Starleads

Gyms & Fitness Centres in Karnataka: contact list (free sample PDF)

1,408 contacts · **99%** with mobile numbers · **40%** with emails · **20%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 1,408 gyms & fitness centres in Karnataka with contact details. 99% have a mobile number, 40% an email address, 20% a landline and 13% a website. 99% come with a street address, 31% with the contact person's name and 60% with a PIN code.

They are spread over 4 cities and towns; the most are in Bengaluru (1,307), Mysuru (64) and Hubballi (21), followed by Hospet, Belagavi and Mangaluru.

Karnataka's list is the 3rd largest of the 9 states with a gyms & fitness centres list in Starleads' data, after Maharashtra (4,783) and Delhi (2,354).

By category, the biggest groups are Gymnasiums/health Clubs (494), Yoga Training Centres (159) and Gymnasium Equipments (100).

Get all 1,408 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-in-karnataka/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Sip Abacus & Brain Gym		Gymnasiums/health Clubs	+91 91647 XXXXX			1st Floor, The Weavers Co Operative Society, Ilkal	Bagalkot	587125
2	Archies Ladies Gym	Manager	Gymnasiums/health Clubs	+91 99457 XXXXX		70•••••••@gmail.com	Behind Angdi Bba Institute, Sadashiv Nagar	Belagavi	
3	United Gym	Sameer	Gymnasiums/health Clubs	+91 99802 XXXXX		mo••••••••••••@gmail.com	Civil Hospital Raod	Belagavi	
4	Ayush	G N Sreekantaiah	Yoga Training Centres	+91 94815 XXXXX	080-2287XXXX	di••••••••••@gmail.com	Ananda Rao Circle	Bengaluru	560009
5	Celebrities Fitness	Anand	Aerobics Training Centres	+91 98454 XXXXX	080-2340XXXX	ce••••••••••••••••••@gmail.com	NO.20/3, Kaushika Plaza, 1st Floor, 80 Feet Road, 2nd Stage, Khb Colony, Above Sony Showroom	Bengaluru	560079
6	Century Club	Kanth Raj	Gymnasiums/health Clubs	+91 99453 XXXXX	080-2221XXXX		1, Opposite To Keb Office & near K R Circle Signal	Bengaluru	560001
7	Dhriti Yoga Studio	Satya	Yoga Training Centres	+91 98860 XXXXX	080-4128XXXX		1st Floor, Savinaya Building, 64, 2nd Stage, Near Home Needs Super Market	Bengaluru	560076
8	Fast Fitness Zone	Srinivasa	Gymnasium Equipments	+91 93421 XXXXX	080-4150XXXX	ve••••••••••••••••@gmail.com	76/11-1, 80 Feet Road, Hbr Layout, Kacharakanahalli	Bengaluru	560034
9	Fit Group Gym	Puroshatham	Gymnasiums/health Clubs	+91 92417 XXXXX	080-3078XXXX	pk•••••••@gmail.com	NO.2, 1st Floor, Sri Venkateshwara Nilaya, 11th Cross, Akshaya Nagar, Ramamurthy Nagar	Bengaluru	560016

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
10	Fit Life Gym	K S Ram	Gymnasiums/health Clubs	+91 81052 XXXXX	080-2523XXXX	fi••••••••••@gmail.com	No 141 Ram Anjenaya Complex, 1st and 2nd Floor, 7th Cross Ashwath Nagar, Opposite Anjenaya Temple near Kalamandir Showroom	Bengaluru	560037
11	Fitness First	Rahul Sethi	Gymnasiums/health Clubs	+91 97392 XXXXX	080-4283XXXX	ev••••••••@fitnessfirst.net.in	NO.60, Eva Mall, Next To Hm Towers	Bengaluru	560025
12	Fitness Plus	Suresh	Gymnasiums/health Clubs	+91 99029 XXXXX	080-4093XXXX	dr••••••••••@yahoo.com	Koramangala Sector 11 D Mini Market 5	Bengaluru	560034
13	Genesis the Fitness Forum	Praveen	Gymnasiums/health Clubs	+91 98452 XXXXX	080-2658XXXX	ge•••••••••••@gmail.com	Anu Plaza, 650, Aurobindo Circle 11th Main 5th Block J P Nagar Main Road	Bengaluru	560041
14	Life Fitness	Syed Abdul Rauuf	Gymnasiums/health Clubs	+91 98860 XXXXX	080-4128XXXX	ra•••••••@yahoo.co.in	NO.5, Ymia Building, Ground Floor, Bangalore - 560042, Next To Bengali Association	Bengaluru	560046
15	Lotus Yoga Foundation	Karuna Murthy	Yoga Training Centres	+91 96865 XXXXX		km•••@lotusyoga.in	Banneraghatta Road 156	Bengaluru	560076
16	Maharshi Institute of Creative Intelligence	Prabhakar D L	Yoga Training Centres	+91 98862 XXXXX	080-2679XXXX	bl•••••••••••@gmail.com	Prakruthi Residency, 25 G-1	Bengaluru	560085
17	Maitri Foundation		Yoga Training Centres	+91 99161 XXXXX	080-2671XXXX	in•••@maitrifoundation.com	1st Floor, 1012, Main Road, Near To Kims College	Bengaluru	560070
18	Maverick Fitness Studio Pvt Ltd		Gymnasiums/health Clubs	+91 99620 XXXXX	080-2351XXXX	ba•••••••@maverickfitness.net	NO.50, 80 Feet Road, Bangalore - 560012, Near To Big Bazaar	Bengaluru	560094
19	Padma Yoga Foundation	Padmanabhan	Yoga Training Centres	+91 99726 XXXXX	080-2580XXXX	rp•••••@yahoo.com	Frazer Town Wheelers Road 4	Bengaluru	560005
20	Parshva Gift	Preetam Jain		+91 80883 XXXXX		sa•••@parshvagift.in	No. 471 Otc Road 3rd Cross Ps Lane Cottonpet, Near Ps Lan	Bengaluru	560053
21	Patels Inn	Shekar		+91 99808 XXXXX	080-2333XXXX	in•••@patelsinn.com	# 1 15th CROSS2ND Block, Govindaraj Garden R.T Nagar, Near B.D.A Complex	Bengaluru	560032
22	Phoenix Fitness	Pankaj Tiku	Fitness Trainers & Consultants	+91 98805 XXXXX	080-4122XXXX	pa••••••••@hotmail.com	NO.9, 2nd Floor, 2nd Main, 12th Cross, Near HDFC Atm	Bengaluru	560016
23	Power House	Srinivas	Gymnasiums/health Clubs	+91 94486 XXXXX	080-2669XXXX	gy•••••••@ymail.com	NO.55, 1st & 2nd Floor, Opp Katriguppa Water Tank, Nxt To Ibaco Icecream Parlour	Bengaluru	560085
24	Pretty Women Fitness Centre	Veena Bhatr	Gymnasiums/health Clubs	+91 93412 XXXXX	080-4173XXXX	ve••••••••••@gmail.com	No 4, 1st Main 1st Stage Khb Colony, Near Krishna Kalyana Mantapa	Bengaluru	560079
25	Sankalpa Yoga & Natural Health Centre	Lokesh	Yoga Training Centres	+91 98453 XXXXX	080-2669XXXX		322, Khb Main Road R T Nagar, Near Food World	Bengaluru	560070
26	Shuddham Yoga	Sanju Upadhyay	Yoga Training Centres	+91 98455 XXXXX	080-2362XXXX	sh••••••••••@gmail.com	Royal Enclave, 44, Ambika Industrial Estate, Magdalla Road	Bengaluru	560064

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27	Sindhoor Constructions	Srikanth K.G	Gymnasiums/health Clubs	+91 98450 XXXXX	080-2679XXXX	si••••••••••@gmail.com	Banashankari Mahavir Chamber Banaji Street Fountain 37, 1st B Cross, Banagirinagar, 3rd Stage, Banshankari	Bengaluru	560029
28	Snap Fitness Centre	Amar	Gymnasiums/health Clubs	+91 96111 XXXXX	080-6681XXXX		1st Floor, Delphina Building, 20, Main Road	Bengaluru	560093
29	Snap on Tools	Navya Natraj	Gymnasiums/health Clubs	+91 99000 XXXXX	080-6649XXXX		1st Floor, 2469, Near Bda Complex	Bengaluru	560070
30	Soham Yoga Centre	Mr Johnson	Yoga Training Centres	+91 99012 XXXXX	080-2535XXXX	so••••••••@yahoo.com	294/1, Ns Palya, Banerghatta Main Road, Above Corporation Bank	Bengaluru	560071
31	Stayfit Health & Fitness World Pvt Ltd	Dishith	Gymnasiums/health Clubs	+91 99004 XXXXX	080-4121XXXX	in•••@stayfitindia.com	NO.580, 11th Main, 36th Cross, Opposite To Shanthi Nursing Home	Bengaluru	560041
32	Steves Gym India	Mr Stephen Steves	Gymnasiums/health Clubs	+91 98440 XXXXX	080-2535XXXX	st•••@stevesgym.com	NO.1, G R Cmplx, 2nd Floor, Old Airport Road, Opp Domlur Post Office	Bengaluru	560071
33	Surya Jyothi Yoga Vedanta Centre	Swami Krishnananda	Yoga Training Centres	+91 99025 XXXXX	080-2550XXXX	su••••••••••••@gmail.com	46, Near Lakadipool, Behind Sukh Sagara Restaurant	Bengaluru	560095
34	Tranfigure	Dr C S Jain	Yoga Training Centres	+91 78298 XXXXX	080-4123XXXX	as••••••••@gmail.com	10B/38, M G Road Vadodara, Near Bright Kids School	Bengaluru	560076
35	Universal Gym	Satish	Gymnasium Instructors	+91 98441 XXXXX	080-2668XXXX	sa••••••••••••@gmail.com	#1, near Coffee Day Bannerghatta Main Road	Bengaluru	560076
36	Verve Health & Fitness Centre	Ashok Gowda	Gymnasiums/health Clubs	+91 89700 XXXXX	080-4150XXXX	ve••••••@gmail.com	29, 8th B Main Road, BTM 1st Stage, Opposite Gopalan Mall	Bengaluru	560076
37	Vidya Herbs Private Limited	Mr Vidya, Mr Shyam Prasad, Mr Shyam Prasad, Mr Chandrasekhar K	Ashwagandha, Boswellia, Amla, Gymnema, Garciniacambogia	+91 80417 XXXXX	080-2649XXXX	vi••••••••@sify.com	322-A, 23rd Main, 16th Cross, JP Nagar, 5th Phase	Bengaluru	560078
38	Vlcc	Nima N Nair	Slimming Centres	+91 99028 XXXXX	080-4153XXXX	ba••••••••••@vlcc.co.in	1st Floor, 19/4, Vidyasagargrama, Opposite Food World	Bengaluru	560052
39	Ksquar Fitness Gym		Gymnasiums/health Clubs	+91 77600 XXXXX		ki••••••••••••@gmail.com	L V Complex, Railway Station Road, Malamaddi, Shusrutha Hospital	Dharwad	580007
40	Aishwarya Gym Equipment		Gymnasiums/health Clubs	+91 83622 XXXXX			Gokul Road Hubli, Hubli Ho, Hubli	Hospet	580020
41	Dharwad Gymkhana Club		Gymnasiums/health Clubs	+91 83624 XXXXX			Hallihal, Hubli, Opp K C Park	Hospet	580023
42	Hubli Gymkhana Club		Gymnasiums/health Clubs	+91 83623 XXXXX			Keshwapur Road, Traffic Island, Hubli	Hospet	580029
43	International Gym	Rajni Kanth	Gymnasiums/health Clubs	+91 98803 XXXXX			Hubli Hubli	Hospet	
44	Lucky Health Club Multi Gym		Gymnasiums/health Clubs	+91 99869 XXXXX		ma••••••••••••••@gmail.com	Anandnagar, 1st Bus Stop, Old Hubli, Hubli, Near Bus Stop	Hospet	580024

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45	Khonas Gym & Wellness			+91 94491 XXXXX		kh•••••••@gmail.com	Gurukrupa, 2nd Floor, Kaviraj Marg, Hubli - 580029, Behind Kmc Gate, Near Pai Hotel	Hubballi	
46	Metro Flex Gym			+91 97428 XXXXX		po••••••••••••••@gmail.com	Hosur Unkal, Hubli - 580021	Hubballi	
47	Paramount Health Club			+91 83623 XXXXX		pa•••••••••@gmail.com	No. 1, 2 & 3, B Block, Akshaya Park, Akshay Park, Hubli - 580030, Kfc	Hubballi	
48	Revolution			+91 97427 XXXXX		ar••••••••••@yahoo.com	2nd Floor, Shiva Arcade, Kusugal Road, Hubli - 580023, Opp New Traffic Police Station	Hubballi	
49	Star Gym	Asif Jahagirdar	Gymnasiums/health Clubs	+91 99696 XXXXX		as••••••••••@gmail.com	6C / 14 Lbs Marg, Kurla Mumbai Maharashtra 400070	Hubballi	
50	Body Tone Multi Gym	Kishore	Gymnasiums/health Clubs	+91 93417 XXXXX			Kodailbail	Mangaluru	575003
51	K G K Gym Health Club		Gymnasiums/health Clubs	+91 82422 XXXXX			K.G.K Compound, 7th Cross, Bejai New Road	Mangaluru	575004
52	Priyadarshini Shetty			+91 98863 XXXXX	0820-257XXXX	ay•••••@yahoo.com	No. 34- C Shivalli Industrial Area	Manipal	576104
53	Arogya Siri Multy Gymnasium		Gymnasiums/health Clubs	+91 98449 XXXXX		si••••••••••@gmail.com	NO.47, MIG-1, Khb Colony Main Road, Hootagalli, Opposite Ganapathi Temple	Mysuru	570018
54	Global Star Gym		Gymnasiums/health Clubs	+91 80502 XXXXX		su••••••••@gmail.com	14, Aashrama Road, Hinkal, Near Aashrama	Mysuru	570017
55	Mavana Sri Sathyanarayana Parimala Factory	Arun Ramakrishna		+91 98451 XXXXX	0821-248XXXX	in•••@mavana.com	No. 92 Industrial Suburb V. V. Nagar	Mysuru	570008
56	Metroflex Gym		Gymnasiums/health Clubs	+91 99800 XXXXX		sa••••••••••••••@gmail.com	198/C, Mn Mansion, 2nd Floor, Nandini Layout, T Narasipura Main Road, Alanahalli, Above Muthoot Cor Finance	Mysuru	570028
57	Shankar Multi Gym		Gymnasiums/health Clubs	+91 99728 XXXXX		sh••••••••••@gmail.com	N4/1, Bannur Road, Alanahalli, Near Tresian College	Mysuru	570028
58	Signmaster Laser and Routing Solutions			+91 80415 XXXXX				Ramesh M	
59	Shri Rajeshwari Industrial Essentials			+91 91132 XXXXX		sa••••••••••••••••••••••••@gmail.com		Shiva M	
60	Sip Abacus & Brain Gym		Gymnasiums/health Clubs	+91 99009 XXXXX			NO.304, Tirumala, 3rd Cross, Siddarameshwara Extension, Batawadi	Tumakuru	572103

Questions

How many gyms & fitness centres are there in Karnataka?

This list has 1,408 gyms & fitness centres in Karnataka with contact details, 99% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Karnataka?
Download this list in Excel: 1,408 contacts, 99% with a mobile number and 40% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Karnataka have the most gyms & fitness centres?
Bengaluru (1,307), Mysuru (64), Hubballi (21), Hospet (5) and Belagavi (2).

Which state in India has the most gyms & fitness centres?
In Starleads' data: Maharashtra (4,783), Delhi (2,354), Karnataka (1,408). Karnataka is 3rd of 9 states. These are the counts of contacts in each list, not an official census.

Is there a free gyms & fitness centres list PDF for Karnataka?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.