Starleads

Fitness Trainers & Consultants — Gyms & Fitness Centres in India: contact list (free sample PDF)

273 contacts · **100%** with mobile numbers · **12%** with emails · **36%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 273 gyms & fitness centres listed under “Fitness Trainers & Consultants” across India with contact details. All have a mobile number, 12% an email address, 36% a landline and 5% a website. All come with a street address, 76% with the contact person's name and all with a PIN code.

They cover 7 states and 5 cities. The most are in Maharashtra (221), Karnataka (24) and Delhi (16), followed by Haryana, Gujarat and Uttar Pradesh; the top cities are Mumbai, Bengaluru and Pune.

These are 2% of the 13,302 Gyms & Fitness Centres contacts across India in Starleads' data.

Get all 273 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-fitness-trainers-consultants/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Power House Sports International	Mr Yusuf	Fitness Trainers & Consultants	+91 98997 XXXXX		po••••••••••••••@rediffmail.com	30, Near Aurobindo Mkt, Hauz Khas Village	Delhi	110016
2	Sanshinkan Martial Arts Fitness Pvt Ltd	Mr Manish Kumar	Fitness Trainers & Consultants	+91 88022 XXXXX		ma•••••••@gmail.com	N 8, Pliiar No P86, Near Kailash Colony Metro Station	Delhi	110048
3	Shikhas Slim Clinic	Dr Manish	Fitness Trainers & Consultants	+91 98105 XXXXX	011-2568XXXX		Shop No 4/13, Gopinath Bazar, Near Taxi Stand	Delhi	110010
4	Wellness Q E D	Mr Sanjay Tiwari	Fitness Trainers & Consultants	+91 99100 XXXXX	011-2649XXXX	sa••••••••@gmail.com	Siri Fort Road Khel Gaon Sirifort Sports Cplx, Bh Indoor Stadium	Delhi	110048
5	Yog Vidya	Mr Pranav Suman	Fitness Trainers & Consultants	+91 99999 XXXXX			Second Floor, Milap Nagar, Near Reliance Fresh	Delhi	110059
6	Blizz Biosculpting	Manish Luthra	Fitness Trainers & Consultants	+91 98250 XXXXX	0261-402XXXX		GF Anchal Plot, Vishnumalati Industrial Estate, Near Ashok Pan Opposite Hhh Hospital	Surat	395007
7	Physio Feet	Dr Chirag	Fitness Trainers & Consultants	+91 96016 XXXXX		go••••••••••••@yahoo.com	Basement Vrundavan Apa, Orc Road, Anglo Indian Colony, Near Hirabag Circle	Surat	395006
8	Sports & Fitness		Fitness Trainers & Consultants	+91 92284 XXXXX	0265-241XXXX		Near Ssg Hospital	Vadodara	390001
9	Diet Clinic Health Care Pvt Ltd	MS Divya Raina	Fitness Trainers & Consultants	+91 88008 XXXXX	0124-254XXXX		5537, Near Supermart 1	Gurugram	122009
10	Indian Biosciences	Mrs Divya Jaiswal	Fitness Trainers & Consultants	+91 99997 XXXXX	0124-425XXXX		Lawrence Road Lawrence Road, Keshav Puram C-1-6	Gurugram	122002
11	Pramod Mathur	Mr Pramod Mathur	Fitness Trainers & Consultants	+91 98104 XXXXX			New Colony Plot No 79/R, Shyam Mandir Road	Gurugram	122001

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
12	Satish Kumar	Mr Satish Kumar	Fitness Trainers & Consultants	+91 97182 XXXXX		am••••••••••••••••@gmail.com	Sikanderpur Sikanderpur	Gurugram	122004
13	Alfa Metal Craft Cookware (india) Pvt Ltd	Mr Shafia	Fitness Trainers & Consultants	+91 99013 XXXXX	080-2535XXXX		Domlur 38BN	Bengaluru	560071
14	Appu Gym	Appu	Fitness Trainers & Consultants	+91 98867 XXXXX	080-2525XXXX	ra••••••@gmail.com	Indira Nagar 2nd Main 1st Stage 625	Bengaluru	560038
15	Bharathi Sports Union	Manjesh	Fitness Trainers & Consultants	+91 98867 XXXXX	080-2334XXXX		Jewel Park Apartment, 101	Bengaluru	560003
16	H A E T Teachers Training Institute	Jawaz Husaine	Fitness Trainers & Consultants	+91 93419 XXXXX	080-2543XXXX		30, Rajendra Nagar, Opp To K E B	Bengaluru	560043
17	Maya Fitness Centres	Mrs Maya	Fitness Trainers & Consultants	+91 99020 XXXXX	080-4157XXXX		Spartal Heights, 102 A, GIDC Estate Makarpura Industrial Estate, Near To Citi Bank	Bengaluru	560025
18	National Body Builder	Mr India Mallesh	Fitness Trainers & Consultants	+91 99168 XXXXX		kr••••••••••••••••@gmail.com	NO.40, 24th Main, 4th Cross, Oppositeto Thirumala Theatre	Bengaluru	560102
19	P J Reddy	Reddy P J	Fitness Trainers & Consultants	+91 94480 XXXXX	080-2313XXXX		1st Floor, 39, M K K Road, Near Navarang Bus Stp	Bengaluru	560010
20	Phoenix Fitness	Pankaj Tiku	Fitness Trainers & Consultants	+91 98805 XXXXX	080-4122XXXX	pa••••••••@hotmail.com	NO.9, 2nd Floor, 2nd Main, 12th Cross, Near HDFC Atm	Bengaluru	560016
21	Rigid Fitness Centre	Mr Srinivas	Fitness Trainers & Consultants	+91 98800 XXXXX		sr••••••••••@rediffmail.com	NO.28 2nd Main, K R Garden Road, Behind Total Mall	Bengaluru	560017
22	Surya Yoga Corporate Wellness	Ravichandran	Fitness Trainers & Consultants	+91 99451 XXXXX		yo••••••@gmail.com	Kundalahalli Adarsh Athwa Lines Marathalli Road, Whitefield, Near Palm Meadows	Bengaluru	560037
23	Yoga Yuva Kendra		Fitness Trainers & Consultants	+91 92434 XXXXX	080-6598XXXX	pa••••••••••@indiatimes.com	Rajaji Nagar Uruli Devachi NO.344, 8th A Mn, Milk Clny, 2nd Stg, Near White Horse Pub	Bengaluru	560055
24	Aakriti Fitness	Jitu	Fitness Trainers & Consultants	+91 98199 XXXXX	022-2377XXXX	aa••••••••••••@hotmail.com	Shivdershan Building Umar Khada, Shop-5, Motor Market	Mumbai	400009
25	Amezcua Biodisc	Mr Sriijiit	Fitness Trainers & Consultants	+91 99870 XXXXX	022-3082XXXX		Office No C/201, Suman Appartm, Near High Point	Mumbai	400058
26	Bela Dekhtawala	Mrs Bela Dekhtawala	Fitness Trainers & Consultants	+91 98210 XXXXX	022-2636XXXX		Block No 1603, 16th Floor, Ede, Near Lokhandwala Complex	Mumbai	400058
27	Body Revive Health Clinic	K G Gajayani	Fitness Trainers & Consultants	+91 98708 XXXXX	022-2679XXXX	bo••••••••@gmail.com	Navrangpura, Near Operative Housing Society	Mumbai	400102
28	Dinesh Bhojwani	Mr Dinesh Bhojwani	Fitness Trainers & Consultants	+91 98670 XXXXX	022-2648XXXX		Flat No 501, 7th Building, SH, Next To Dilip Kumar Bungalow	Mumbai	400050
29	Dr Neena Agarwal	MS Neena Agarwal	Fitness Trainers & Consultants	+91 93244 XXXXX	022-6699XXXX		Flat No 506, B Wing, Gurudrish, Shivalingaiah Colony Main Road Hal Post, Near Versova Telephone Exchange	Mumbai	400058
30	Dr Shilpa S Joshi	Mrs Shilpa Joshi	Fitness Trainers & Consultants	+91 98206 XXXXX	022-2640XXXX		12, Golden Palace, Behind Union Bank of India	Mumbai	400050

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
31	Eatrite Nutrition Clinic	MS Malvika Khanna	Fitness Trainers & Consultants	+91 98198 XXXXX	022-2637XXXX		Room No G/3, Anita Appartment, Near Goodsheppard Church	Mumbai	400058
32	Farah Choudhary	MS Farah Choudhary	Fitness Trainers & Consultants	+91 98693 XXXXX	022-2639XXXX		Flat No C/406, Deepti Kalyan C, Peddar Road, Opposite Bus Stop	Mumbai	400058
33	Fitness View Inc	Mr Clement	Fitness Trainers & Consultants	+91 98920 XXXXX	022-6524XXXX		Shop No 3 Pushpanjali Bldg, Gaushala Ln, Malad E, Mumbai - 400097	Mumbai	400069
34	Health Wealth Nutrition	Mr Sanjay Tawde	Fitness Trainers & Consultants	+91 98924 XXXXX		sa••••••••••@gmail.com	C/o the Dreams Mall, Lower Gro, Defence R and De Cooperative Housing Society, Kalas Alandi Road, Near Bhandup Railway Station	Mumbai	400078
35	Iyengars Yoga	MS Aishwarya	Fitness Trainers & Consultants	+91 98207 XXXXX		ai••••••••••••••@yahoo.co.in	1 Laxmi Narayan Colony, Thankarpada, Bhd Agra Road, Kalyan, Thane - 421304	Mumbai	400058
36	Manju Mundra	MS Beena	Fitness Trainers & Consultants	+91 98204 XXXXX	022-3109XXXX		Temple of Knowldge, Yashdar Roa, Poona Stree, Near Oppisite Naviyasadar Society	Mumbai	400042
37	Meal Pyramid	MS Kinita Kadakia	Fitness Trainers & Consultants	+91 98926 XXXXX	022-3299XXXX		Juhu Simadagam, Sarthana Jakatnaka, Varacha, Kamredge Road Sporting Spirit Center, 34 Sah	Mumbai	400049
38	Mrs Hina Parikh	Mrs Hina Parikh	Fitness Trainers & Consultants	+91 98203 XXXXX	022-2352XXXX	hi••••••••••••@hotmail.com	Flat No 4, Silver Foil, 2nd Fl, Near Mahalakshmi Temple	Mumbai	400026
39	Nikos Weight Loss Challenge	Mrs Vaishnavi	Fitness Trainers & Consultants	+91 98198 XXXXX	022-2633XXXX		Building No 5, Flat No 402, As, Vareli Kadodara Main Road, Near Lotus Petrol Pump	Mumbai	400058
40	Nlive Health Care Limited	Dr Gurmeet Singh	Fitness Trainers & Consultants	+91 98676 XXXXX	022-6573XXXX		Plot No 56, 2nd Floor, Rgsl H, Mes Colony, Konena Agrahara, Hal, Near Akurli Trade Centre	Mumbai	400069
41	Occupational Health Services	Mr Vasant Shetye	Fitness Trainers & Consultants	+91 98203 XXXXX	022-2839XXXX		Chlorophyll Medical Center, Bu, Next To Procter and Gamble	Mumbai	400069
42	Pro Active	Vimal	Fitness Trainers & Consultants	+91 98700 XXXXX	022-2633XXXX		Andheri 5	Mumbai	400053
43	Ruf & Tuf Paradise Zone	Akash Patra	Fitness Trainers & Consultants	+91 93211 XXXXX	022-3200XXXX	ba•••••@gmail.com	C-26 Ghar Kul Soc Bldg, Siddharth Ngr RD-55, Mumbai - 400055	Mumbai	400052
44	Sarita Mody	MS Richita	Fitness Trainers & Consultants	+91 87674 XXXXX	022-2620XXXX		Flat No 502, Green Blaze, Juhu, 4th Cross, Next To Idbi Bank	Mumbai	400058
45	Selfcare the Natural Way	Dr Nidhi Shah	Fitness Trainers & Consultants	+91 98197 XXXXX	022-6131XXXX		Clinic No 203, Golden Bungalow, Opposite Santacruz Police Station	Mumbai	400054
46	Shreeji Clinic	Dr Dipti Vakharia	Fitness Trainers & Consultants	+91 98204 XXXXX	022-2634XXXX		Flat No 1/A, L Wing, Balkrish, Bazar Gate Street, Opposite 7 Bungalows Bus Depot	Mumbai	400058
47	Sivananda Yoga	MS Shameem Akhtar	Fitness Trainers & Consultants	+91 98331 XXXXX	022-6699XXXX		Bandra West Sector 22 C Bandra West	Mumbai	400050

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48	Sweta Poladia	MS Sweta Poladia	Fitness Trainers & Consultants	+91 98692 XXXXX	022-2649XXXX		Building No Dx, Teachers Colon, Ghorpade Peth, Khadkimal, Near 4 Bungalow	Mumbai	400058
49	Uma Shedde Fitness Consultant	MS Uma Shedde	Fitness Trainers & Consultants	+91 98922 XXXXX	022-2631XXXX		Flat No 1101, Magnum Tower, 2nd, Near State Bank of Bikaner and Jaipur	Mumbai	400058
50	Yoga Astrology Home Tuition	Mr Pravin Jani	Fitness Trainers & Consultants	+91 98210 XXXXX	022-2806XXXX	pr•••••••••@rediffmail.com	Room No 30, Wing 3, C Special, Near Dr Radhakrishna School	Mumbai	400092
51	Decor Home	Mr Murtaza Saifee	Fitness Trainers & Consultants	+91 93730 XXXXX	020-4009XXXX	il•••••••••@rediffmail.com	Natasha Enclave, 401/4, Nanjappa Layout	Pune	411048
52	Dige Associates	Mr Viren Dige	Fitness Trainers & Consultants	+91 98900 XXXXX		vi••••••••@gmail.com	502/G2, Sakinaka, Near Bremen Circle	Pune	411027
53	Ds Engineering Bodymaster Pvt Ltd	Savant Vijay	Fitness Trainers & Consultants	+91 94230 XXXXX	020-6628XXXX		S-37, Opp Shresh Hotel	Pune	411026
54	Harba Life	Mr Amit Ambre	Fitness Trainers & Consultants	+91 98221 XXXXX		am••••••••@rediffmail.com	Marathe Hall, Behind Kotak Mahindra Bank	Pune	411004
55	Siddhi Yoga Health Foundation	Mr Arun Yevle	Fitness Trainers & Consultants	+91 98222 XXXXX		ar•••••••@yahoo.co.in	Mandar Society, A/26, Behind Padmavati Mandir	Pune	411009
56	Aashirvaads Health Care & Cure	Jai Chadha	Fitness Trainers & Consultants	+91 98881 XXXXX	0161-645XXXX		Benjamin Road Kundan Puri Bindraban Road B-1/612/3	Ludhiana	141003
57	Grover Health Care Center	Anuj Grover	Fitness Trainers & Consultants	+91 99888 XXXXX		an••••••••••@yahoo.com	1st Floor, SCF5, Post Box 6786	Ludhiana	141002
58	Fitness Mantra		Fitness Trainers & Consultants	+91 98993 XXXXX	0120-411XXXX	ck••••••••••••@gmail.com	513 First Floor Rps Plaza Sector 12, Ghaziabad - 201012, Opposite Jaipuria Institute	Ghaziabad	201001
59	Renew Spirit		Fitness Trainers & Consultants	+91 97111 XXXXX			Mehram Nagar Tejpal Market 10	Greater Noida	201308
60	Fitness First	Rahul Chowdhary	Fitness Trainers & Consultants	+91 87507 XXXXX			Gali No 6, Noida - 201309, Pragati Vihar, Near Krishna Jewellers	Noida	201301

Questions

How many Fitness Trainers & Consultants businesses are there in India?

This list has 273 gyms & fitness centres listed under “Fitness Trainers & Consultants” across India with contact details, all of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of Fitness Trainers & Consultants businesses in India?

Download this list in Excel: 273 contacts, all with a mobile number and 12% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in India have the most Fitness Trainers & Consultants businesses?

Mumbai (199), Bengaluru (24), Pune (22), Delhi (16) and Gurugram (4).

Is there a free Fitness Trainers & Consultants businesses list PDF for India?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.