Starleads

Gyms & Fitness Centres in India: contact list (free sample PDF)

13,302 contacts · **91%** with mobile numbers · **42%** with emails · **29%** with landlines · Updated Oct 2026 · Full list **₹1,999 (80% off)**

This list has 13,302 gyms & fitness centres across India with contact details. 91% have a mobile number, 42% an email address, 29% a landline and 7% a website. 98% come with a street address, 33% with the contact person's name and 46% with a PIN code.

They cover 26 states and 75 cities. The most are in Maharashtra (4,783), Delhi (2,354) and Karnataka (1,408), followed by Tamil Nadu, Telangana and Gujarat; the top cities are Mumbai, Delhi and Bengaluru.

The three biggest states hold 64% of them; the other 23 share the rest.

By category, the biggest groups are Gymnasiums/health Clubs (4,558), Yoga Training Centres (478) and Gymnasium Equipments (459).

Get all 13,302 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-all-india/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Anytime Fitness	Mukesh	Gymnasiums/health Clubs	+91 80010 XXXXX	0172-263XXXX	ca•••••@anytimefitness.co.in	P No- 28, Ph- 1, Indl Area	Chandigarh	160002
2	Burn Gym & Spa	Suraj	Gymnasiums/health Clubs	+91 97806 XXXXX	0172-500XXXX	me•••••••@burngym.com	SCO 192, Vip Road, Zirakpur Ho, Zirakpur - 140603, Maya Garden, (also Serves Chandigarh)	Chandigarh	160011
3	Country Clubs India Ltd	Hemant	Gymnasiums/health Clubs	+91 98711 XXXXX	0522-403XXXX	sh••••••••••@countryclubmail.com	Lucknow - 226001	Chandigarh	160036
4	Dynasport Fitness Equipment	Gourav	Gymnasium Equipments	+91 92164 XXXXX	0172-519XXXX	dy•••••••@hotmail.com	68, Sec-9A, Near Carmel Convent School	Chandigarh	160009
5	Ozi Gym & Spa		Gymnasiums/health Clubs	+91 92166 XXXXX	0172-504XXXX	ja••••••••••@outlook.com	SCO No. 134-136, Second Floor, Madhya Marg, Chandigarh - 160009, Near ICICI Bank	Chandigarh	160036
6	Addiction Gym & Spa	Vinod Rattan	Gymnasiums/health Clubs	+91 90134 XXXXX	011-6464XXXX	si•••••••••••••••@yahoo.com	Shop No. 9/14, Ground Floor, near Siddharth Hotel East Patel Nagar	Delhi	110008
7	Fluid Fitness Academy	Siddhart Suri	Gymnasiums/health Clubs	+91 92120 XXXXX	011-2745XXXX	pa••••••••@hotmail.com	6, Lsc, Near Pentamad Hospital	Delhi	110009
8	Life Rhythm Yoga	Ram Chandra Ahlawat	Yoga Training Centres	+91 98112 XXXXX	011-2649XXXX	ra•••@liferhythmyoga.com	Devli Holi Chowk 617/9	Delhi	110062
9	Oxygym	Navneet	Gymnasiums/health Clubs	+91 98104 XXXXX	011-4163XXXX	ox••••@yahoo.co.in	No. B-25, near Savitri Cinema Greater Kailash II	Delhi	110048
10	Yogoda Satsanga Society	Bakssi	Yoga Training Centres	+91 98102 XXXXX	011-2336XXXX	ys••••••••@gmail.com	2013-11-12, Bhai Veer Singh Marg, Near Cross the Road Speed Post Office	Delhi	110001

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11	Balaji Tourism	Yogendra		+91 85111 XXXXX	079-2538XXXX	ba••••••••••@ymail.com	71/6 Mahavir Smruti Complex Under Fernandiz Bridge Gandhi Road	Ahmedabad	380002
12	Gympac Fitness Systems Pvt Ltd		Gymnasiums/health Clubs	+91 98795 XXXXX		ja••••••••••@gmail.com	Bodakdev, Near Karnavati Motors	Ahmedabad	380054
13	Jbm Exim Pvt. Ltd	Dhiren Malani		+91 99986 XXXXX		dh••••••••••••@gmail.com	B/17 Kailash Park Hirawadi Road, Saijpur Bogha	Ahmedabad	382345
14	Mickey Mehtas 360 Degree Gym		Gymnasiums/health Clubs	+91 79407 XXXXX	079-4008XXXX	ne••••••••••@gmail.com	3rd Floor, Spectrum Health Care, Spectrum House, Sahakar Niketan Society Ltd, Stadium Road, Off C. G. Road, Opposite Amco Bank, Near Havmor Restaurant	Ahmedabad	380009
15	Shakti Travels	Mahhesh Dudkiyed		+91 96626 XXXXX	079-4021XXXX	in••••••••••••••@shaktitravels.com	Shukan Swastik Cross Roads Navrangpura	Ahmedabad	380009
16	Fitness Paradise	Bhagwandas G Jariwala	Gymnasiums/health Clubs	+91 92766 XXXXX	0261-654XXXX	fi••••••••••••••@yahoo.co.in	9/569, Sector 4 Street, Near Wadifalia Police Station Opposite Wadifalia Bus Stop	Surat	395003
17	Fitness Plus	Chirag Vaghela	Gymnasiums/health Clubs	+91 93282 XXXXX	0261-302XXXX	in••••••••••••••@gmail.com	Classic Complex, 313	Surat	395007
18	Real Fitness Life Style	Hema	Gymnasiums/health Clubs	+91 93747 XXXXX	0261-305XXXX	re••••••••••@yahoo.com	Agrasen Point Complex Basement, Bda Layput 4th Cross, Opposite Maharaja Arcade	Surat	395007
19	Slim N Trim Health Club	Dhiren Patel	Gymnasiums/health Clubs	+91 98251 XXXXX	0261-653XXXX	ri••••••••••••••@rediffmail.com	401/402 Suhash Muktanand Nagar, Opposite Raymonds Showroom	Surat	395009
20	Vaibhavi Fitness Studio	Vaibhavi Desai	Gymnasiums/health Clubs	+91 99250 XXXXX	0261-221XXXX	va••••••••••••••@yahoo.com	Second Floor Shubhlaxmi Complex, M 4/5, Opposite Bank of Baroda	Surat	395007
21	Fitness First	Rahul Sethi	Gymnasiums/health Clubs	+91 97392 XXXXX	080-4283XXXX	ev••••••••@fitnessfirst.net.in	NO.60, Eva Mall, Next To Hm Towers	Bengaluru	560025
22	Genesis the Fitness Forum	Praveen	Gymnasiums/health Clubs	+91 98452 XXXXX	080-2658XXXX	ge••••••••••••@gmail.com	Anu Plaza, 650, Aurobindo Circle 11th Main 5th Block J P Nagar Main Road	Bengaluru	560041
23	Sindhoor Constructions	Srikanth K.G	Gymnasiums/health Clubs	+91 98450 XXXXX	080-2679XXXX	si••••••••••@gmail.com	Banashankari Mahavir Chamber Banaji Street Fountain 37, 1st B Cross, Banagirinagar, 3rd Stage, Banshankari	Bengaluru	560029
24	Soham Yoga Centre	Mr Johnson	Yoga Training Centres	+91 99012 XXXXX	080-2535XXXX	so••••••••@yahoo.com	294/1, Ns Palya, Banerghatta Main Road, Above Corporation Bank	Bengaluru	560071
25	Steves Gym India	Mr Stephen Steves	Gymnasiums/health Clubs	+91 98440 XXXXX	080-2535XXXX	st•••@stevesgym.com	NO.1, G R Cmplx, 2nd Floor, Old Airport Road, Opp Domlur Post Office	Bengaluru	560071
26	Divyayoga Ashram	Divyayoga Shop	Yoga Training Centres	+91 86524 XXXXX	022-6588XXXX	di••••••••••••@yahoo.com	Bhayander East Kharadi Road 12/32/103	Mumbai	401105

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
27	Golds Gym	Rajesh	Gymnasiums/health Clubs	+91 99202 XXXXX	022-2526XXXX	tr••••••••••••••@ymail.com	Paras Villa, Sector No 2, Plot No 12, Wagle Estate, Shree Nagar, Thane W, Mumbai - 400601	Mumbai	400071
28	My Gym	Rishi and Monia	Gymnasiums/health Clubs	+91 96199 XXXXX	022-2651XXXX	ri•••@mygym-india.com	402, 4th Floor, The Silver Pearl Building, Waterfield Road, Bandra West, Opposite China Gate Restaurant	Mumbai	400050
29	Sadgurus Mission Fitness	Ramdas Shenoy	Gymnasiums/health Clubs	+91 98202 XXXXX	022-2371XXXX	mi••••••••••••@gmail.com	1st & 2nd Floor, G/3 Building NO.1, Shankara Colony, Ghatkopar-Mankhurd Link Road, Mumbai - 400089, Opp Indian Oil Nagar	Mumbai	400009
30	The Acres Club	Shailesh Parikh	Gymnasiums/health Clubs	+91 98334 XXXXX	022-2522XXXX	sa•••@theacresclub.com	411/B, Sindhi Society, Hemu Kalani Marg, Mumbai - 400071, Near Bhakti Bhavan	Mumbai	400017
31	Health Mantra Jeevan Santulan	Dr Neeta Chaturvedi	Gymnasiums/health Clubs	+91 98224 XXXXX	020-4005XXXX	ne••••••@gmail.com	Sunshree Emerald, A/9/11, 14th Cross, Basavanapura Main Road, Near Rims International School	Pune	411048
32	Home Fitness Center	Sanjit	Gymnasiums/health Clubs	+91 98909 XXXXX	020-2746XXXX	or••••••••••••@hotmail.com	Empire Eilafe, 6 7, Ashwath Nagar Cross, Sadiq Layout, Thanisandra Main Road	Pune	411001
33	Impulse Fitness	Parmod	Gymnasiums/health Clubs	+91 98221 XXXXX	020-2683XXXX	n_•••••••••@hotmail.com	Aditya, A/1, Tigalarapalya Main Road, Raghavendra Industrial Estate, Near Jyoti Restaurant Nibm Cross	Pune	411048
34	Param Yoga	Dr Renu Mahtani	Yoga Training Centres	+91 99231 XXXXX	020-4120XXXX	pa••••••••••••@gmail.com	Millennium Star, 407, Opposite Sattadhar Society, Near Kalasagar Mall	Pune	411001
35	Sansui Electronic Pvt. Ltd	Sultan Ahmad		+91 98919 XXXXX	0120-242XXXX	su••••••••••••@gmail.com	Plot No. E-59 Market Yard Gultekdi	Pune	411037
36	Get Fat Free	Rajesh Kapoor	Gymnasiums/health Clubs	+91 93511 XXXXX	0141-261XXXX	ge•••••••••@rediffmail.com	90, Taneja Block, Near Hotel Apex	Jaipur	302004
37	Kerala Ayurveda Kendra	Dr Mahendra Sharma	Health Clubs	+91 93146 XXXXX	0141-510XXXX	ka••••••@yahoo.co.in	F- 34 Jamnalal Bajaj Marg Azad Marg near Rajmahal Palace, Hotel Circle C- Scheme	Jaipur	302001
38	Ridhm Health N Wellness Pvt Ltd	Ram Chandra	Aerobics Training Centres	+91 98293 XXXXX	0141-404XXXX	ra••••••••••••@yahoo.in	Shyam Nagar Radiant Janpath D 88 Shyam Nagar	Jaipur	302019
39	Shape & Shine	Uma Agarwal	Gymnasiums/health Clubs	+91 94149 XXXXX	0141-252XXXX	ii•••@shapenshine.com	Malviya Nagar	Jaipur	302017
40	Yog Sadhana Ashram	Yogini Pushpalata	Yoga Training Centres	+91 93140 XXXXX	0141-271XXXX	yo••••••••••••••@gmail.com	Univarcity Marg, Near Rajasthan Unversity and Gandhi Nagar Police Station	Jaipur	302015
41	Anchor Ladies Gym & Beauty Care	Sivagaminathan	Gymnasiums/health Clubs	+91 98415 XXXXX	044-2372XXXX	ms••••••@yahoo.co.in	No 223 Surya Towers, Choolaimedu High Road, Near More Super Market	Chennai	600094

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42	Baggit	Thiru Kumar		+91 91762 XXXXX	044-3008XXXX	ch••••••••@baggit.com	No. 142 1st Floor	Chennai	600042
43	Celextel Enterprises Private Limited	Lakshmanan S		+91 96770 XXXXX	044-4202XXXX	or••••@celextel.com	A-306 Barcelona Xs Real Catalunya City near Psbb Siruseri School	Chennai	600130
44	Kings Gym & Fitness Centre	Kingsley	Gymnasiums/health Clubs	+91 90435 XXXXX	044-2260XXXX	ki••••••••••••••@gmail.com	NO:5, 1st Street, New Colony & Opposite Adambakkam Police Station	Chennai	600088
45	Naveen Fitness & Unisex Gym	Sambath	Gymnasiums/health Clubs	+91 94445 XXXXX	044-2628XXXX	sa•••••••••@gmail.com	No 7, K H Road, Ayanavaram, Chakravarthi Nagar near New Avadi Road RTO Office	Chennai	600023
46	Fitness 9 Gym		Gymnasiums/health Clubs	+91 89785 XXXXX	040-2755XXXX	ra••••••••••••@gmail.com	HNO.3-4-136 &770 2nd Floor, Barkatpura	Hyderabad	500027
47	Hard Rock Gym	Amair	Gymnasiums/health Clubs	+91 88867 XXXXX	040-6055XXXX	ha••••••••••@gmail.com	Door No 1-8-515/1&2/A, Laxmi Residency, Opposite Old Airport Lane, Near ICICI Atm	Hyderabad	500016
48	PULSE8 Gym		Gymnasiums/health Clubs	+91 96666 XXXXX	040-6677XXXX	pu•••••••••@gmail.com	Csk Building, Pillar Number:. 5, 3rd Floor Above P. Satyanarayan Jewellers, Mehdipatnam, Oppsite Azizia Masjid	Hyderabad	500028
49	PULSE8 Gym & Fitness Studio		Gymnasiums/health Clubs	+91 88016 XXXXX	040-2755XXXX	pu•••••••@rediffmail.com	Rukkus & Yellu Arcade, Brakatpura X Road, Opposite Barkatpura Petrol Pump	Hyderabad	500027
50	Pulse F8 Gym	Pawan Sahu	Gymnasiums/health Clubs	+91 99125 XXXXX	040-6663XXXX	pu•••••••@gmail.com	4th Floor, Sri Nagar Colony Main Road, Hyderabad - 500073, Opposite Satya Sai Nigamam, Above Hertiage Fresh	Hyderabad	500001
51	Body Basic Gym & Music Dance Academy	Shreya	Gymnasiums/health Clubs	+91 93077 XXXXX		bo••••••••••••••••@gmail.com	HIG 853, 3rd Floor Shubham Complex, Sector I Road, Aashiyana, Near HDFC Bank	Lucknow	226012
52	Health Zone & Glamor Zone			+91 90261 XXXXX	0522-329XXXX	lu••••••@healthzoneindia.com	1st Floor, B-1/66, Sector-B, Lane Adjacent To Radhey Lal, Lucknow - 226024, Opposite Biba	Lucknow	
53	Simran Sahnis Health Zone			+91 98895 XXXXX	0522-406XXXX	ni•••@healthzoneindia.com	551 J/184, 1st Floor, Kanpur Road Alambagh Road, Lucknow - 226005, Opposite Vishal Mega Mart	Lucknow	
54	The Core Gym		Gymnasiums/health Clubs	+91 99970 XXXXX	0522-401XXXX	ra••••••••••••@gmail.com	Imrt Business School, Gomti Nagar, Vipul Khand 6	Lucknow	226001
55	Workout the Gym	Himanshu Yadav	Gymnasiums/health Clubs	+91 98382 XXXXX		wo••••••••••@gmail.com	46/6 Gokhale Vihar Marg	Lucknow	226001
56	Baggit India Limited	Arunava Biswas		+91 90515 XXXXX	033-4072XXXX	ar•••••@baggit.com	S-001 Second Floor Acropolis Mall, Near Kashba Market	Kolkata	700107
57	Evergreen Gym	Roy	Gymnasiums/health Clubs	+91 90881 XXXXX	033-2421XXXX	ev••••••••••@rediffmail.com	No. 1/G, near Vodafone Store Naktala	Kolkata	700047

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
58	Gymmers for Boys	Bonnis Chakraborty	Gymnasiums/health Clubs	+91 84200 XXXXX	033-2564XXXX	we••••••••••@gmail.com	No. 17, near Dakshineswar Railway Station Dakshineswar	Kolkata	700035
59	The Soleus Gym	Sonjay	Gymnasiums/health Clubs	+91 90071 XXXXX	033-2591XXXX	gy••••••••••@yahoo.co.in	BD-203, Kamal Park, Kestoput, Rabindra Pally, Opposite HDFC Bank	Kolkata	700102
60	Tirupati Bag Centre	Mohit Jain		+91 98317 XXXXX	033-2272XXXX	ti••••••••••••••@gmail.com	No. 190 Jamunalal Bajaj Street Burrabazar, Near Burrabazar Police Station	Kolkata	700007

Questions

How many gyms & fitness centres are there in India?

This list has 13,302 gyms & fitness centres across India with contact details, 91% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in India?

Download this list in Excel: 13,302 contacts, 91% with a mobile number and 42% with an email address. Check 60 real contacts free first, then pay ₹1,999 (80% off) by UPI or bank transfer.

Which cities in India have the most gyms & fitness centres?

Mumbai (3,338), Delhi (2,341), Bengaluru (1,307), Pune (1,106) and Hyderabad (704).

Is there a free gyms & fitness centres list PDF for India?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.