Starleads

Gyms & Fitness Centres in Delhi: contact list (free sample PDF)

2,354 contacts · **91%** with mobile numbers · **48%** with emails · **22%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 2,354 gyms & fitness centres in Delhi with contact details. 91% have a mobile number, 48% an email address, 22% a landline and 6% a website. 99% come with a street address, 24% with the contact person's name and 40% with a PIN code.

They are spread over 2 cities and towns; the most are in Delhi (2,341), New Delhi (11) and Other Than Maharashtra (1).

Delhi's list is the 2nd largest of the 9 states with a gyms & fitness centres list in Starleads' data, after Maharashtra (4,783).

By category, the biggest groups are Gymnasiums/health Clubs (892), Yoga Training Centres (94) and Gymnasium Equipments (90).

Get all 2,354 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-in-delhi/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Dr Dhawan Medicentre	Sumit Dhawan	Physiotherapists, Child Specialists, Homeopathy Doctors		011-3964XXXX	su•••••••••@live.com	No. N-28, Opposite Uco Bank		110017
2	Addiction Gym & Spa	Vinod Rattan	Gymnasiums/health Clubs	+91 90134 XXXXX	011-6464XXXX	si•••••••••••••••@yahoo.com	Shop No. 9/14, Ground Floor, near Siddharth Hotel East Patel Nagar	Delhi	110008
3	Ananda Marga Universal Relief Team	Abhiramanand	Yoga Training Centres	+91 98189 XXXXX	011-2464XXXX	so••••••@gmail.com	Mahavir Enclave, Harphool Singh Market, Opp Union Bank	Delhi	110049
4	Ashu Yoga	Ashu Garg	Yoga Training Centres	+91 98710 XXXXX	011-6579XXXX	as••••••••••@yahoo.co.in	K-81B, Ground Flr, Near Kalka Jewellers	Delhi	110019
5	Attraction Men	Manoj	Gymnasiums/health Clubs	+91 98105 XXXXX	011-2981XXXX	at••••••••••@yahoo.co.in	E-214, Basement, Krishna Market, Near Shani Mandir	Delhi	110024
6	Baggit India Private Limited	Satyaman Singh		+91 98214 XXXXX	011-4183XXXX	ar•••@baggit.com	Shop No. 11 E32 Mcd No. 6910 near Bindals Showroom Main Market Kamla Nagar	Delhi	110007
7	Benfit Gym	Raja Kumar	Gymnasiums/health Clubs	+91 99997 XXXXX	011-4758XXXX	ga••••••••@yahoo.com	Agarwal City Mall 2nd Floor, 215, Pritampura, Opposite M 2 K Mall	Delhi	110034
8	Beyond Looks	Mr Whadva	Gymnasiums/health Clubs	+91 98101 XXXXX	011-2644XXXX	be•••••••••@yahoo.com	81, Hemkunt Colony	Delhi	110048
9	Bharat Thakurs Artistic Yoga	Mr Pradeep	Fitness Centres & Services	+91 98101 XXXXX	011-4176XXXX	ar•••••••••••••••@gmail.com	C-6, Plot No. 6063, Opp Dps School	Delhi	110070
10	Bhartiya Yog Sansthan	Radha Bhel	Yoga Training Centres	+91 99534 XXXXX	011-2794XXXX	bh•••••••@yogsansthan.org	Mangalam Palace, Near Police Station	Delhi	110085
11	Blu 1 Fitness	Anil Sharma	Gymnasiums/health Clubs	+91 96543 XXXXX	011-2692XXXX	bl•••••••••@gmail.com	174, Lotus Pond Road, Delhi - 110025, Next To Lotus Pond Restaurant and Dim Sum Bros Restaurant, Sarai Jhulena	Delhi	110065

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
12	Body Station Health Club	Amit Verma	Gymnasiums/health Clubs	+91 98183 XXXXX	011-4707XXXX	am••••••••••••@gmail.com	Plot NO-2, State Bank Colony, Near Nanak Piao Gurudwara	Delhi	110033
13	Bsa Workout	Mr Tushtender	Gymnasiums/health Clubs	+91 98119 XXXXX	011-4662XXXX	bi•••••••••@gmail.com	Lajpat Nagar Lajpat Nagar 2 Plot No 58/59, C Block	Delhi	110024
14	Chander Fitness Centre	Chander Parkesh	Gymnasiums/health Clubs	+91 98998 XXXXX	011-4102XXXX	ch••••••••••••••••••@gmail.com	Pathway Mandir Road, Shyam Colony, Near Blind School	Delhi	110024
15	Dee Mark Healthcare Pvt Ltd	Shudarshan Singh	Gymnasiums/health Clubs	+91 93121 XXXXX		sa•••@deemark.com	Ajit Complex, 173, Shiva Market, Behind Dena Bank	Delhi	110034
16	Dhyan Foundation	Nandini Ghosh	Yoga Training Centres	+91 98181 XXXXX	011-2625XXXX	dh•••@dhyanfoundation.com	28/16, Arya Samaj Mandir, Nangia Park, Near Canara Bank	Delhi	110049
17	Eden Gym	Geetanjali	Gymnasiums/health Clubs	+91 98101 XXXXX	011-2745XXXX	it••••••••••••@hotmail.com	Plot No. D13/A/30, near Aggarwal Dharamshala Model Town	Delhi	110009
18	Energie Gym & Spa	Pankaj	Gymnasiums/health Clubs	+91 99588 XXXXX	011-2591XXXX	in•••@energieindia.com	C-35-36, 1st Floor, Mayur Vihar Phase I, Delhi - 110091, Main Market, Acharya Niketan Opposite ICICI Bank	Delhi	110092
19	Enormous Gym & Spa	Pakaj	Gymnasiums/health Clubs	+91 98999 XXXXX	011-2513XXXX	en•••••••••@gmail.com	D-1, Jail Road, Fateh Nagar, Opposite Sukho Khalsa School & near Tilak Nagar Metro Station	Delhi	110018
20	Era Fitness	Subhash Kumar	Gymnasiums/health Clubs	+91 99903 XXXXX	011-6565XXXX	er••••••••@yahoo.com	Khanpur A 65	Delhi	110062
21	Evalution Fitness	Manjeet Solanki	Gymnasiums/health Clubs	+91 87506 XXXXX	011-4572XXXX	ev••••••••••••••••@gmail.com	D-496, Besment and Ground Floor, Near Palam Ext, Dwarka Sector 7, Delhi - 110077, Rampal Chowk, Near Jai Jawan Gas Agency	Delhi	110075
22	Exotic the Gym	Manjeet Singh	Gymnasiums/health Clubs	+91 98181 XXXXX	011-4587XXXX	ex••••••••••••@gmail.com	43, 2nd Floor, Ch. Balbir Singh Complex, Paschim Vihar, Jwala Heri Market	Delhi	110063
23	F X Fitness Club	Ramanjit	Gymnasiums/health Clubs	+91 98916 XXXXX	011-4515XXXX	in•••@fitnessclub.com	V-385, Prem Nagar II, Kirari Suleman, Delhi - 110086.(INDIA)	Delhi	110052
24	Fluid Fitness Academy	Siddhart Suri	Gymnasiums/health Clubs	+91 92120 XXXXX	011-2745XXXX	pa••••••••@hotmail.com	6, Lsc, Near Pentamad Hospital	Delhi	110009
25	Generation Next Gym	Sunil Kumar	Gymnasiums/health Clubs	+91 99115 XXXXX	011-2678XXXX	ge••••••••••••@gmail.com	L-1/298, Street No 1, Mahipalpur Extension, Near Mother Dairy	Delhi	110037
26	Golds Gym		Gymnasiums/health Clubs	+91 98102 XXXXX	011-4610XXXX	cu•••••••••@gymsforall.in	Plot No. 35/B, 1st Floor, near Guru Darshan Hospital Pusa Road	Delhi	110005
27	Guru Nanak Physiotherapy Center	Balbir Singh	Yoga Therapy	+91 98106 XXXXX	011-2574XXXX	gu••••••••••••••••••••••••@yahoo.com	Old Rajinder Nagar 60/19	Delhi	110060
28	Gym N Trim	Mr Rajesh Luthra	Gymnasiums/health Clubs	+91 98101 XXXXX	011-2526XXXX	ra••••••••••••@gmail.com	Shop No 12/399, Outer Ring Road, Sunder Vihar, Near Adjoining Bank of Maharashtra	Delhi	110087
29	Hasyayoga Kendra	Jiten Kohi	Yoga Training Centres	+91 98912 XXXXX		hy••••••@gmail.com	Azadpur Rameshwer Nagar 162	Delhi	110033

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30	Kaushal Yoga Group	Hemant Sharma	Yoga Training Centres	+91 85278 XXXXX	011-2336XXXX	he••••••••@gmail.com	Talibadi Marg, Near Gol Dakkhana	Delhi	110001
31	Knack Health Care Pvt Ltd	Rajiv Parasar	Gymnasiums/health Clubs	+91 98111 XXXXX	011-4755XXXX	kn•••••••••@yahoo.in	1st Floor, 17 A/35, Near Agarsen Hospital	Delhi	110026
32	Kore Gym	Karan	Gymnasiums/health Clubs	+91 98111 XXXXX	011-4657XXXX	ko•••••••••••••••@gmail.com	Y-14, Behind Green Park Market, Opp Deer Park Gate	Delhi	110016
33	Life Rhythm Yoga	Ram Chandra Ahlawat	Yoga Training Centres	+91 98112 XXXXX	011-2649XXXX	ra•••@liferhythmyoga.com	Devli Holi Chowk 617/9	Delhi	110062
34	Mantra 4 Fitness	Megha Oberoi	Gymnasiums/health Clubs	+91 95600 XXXXX	011-4558XXXX	me•••@mantra4fitness.com	Rajouri Garden 2	Delhi	110027
35	Multan Holidays	Mr Arun Vasudeva	Gymnasiums/health Clubs	+91 92127 XXXXX	011-6524XXXX	mu••••••••••••@gmail.com	Prahladpur Shop No 3, A-8A, 60 Ft Road	Delhi	110044
36	New Delhi Aikido	Mr Paritos Kar	Gymnasiums/health Clubs	+91 98998 XXXXX	011-2954XXXX	pa••••••@yahoo.co.uk	Malviya Nagar C-101/C, 2nd Flr, Right Side, Panchsheel Vhr	Delhi	110017
37	New Friends Club	Raghu Varma	Gymnasiums/health Clubs	+91 98711 XXXXX	011-2632XXXX	ms••••••@yahoo.co.in	New Friends Colony Mathura Road, Near Okhla Telephone Exchange	Delhi	110065
38	Olympia Gym	Rahul Narang	Gymnasiums/health Clubs	+91 98100 XXXXX	011-2921XXXX	ol••••••••••@yahoo.com	S - 569, Greater Kailash - II	Delhi	110048
39	Oxygym	Navneet	Gymnasiums/health Clubs	+91 98104 XXXXX	011-4163XXXX	ox••••@yahoo.co.in	No. B-25, near Savitri Cinema Greater Kailash II	Delhi	110048
40	Revital Gym & Spa	R S Pawa	Gymnasiums/health Clubs	+91 98118 XXXXX	0121-023XXXX		Plot No 50, Club Road, Punjabi Bagh, North West Avenue	Delhi	110026
41	Sejwal Health Diets	Jitender Sejwal	Gymnasiums/health Clubs	+91 98183 XXXXX	011-4168XXXX	j_••••••••@yahoo.com	House No -30, Delhi - 110016, Near Pace Academy	Delhi	110017
42	Shalinis Diet Wellness	Dr Shalini Singhal	Gymnasiums/health Clubs	+91 98115 XXXXX	011-4237XXXX	dr••••••••••••@gmail.com	Plot No 130, C Block, DDA Flat, Near Ayushman Hospital	Delhi	110075
43	Sphaira Bar Lounge	Samson J	Gymnasiums/health Clubs	+91 98860 XXXXX	011-4160XXXX	ad••••••••••••••••••@gmail.com	M G Road NO.80/1, Shrungar Cmplx	Delhi	110002
44	Strength the Gym & Spa	Mr Ankur	Gymnasiums/health Clubs	+91 93122 XXXXX	011-6516XXXX	st••••••••••••@yahoo.com	Janakpuri C 3, Jeevan Park, Pankha Road	Delhi	110058
45	Sumeet Overseas	Vinod Kumar Mittal		+91 98110 XXXXX	011-2755XXXX	su••••••••••••@gmail.com	Plot No. 247 Pocket - L Sector - 3, Near Telephone Exchange	Delhi	110039
46	The Gym Health Care	Niranjan Dawar	Gymnasiums/health Clubs	+91 99999 XXXXX	011-4307XXXX	ni••••••••••••@hotmail.com	A6/5, Petrol Pump Road, Paschim Vihar, Near Sagar Ratna Restaurant	Delhi	110063
47	The New Body Temple	Sanjay	Gymnasiums/health Clubs	+91 98110 XXXXX	011-2573XXXX	dh••••••••••••@hotmail.com	12/A/14, W E A Saraswati Marg, Near Karol Bagh Metro Station, Near West Side Showroom	Delhi	110005
48	Tnd Gym	Mromprakash	Gymnasiums/health Clubs	+91 99116 XXXXX	011-2601XXXX	ka••••••@yahoo.com	A-208/2, Savitri Nagar, Malviya Nagar	Delhi	110017
49	Vibes Aroma Veda Pvt Ltd Corporate Office	Mr S C Saraswat	Gymnasiums/health Clubs	+91 98101 XXXXX	011-2646XXXX	an•••••••@vibes.co.in	Office No D/5, Near Dr Dangs Lab	Delhi	110016

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50	Vlcc		Slimming Centres	+91 87440 XXXXX	011-2582XXXX	pu•••••••@vlcc.co.in	Pusa Road 11/1 B	Delhi	110005
51	Women on Clouds	MS Shireen	Gymnasiums/health Clubs	+91 98100 XXXXX	011-2685XXXX	in•••@womenonclouds.com	Gulmohar Park D-9	Delhi	110049
52	Yoga Alliance International	Swami Vidyanand	Yoga Training Centres	+91 98106 XXXXX		yo••••••••••@gmail.com	New Manglapuri Street No 2, Mandi Road, Mehrauli 57	Delhi	110030
53	Yoga and Natura Health Care Centre	Yogilal Samuddhinlalji Marar	Gymnasiums/health Clubs	+91 98735 XXXXX	011-2619XXXX	mh•••@rediffmail.com	Sector 6, Near Malai Mandir, Basant Place Market	Delhi	110022
54	Yogoda Satsanga Society	Bakssi	Yoga Training Centres	+91 98102 XXXXX	011-2336XXXX	ys••••••••@gmail.com	2013-11-12, Bhai Veer Singh Marg, Near Cross the Road Speed Post Office	Delhi	110001
55	Eight Grams of Brain Marketing Private Limited	Manager		+91 98104 XXXXX	011-4650XXXX	mk•••@8gramsofbrain.com	East of Kailash 425 Basement Sant Nagar, Near Iskcon Temple	New Delhi	110065
56	Himalayan Institute Publications	Mr Mr Aman Agnihotri, Himalayan Institute Publications, Mr Arun Trichal	Yoga, Meditation, Spirituality, Holistic Living Magazines		011-2640XXXX	am•••••••@hotmail.com	425, Ground Floor, Sant Nagar, East of Kailash	New Delhi	110065
57	Rawfitt	Jatin Sharma		+91 98102 XXXXX		ra••••••••••••@gmail.com	B 96 Ground Floor Street 8 Bhajanpura	New Delhi	110053
58	Richa Prakashan	Ravi Gupta		+91 98912 XXXXX	011-2464XXXX	in•••@richaprakashan.com	D-36 South Extension Part One	New Delhi	110049
59	Spyki	Shivender Kumar		+91 98993 XXXXX		sp•••••••••@gmail.com	H. No. 48 Block- A Pradeep Vihar Nathupura Burarl	New Delhi	110084
60	Yorks Body Fitness Equipments					in•••@yorkfitness.com		Other Than Maharashtra	110034

Questions

How many gyms & fitness centres are there in Delhi?

This list has 2,354 gyms & fitness centres in Delhi with contact details, 91% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Delhi?

Download this list in Excel: 2,354 contacts, 91% with a mobile number and 48% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Delhi have the most gyms & fitness centres?

Delhi (2,341), New Delhi (11) and Other Than Maharashtra (1).

Which state in India has the most gyms & fitness centres?

In Starleads' data: Maharashtra (4,783), Delhi (2,354), Karnataka (1,408). Delhi is 2nd of 9 states. These are the counts of contacts in each list, not an official census.

Is there a free gyms & fitness centres list PDF for Delhi?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.