floor	Bengaluru	560017
20	G R Gupta Genral Store	G R Gupta	Departmental Stores	+91 80269 XXXXX	080-2691XXXX	ka••••••••@gmail.com	J P Nagar K R Road 9th Cross 525	Bengaluru	560082
21	Ganesh Maruthi Rice Point	Sunil N V	Groceries & Provisions	+91 98803 XXXXX	080-3292XXXX	su•••••••@gmail.com	Hebbal 14th Cross Dasarahalli Main Road Bhuvaneshwari Nagar 17/1	Bengaluru	560024
22	Geeta Stores	Mr Praveen	Departmental Stores	+91 98450 XXXXX	080-2559XXXX	ge•••••••••••••••••@yahoo.co.in	Shivaji Nagar T/a, Ajmera Hsg Soc, Pimpri 108	Bengaluru	560001
23	Gopal Krishna Stores	Mr Badrinath G	Dry Fruits & Nuts	+91 98441 XXXXX	080-2555XXXX	ba••••••••••@gmail.com	Shivaji Nagar 22nd Main, 1st Cross, Shamanna Garden, 16th Cross, JP Nagar, 5th Phase NO.32, Gopal Krishna Cmplx, Opp Ing Vysya Bank Ltd	Bengaluru	560051
24	High Land Traders	Srinivasa	Dry Fruits & Nuts	+91 93437 XXXXX	080-2667XXXX	hi••••••••••••@gmail.com	Basavanagudi D V Gundappa Road 11/140	Bengaluru	560004
25	Hind Metal House	Jitesh Sonigar		+91 98806 XXXXX	080-4124XXXX	hi••••••••••••@yahoo.co.in	No. 183 Nandi Complex 2nd Floor, Near Rajatha Mahal Hotel	Bengaluru	560002
26	M K Retail	Abdul Rehman	Supermarkets	+91 98805 XXXXX	080-2525XXXX	fe••••••@mkretail.com	548/B, 1st Cross, Keb Road, Vinayaka Layout, B T M Layout 1st Stage, Near HDFC Bank	Bengaluru	560038
27	Manikyam Rice Canvasing Agent	Manikyam	Groceries & Provisions	+91 98442 XXXXX	080-2670XXXX	sa••••••••••••••@yahoo.co.in	24, 1st Floor 2nd Main Road, Near Avenue Road	Bengaluru	560002
28	Marudhar Mewa	Rakesh	Dry Fruits & Nuts	+91 98440 XXXXX	080-2226XXXX	ma••••••••••@yahoo.co.in	Mamulpet RT Street 56	Bengaluru	560053
29	Max Hypermarkets (india) Pvt Ltd	Ravi	Supermarkets	+91 96861 XXXXX	080-4181XXXX	ra••••••@maxhypermarkets.com	2nd Floor, 39/3 & 44, Sagar Hospital Above Spar Hypermarket Bannerghatta Road	Bengaluru	560076

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30	Model Art	Ibrahim	Games & Toys Rental	+91 98861 XXXXX	080-2206XXXX	aa•••••••@hotmail.com	Koramangala S V Road NO.206, Forum Mall, 2nd Flr, Hosur Mn Road	Bengaluru	560034
31	More	Bhaskar	Supermarkets	+91 98441 XXXXX	080-4161XXXX	co•••••••@morestore.com	Skyline Icon Building I 5th & 6th Floors near Mittal Commercial Estate |, Opp Wellington Business Park	Bengaluru	560043
32	Namdhari Agro Fresh Pvt Ltd	Gramanaiah	Supermarkets	+91 98453 XXXXX	080-4115XXXX	in•••@namdharifresh.com	12th Main, 789/A, V B S Society Sector 48 A, Near Adajcent To Sony Service Centre	Bengaluru	560038
33	Namdharis Fresh	Ravi Kumar	Fruit & Vegetable Shops	+91 91415 XXXXX	080-4110XXXX	nf••••••••••••@yahoo.co.in	Kusal Aracde, 821, 20th Main, 80 Feet Road, Opposite Indoor Stadium	Bengaluru	560095
34	Noor Mohammed & Sons	Noor Mohammed	Fruit & Vegetable Shops	+91 99459 XXXXX	080-2559XXXX	bi•••••••@yahoo.com	14/16, Fruit Stall, Near Russel Market	Bengaluru	560051
35	P K Deparment Stores	Rajendera	Groceries & Provisions	+91 93428 XXXXX	080-2845XXXX	sh••••••••••@gmail.com	Bidc Industrial Estate, Gorwa, Near White Field Railway Station	Bengaluru	560067
36	P M Traders	Manjunath	Groceries & Provisions	+91 85531 XXXXX	080-2220XXXX	ma••••••••••@gmail.com	Kanakapura Road 10th Main Road	Bengaluru	560078
37	P V Chengappa & Son	Chandra Shekar	Dry Fruits & Nuts Producers	+91 98450 XXXXX	080-2287XXXX	pv••••••••@gmail.com	25, Balaji Nagar, Pune Satara Road	Bengaluru	560002
38	Parisara Organic Junction	Harish	Groceries & Provisions	+91 99725 XXXXX	080-2346XXXX	pa••••••••••@gmail.com	51, Bamroli Road Pandesara Surat, Behind Sri Krishna Sweets	Bengaluru	560003
39	Premier Packs	Ramachandra		+91 98456 XXXXX	080-2836XXXX	pr••••••••••@gmail.com	B-45 2nd Cross 3rd Stage Peenya Industrial Estate	Bengaluru	560058
40	Regal Stores	Abdul Malik R K	Groceries & Provisions	+91 98452 XXXXX	080-2559XXXX	re••••••••••@yahoo.co.in	Shivaji Nagar Russel Market Square Road 4	Bengaluru	560001
41	Reliance Fresh	Uttang Padhiar	Departmental Stores	+91 98440 XXXXX	080-2836XXXX	sg•••@vsnl.net	Rajajinagar 2 Main Road 1750	Bengaluru	560010
42	Reliance Industrial Ltd	Rajesh	Departmental Stores	+91 99005 XXXXX	080-4149XXXX	aj••••••••••••••@ril.com	62/2, Near Lifestyle	Bengaluru	560025
43	Reliance Industries Ltd	Prabhu	Shopping Malls	+91 99005 XXXXX	080-4149XXXX	sh••••••••••••••••••@ril.com	Richmond Town Police Road 62/2 2nd Floor	Bengaluru	560025
44	S L V Food Products	Bhat M S	Groceries & Provisions	+91 98459 XXXXX	080-3042XXXX	su•••••••@yahoo.co.in	Residency Road Gotri Road 19/1	Bengaluru	560025
45	S R Grant & Sons	Zakir Khan	Groceries & Provisions	+91 98867 XXXXX	080-2559XXXX	za••••••••@yahoo.in	Kumaraswamy Layout Cabin No 17 Sector 22 B 468	Bengaluru	560051
46	S T Marketing	Syed Amjad	Groceries & Provisions	+91 98860 XXXXX	080-2556XXXX	st•••••••••@rediffmail.com	Bda Complex, 22, Main Road	Bengaluru	560047
47	Safa Super Market	Akhil Ahmed	Supermarkets	+91 96864 XXXXX	080-6561XXXX	ak••••••••••@gmail.com	Bda Complex, 1, Barve Nagar	Bengaluru	560102
48	Safina Plaza	Aamir	Shopping Malls	+91 97395 XXXXX	080-2558XXXX	sa••••••••••@hotmail.com	Infantry Road 84/85	Bengaluru	560001

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49	Sampoorna	John	Supermarkets	+91 98450 XXXXX	080-2549XXXX	jo••••••••@sampoorna.com	Ucf Centre 3rd Floor, 84/3, Park Side Colony, Above Grafs Lifestyle	Bengaluru	560084
50	Seetharam Agencies	S Anand Kumar	Departmental Stores	+91 93412 XXXXX	080-4161XXXX	se••••••••••••••@gmail.com	Kalyan Nagar 174	Bengaluru	560043
51	Shanthini Enterprises	Chandrakanth	Fruit & Vegetable Shops	+91 94868 XXXXX	080-4081XXXX	ch••••••••••••@gmail.com	Ramesh Chambers, 12, 7th Main Road, 40th Cross Road, 5th Block	Bengaluru	560047
52	Shoppers Shoppee	Mr Syed Ashfaq Madni	Games & Toys Rental	+91 98454 XXXXX	080-4127XXXX	sh••••••••••••@yahoo.co.in	R T Plaza, B-3, Next To Citi Bank Atm	Bengaluru	560032
53	Shri Polymer	Channappa J		+91 99867 XXXXX	080-2342XXXX	sh••••••••••@gmail.com	No. N- 37- 38 15th Cross Road Sriganda Nagar Hegganahalli Peenya 2nd Stage	Bengaluru	560001
54	Sri Nanjundeswara & Company	Rajendra B M	Departmental Stores	+91 93412 XXXXX	080-2223XXXX	dh•••••••@gmail.com	Kumbarpet Main Chowk 139	Bengaluru	560002
55	Srivasavi General Stores	Karteek Jn	Groceries & Provisions	+91 98868 XXXXX	080-2330XXXX	s.•••••••@ymail.com	1519, 12th Cros 21st Main Road Sector 1, Near Bank of Baroda	Bengaluru	560040
56	Super Bazaar	Darshan	Supermarkets	+91 98440 XXXXX	080-2663XXXX	js••••••@yahoo.co.in	Jayanagar Shopping Complex, 43/16, Vinodbaug Jetalpur Road, Near Old Puttanna Theatre	Bengaluru	560038
57	Swastiks Foods Pvt Ltd	Murthy	Groceries & Provisions	+91 99455 XXXXX	080-2245XXXX	vi•••••••••@gmail.com	446, Palkhi Vithoba Chowk, Pune, Near Sanjay Gandhi Hospital	Bengaluru	560041
58	Tibet Mall	Tashi Wangdu	Shopping Malls	+91 99006 XXXXX	080-4093XXXX	ti••••••••••@gmail.com	Koramangala VI Bk Powai Chowk Mulund Colony 47	Bengaluru	560095
59	Unic Alutech Pvt Ltd	Kamal Nath	Dry Fruits & Nuts Producers	+91 72595 XXXXX	080-6565XXXX	sa•••@unicdisplay.com	69/5, Vidyaranyapura Main Road, Near Toyota Service	Bengaluru	560068
60	Williams Refrigeration	William S. R		+91 98440 XXXXX	080-2783XXXX	ce•••@williamsrefrigeration.in	No. 111 C Kiadb Industrial Area Phase-1, Hosur Road, Near Sai Vishram Hotel	Bengaluru	560099

Questions

How many grocery & supermarkets are there in Bengaluru?

This list has 3,868 grocery & supermarkets in Bengaluru, Karnataka with contact details, all of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of grocery & supermarkets in Bengaluru?

Download this list in Excel: 3,868 contacts, all with a mobile number and 31% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Bengaluru have the most grocery & supermarkets?

Yeshwantpur (83), JP Nagar (30), Vijaya Nagar (30), Shivaji Nagar (29) and Koramangala (27).

Which city in India has the most grocery & supermarkets?

In Starleads' data: Mumbai (14,850), Jaunpur (6,016), Bahraich (5,734). Bengaluru is 8th of 244 cities. These are the counts of contacts in each list, not an official census.

Is there a free grocery & supermarkets list PDF for Bengaluru?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.