

# Grocery & Supermarkets in Gurugram: contact list (free sample PDF)

612 contacts · 98% with mobile numbers · 61% with emails · 14% with landlines · Updated Oct 2026 · Full list ₹499 (90% off)

This list has 612 grocery & supermarkets in Gurugram, Haryana with contact details. 98% have a mobile number, 61% an email address and 14% a landline. 96% come with a street address, 89% with the contact person's name and 45% with a PIN code.

Where a locality is given, most are in Sadar Bazar (15), DLF City (10) and Khandsa Road (9), followed by Gurgaon Village, Basai Road and Sohna.

By category, the biggest groups are Food & Beverage (417), Departmental Stores (93) and Groceries & Provisions (57).

Get all 612 contacts in Excel: <https://starleads.in/data/grocery-supermarkets-in-gurugram/>

## 60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

| #  | Business                       | Contact person       | Category                 | Mobile        | Landline     | Email                    | Address                                        | City     | PIN    |
|----|--------------------------------|----------------------|--------------------------|---------------|--------------|--------------------------|------------------------------------------------|----------|--------|
| 1  | Apna Store                     | Suresh Kumar         | Departmental Stores      | +91 99993XXXX | 0124-414XXXX |                          | C Block Mkt, Opposite C-13/18, Near Games Park | Gurugram | 122001 |
| 2  | Ashok General Store            | Mr Ashok Kumar       | Groceries & Provisions   | +91 98992XXXX | 0124-641XXXX |                          | Heritage City                                  | Gurugram | 122001 |
| 3  | Baba Shyam General Store       | Mr Jugal Kishore Rai | Departmental Stores      | +91 99909XXXX | 0124-438XXXX |                          | 1, Near Celebrity Home                         | Gurugram | 122001 |
| 4  | Bandhu Super Mart              | Mr Mukesh Kumar      | Supermarkets             | +91 98104XXXX | 0124-246XXXX |                          | 106 -107, New Palam Vihar, Near Railway Cross  | Gurugram | 122001 |
| 5  | Bansi Lal & Sons               | Suresh Narang        | Departmental Stores      | +91 98101XXXX | 0124-406XXXX |                          | Nai Basti Naya Bazar                           | Gurugram | 122001 |
| 6  | Bhagwan Dass Puran Chand       | Manish Goyal         | Departmental Stores      | +91 98733XXXX | 0124-232XXXX | go.....@gmail.com        | Sadar Bazar Main Road                          | Gurugram | 122001 |
| 7  | Blendz                         | Vishal               | Fruit & Vegetable Juices | +91 98990XXXX | 0124-657XXXX |                          | Infinity Towers, B-232                         | Gurugram | 122002 |
| 8  | Cheap General Store            | Krishan Chugh        | Departmental Stores      | +91 98996XXXX | 0124-406XXXX |                          | Sadar Road, Near Amit Chand Makkhan Lal        | Gurugram | 122001 |
| 9  | Cross Point Mall               | Yogesh               | Shopping Malls           | +91 99719XXXX | 0124-404XXXX | rt.....@gmail.com        | Sushant Shopping Arcade, 1st Floor, G-314-316  | Gurugram | 122002 |
| 10 | Dhingra General Store          | Balwant Kumar        | Groceries & Provisions   | +91 98104XXXX | 0124-232XXXX |                          | Opposite Arya Samaj Mandir                     | Gurugram | 122001 |
| 11 | Dva India the Department Store | Mukesh               | Departmental Stores      | +91 99997XXXX |              | in...@dvastores.com      | Sohna Road, Near Bank of India                 | Gurugram | 122001 |
| 12 | Fruits'n More                  | Karan Lamba          | Dry Fruits & Nuts        | +91 98101XXXX | 0124-437XXXX | ka...@dryfruitsnmore.com | South City 1 Q-96                              | Gurugram | 122001 |
| 13 | Fun Shoppe                     | Rohit Agarwal        | Departmental Stores      | +91 98104XXXX | 0124-233XXXX | ag.....@gmail.com        | Sector 14 131                                  | Gurugram | 122001 |

| #  | Business                       | Contact person     | Category                                   | Mobile        | Landline     | Email             | Address                                                      | City     | PIN    |
|----|--------------------------------|--------------------|--------------------------------------------|---------------|--------------|-------------------|--------------------------------------------------------------|----------|--------|
| 14 | Grahini Super Store            | Vinod Aggarwal     | Departmental Stores                        | +91 93102XXXX | 0124-230XXXX |                   | Roshan Pura Main Market 360/1                                | Gurugram | 122001 |
| 15 | Gulati Store                   | Gulashn Gulati     | Departmental Stores                        | +91 92124XXXX | 0124-652XXXX |                   | Sadar Bazar Naya Bazar 12                                    | Gurugram | 122001 |
| 16 | Gupta Provision Store          | Dinesh Mr          | Groceries & Provisions                     | +91 98187XXXX |              | sh*****@gmail.com | 195, Central Market, Opposite Hanuman Murti                  | Gurugram | 122001 |
| 17 | Iris Gift Wrapping             | Bhoomika Arora     |                                            | +91 98116XXXX |              | bh*****@gmail.com | 302 Tower 15, Near Courtyard Market                          | Gurugram | 122001 |
| 18 | Jagdamba Super Store           | Mr Kedar Gupta     | Dry Fruits & Nuts                          | +91 98997XXXX | 0124-426XXXX |                   | Stamp Wali Gali, Jagdamba Super Store, Near Main Post Office | Gurugram | 122001 |
| 19 | Jai Provision Store            | Amar Gupta         | Groceries & Provisions                     | +91 98103XXXX | 0124-406XXXX |                   | Sadar Bazar Main Market Area                                 | Gurugram | 122001 |
| 20 | Kashmiriyat                    | Rabia Nizami       |                                            | +91 88007XXXX | 0124-407XXXX | ra*****@gmail.com | A- 17 Nirvana Courtyard Sector 50                            | Gurugram | 122001 |
| 21 | Khatana General Store          | Satender Khatana   | Groceries & Provisions                     | +91 98105XXXX | 0124-408XXXX |                   | Sector 14 Main Market 1                                      | Gurugram | 122001 |
| 22 | Krishan Lal & Sons             | K L Narang         | Groceries & Provisions                     | +91 98997XXXX | 0124-231XXXX |                   | Sadar Bazar Bara Bazar, Sector 12 6                          | Gurugram | 122001 |
| 23 | Kunal Trading Company          | Chetan Goyal       | Groceries & Provisions                     | +91 98102XXXX | 0124-233XXXX |                   | New Railway Road 2                                           | Gurugram | 122001 |
| 24 | Lohiya Mart Departmental Store | Sajjan Singh       | Departmental Stores                        | +91 88001XXXX | 0124-392XXXX |                   | DLF City Phase I H 2 H 3                                     | Gurugram | 122001 |
| 25 | Lucky Kiryana Store            | Anil Mahawar Mr    | Groceries & Provisions                     | +91 98186XXXX | 0124-410XXXX |                   | Near Subzi Mandi                                             | Gurugram | 122001 |
| 26 | M S Balwant Ray Gupta & Sons   | Rohan Gupta        | Departmental Stores                        | +91 98737XXXX | 0124-406XXXX |                   | Near Bhargav Palace                                          | Gurugram | 122001 |
| 27 | Mahavar Departmental Store     | Om Prakash Mahavar | Departmental Stores                        | +91 92132XXXX | 0124-223XXXX |                   | Khandsa Road Dav School Market A/15                          | Gurugram | 122001 |
| 28 | Mahima Kiryana                 | Yashpal            | Groceries & Provisions                     | +91 98100XXXX | 0124-230XXXX |                   | Basai Road, Krishna Nagar, Opposite Raghu Gas Godam          | Gurugram | 122001 |
| 29 | Mgf Mega City Mall             | Vikas Manchanda    | Shopping Malls                             | +91 98717XXXX | 0124-438XXXX |                   | M G Road MG Road                                             | Gurugram | 122001 |
| 30 | Mittal Departmental Store      | Sachin Mittal      | Departmental Stores                        | +91 98996XXXX | 0124-403XXXX |                   | Kirti Nagar Sector 15/1 96                                   | Gurugram | 122001 |
| 31 | Modern Store                   | Hitesh Khurana     | Departmental Stores                        | +91 98716XXXX | 0124-408XXXX |                   | Sector 21 Sec -14 Market 21                                  | Gurugram | 122001 |
| 32 | Navya Enterprises              | Shivender Arya     | Groceries, Toiletries Suppliers & Services | +91 98111XXXX | 0124-230XXXX |                   | 155-C, Mianwali Clny                                         | Gurugram | 122001 |
| 33 | Needs Super Market             | Deepak             | Departmental Stores                        | +91 92503XXXX | 0124-406XXXX |                   | DLF City Phase-3 25                                          | Gurugram | 122002 |
| 34 | New Super Store                | Anil Garg          | Groceries & Provisions                     | +91 98993XXXX | 0124-235XXXX |                   | DLF Qutab Enclave Phase I Namber Dar Mkt B N -3              | Gurugram | 122002 |
| 35 | Olam Agro India Ltd            | Sanjay             | Dry Fruits & Nuts Producers                | +91 96505XXXX | 0124-483XXXX |                   | Grond Floor, Tower A, Phase 2                                | Gurugram | 122002 |

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|----|--------------------------------------|----------------------|------------------------|--------------------|--------------|---------------------|--------------------------------------------------|----------|--------|
| 36 | Pankaj Kumar Deepak Kumar            | Pankaj Kumar         | Departmental Stores    | +91 98733<br>XXXXX | 0124-411XXXX |                     | Near Tuda Mandi                                  | Gurugram | 122001 |
| 37 | R N Garg Sons                        | Pradeep Garg         | Groceries & Provisions | +91 98189<br>XXXXX | 0124-235XXXX |                     | DLF City Krishna Market 64                       | Gurugram | 122002 |
| 38 | Ram Provisions Store                 | Anil                 | Groceries & Provisions | +91 98914<br>XXXXX | 0124-406XXXX |                     | Pink Town Houses, 25/18                          | Gurugram | 122001 |
| 39 | Rashoi Ghar the Deparmental Store    | Tara Chand           | Departmental Stores    | +91 98109<br>XXXXX | 0124-232XXXX |                     | Roshan Prara, Near Ram Lila Ground               | Gurugram | 122001 |
| 40 | Reasonable Genersla & Kiryana Store  | Girdhari             | Groceries & Provisions | +91 93120<br>XXXXX | 0124-227XXXX |                     | 2, Raja Ram Market, Near Old Sher Shab Suri Marg | Gurugram | 122001 |
| 41 | Reliance Fresh                       | Mahesh               | Supermarkets           | +91 96507<br>XXXXX | 0124-406XXXX |                     | Signature Tower, Reliance Mart, Sector 29        | Gurugram | 122001 |
| 42 | Rohit Provision Store                | Anup Kumar           | Groceries & Provisions | +91 98109<br>XXXXX | 0124-235XXXX |                     | DLF City Phase I O 6                             | Gurugram | 122002 |
| 43 | Sampoorn Departmental Store          | Ali Mr               | Departmental Stores    | +91 98911<br>XXXXX | 0124-406XXXX |                     | DLF City Phase III Pink Town Houses 6 U-25/25    | Gurugram | 122002 |
| 44 | Sas International                    | Harpreet Singh Kalsi |                        | +91 94169<br>XXXXX |              | ha*****@gmail.com   | Patoti near Jai Shree Mill Bilaspur Road         | Gurugram | 122503 |
| 45 | Satish General Store                 | S K Dawar            | Groceries & Provisions | +91 98992<br>XXXXX | 0124-410XXXX |                     | Opposite Zevar Mahal                             | Gurugram | 122001 |
| 46 | Scorpio Stores Pvt Ltd               | Manju Jain           | Departmental Stores    | +91 98710<br>XXXXX | 0124-430XXXX |                     | DLF City Phase IV DLF Galleria SG-64-65          | Gurugram | 122009 |
| 47 | Shanti General Store                 | Mr Praveen Singla    | Groceries & Provisions | +91 93113<br>XXXXX | 0124-233XXXX |                     | Judicial Complex, 23/18, Opposite Bank of Baroda | Gurugram | 122001 |
| 48 | Shanti Super Store                   | Ajay Gupta           | Groceries & Provisions | +91 98103<br>XXXXX | 0124-239XXXX |                     | Sector 17 41                                     | Gurugram | 122001 |
| 49 | Shiv Narayan Jai Gopal               | Jai Gopal Mr         | Groceries & Provisions | +91 98114<br>XXXXX | 0124-232XXXX |                     | Near Subzi Mandi                                 | Gurugram | 122001 |
| 50 | Shiv Shakti Kirana & Business Centre | Kailash              | Departmental Stores    | +91 98991<br>XXXXX | 0124-405XXXX | ba*****@hotmail.com | Sector 54 Sun City Market 4                      | Gurugram | 122001 |
| 51 | Shree Shyam General Store            | A K Sharma           | Departmental Stores    | +91 98714<br>XXXXX | 0124-426XXXX |                     | New Mata Road, Near Mata Mandir                  | Gurugram | 122001 |
| 52 | Som Nath Gagan Kumar                 | Gagan                | Groceries & Provisions | +91 98734<br>XXXXX | 0124-232XXXX |                     | Jacombpura Naya Bazar                            | Gurugram | 122001 |
| 53 | Sumer Chand Tara Chand               | Mahender Aggarwal    | Departmental Stores    | +91 99994<br>XXXXX | 0124-232XXXX | sc*****@gmail.com   | Kiryana Merchant Sadar Bazar, Near Fruit Market  | Gurugram | 122001 |
| 54 | Swastik General Store                | Karesh               | Departmental Stores    | +91 98189<br>XXXXX | 0124-410XXXX |                     | Near Anaj Mandi                                  | Gurugram | 122001 |
| 55 | Technocrat Chemicals                 | Shakti Aneja         | Departmental Stores    | +91 98100<br>XXXXX | 0124-234XXXX |                     | 27, Hsidc Industrial Estate, Near Maruti Ltd     | Gurugram | 122001 |
| 56 | Thakur Kiryana Store                 | Thakur Nagpal        | Groceries & Provisions | +91 98180<br>XXXXX | 0124-411XXXX |                     | Opposite Par Sricha Medical                      | Gurugram | 122001 |
| 57 | Todays Super Store                   | Shiv Dayal           | Departmental Stores    | +91 98915<br>XXXXX | 0124-237XXXX |                     | HUDA Shopping Complex, 57                        | Gurugram | 122001 |

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| 58 | Trimurti Agencies | Mr Sanjay Jain | Groceries & Provisions | +91 98103<br>XXXXX | 0124-411XXXX |       | Opposite Sabzi Mandi, Near Ram Dharm Kanta | Gurugram | 122001 |
| 59 | Variety Store     | Kaushal        | Groceries & Provisions | +91 97174<br>XXXXX | 0124-436XXXX |       | Abhay Singh Market D Block Market 41400    | Gurugram | 122001 |
| 60 | Ved Super Store   | Ved Pal        | Departmental Stores    | +91 99904<br>XXXXX | 0124-308XXXX |       | U-62/23, Near Stop N Shop Market           | Gurugram | 122001 |

## Questions

### How many grocery & supermarkets are there in Gurugram?

This list has 612 grocery & supermarkets in Gurugram, Haryana with contact details, 98% of them with a mobile number. It's the count in Starleads' data, not an official census.

### How can I get the contact numbers of grocery & supermarkets in Gurugram?

Download this list in Excel: 612 contacts, 98% with a mobile number and 61% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

### Which areas of Gurugram have the most grocery & supermarkets?

Sadar Bazar (15), DLF City (10), Khandsa Road (9), Gurgaon Village (8) and Basai Road (6).

### Is there a free grocery & supermarkets list PDF for Gurugram?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.