

Gyms & Fitness Centres in Kolkata: contact list (free sample PDF)

400 contacts · 80% with mobile numbers · 49% with emails · 40% with landlines · Updated Oct 2026 · Full list ₹499 (90% off)

This list has 400 gyms & fitness centres in Kolkata, West Bengal with contact details. 80% have a mobile number, 49% an email address, 40% a landline and 20% a website. 99% come with a street address and 36% with a PIN code.

Where a locality is given, most are in Salt Lake City Sector 1 (6), Alipore (4) and Dum Dum (4), followed by Naktala, Salt Lake City-Bidhan Nagar and Ballygunge.

Get all 400 contacts in Excel: <https://starleads.in/data/gyms-fitness-centres-in-kolkata/>

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	24X7 Wild Gym		Gymnasiums/health Clubs	+91 98741 XXXXX	033-6529XXXX	so.....@gmail.com	Radhanath Bhavan, Naihati, 14, Anandabazar, North 24 Parganas, Near AC Club	Kolkata	743165
2	Baggit India Limited	Arunava Biswas		+91 90515 XXXXX	033-4072XXXX	ar.....@baggit.com	S-001 Second Floor Acropolis Mall, Near Kashba Market	Kolkata	700107
3	Balaka Gym	Balaka Sen	Gymnasiums/health Clubs	+91 98311 XXXXX		li.....@gmail.com	1063, Sreenagar Main Road, Panchasayar, Near State Bank of India	Kolkata	700094
4	Body Life Gym	Ranjan	Gymnasiums/health Clubs	+91 70598 XXXXX		bo.....@rediffmail.com	Ca 198, Salt Lake City-Bidhan Nagar, Near Ca Market	Kolkata	700064
5	Bodyline Gym	Arindam	Gymnasiums/health Clubs	+91 98360 XXXXX		bo.....@gmail.com	No. 14-D, Opposite Aaei Ballygunge	Kolkata	700019
6	Dinesh Gym		Gymnasiums/health Clubs	+91 81007 XXXXX		di.....@gmail.com	Garia	Kolkata	700091
7	Dks Gym		Gymnasiums/health Clubs	+91 89610 XXXXX		dk.....@gmail.com	P 150, Postal Park, Near Masterda Surya Sen Metro Railway Station, Nutan Bazar	Kolkata	700070
8	Evergreen Gym	Roy	Gymnasiums/health Clubs	+91 90881 XXXXX	033-2421XXXX	ev.....@rediffmail.com	No. 1/G, near Vodafone Store Naktala	Kolkata	700047
9	Experience Gym		Gymnasiums/health Clubs	+91 90070 XXXXX	033-3028XXXX		Plot No. 1A/1/3, 5th Floor, Beside Don Bosco School Circus Avenue	Kolkata	700017
10	Fit & Glow Slimming Zone			+91 83350 XXXXX	033-6501XXXX	fi.....@gmail.com	241, S N Roy Road, Kolkata - 700038, Near New Alipore Petrol Pump	Kolkata	
11	Fit N Fine			+91 98042 XXXXX	033-4001XXXX	fi.....@gmail.com	Shop No B 214, 2nd Floor, City Centre 2, Block B, Kolkata - 700157	Kolkata	

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
12	Future Fitness Multigym		Gymnasiums/health Clubs	+91 91634 XXXXX	033-2289XXXX	md*****@yahoo.co.in	P-1, Surawardy Avenue, Opposite Park Circus Maidan	Kolkata	700017
13	Gnor Clinic & Wellness Center			+91 98364 XXXXX	033-6533XXXX	in***@gnor.co.in	P 49, Scheme 4 M, C I T Road, Kolkata - 700010, Near Beliaghata Police Station	Kolkata	
14	Gold's Gym	Raj Kiran	Gymnasiums/health Clubs	+91 98300 XXXXX		al*****@goldsgymindia.com	No. 19-A, near Enclave Shopping Mall Alipore	Kolkata	700027
15	Golds Gym Alipore				033-3302XXXX	gu*****@hotmail.com	19 A Rajkiran Building First Floor, Alipur Road, Kolkata - 700027, Near Judges Court	Kolkata	
16	Gurukul				0121-213XXXX	sa*****@gurukulindia.in	Main Road, Kolkata - 700007, Near Chittaranjan Avenue	Kolkata	
17	Gurus Dr Eam Gym		Gymnasiums/health Clubs	+91 98318 XXXXX	033-2334XXXX	mi*****@gmail.com	G D 338, Ground Floor, Sector 3, Salt Lake City, Kolkata - 700106, Near Big Bazar, G D Iland	Kolkata	700064
18	Gym Fit Ladies Health Club		Gymnasiums/health Clubs	+91 90623 XXXXX	033-2594XXXX	bh*****@yahoo.in	9A/10, Dhanipara 2nd Lane, Near Ray Pharmacy	Kolkata	700122
19	Gym N Slim	Amith Roy	Gymnasiums/health Clubs	+91 94322 XXXXX	033-2565XXXX		21, J K Chatterjee Road, Near Keya More	Kolkata	700110
20	Gymmers for Boys	Bonnis Chakraborty	Gymnasiums/health Clubs	+91 84200 XXXXX	033-2564XXXX	we*****@gmail.com	No. 17, near Dakshineswar Railway Station Dakshineswar	Kolkata	700035
21	Health Point				033-3302XXXX	he*****@gmail.com	134/A, Raja Rajendra Lal Mitra Road Phool Bagan, Beliaghata, Kolkata - 700085, Near Phool Bagan Kali Mandir	Kolkata	
22	Karma Fitness Studio			+91 98300 XXXXX	033-3302XXXX	ka*****@gmail.com	P 5/45, Lake Road, Kolkata - 700029, Nera Vivekananda Park	Kolkata	
23	Kick Fitness Gym		Gymnasiums/health Clubs	+91 90070 XXXXX	033-3299XXXX	ki*****@gmail.com	82 3rd Floor, Park Street, Kolkata - 700017, Near 7 Point Crossing	Kolkata	700033
24	Kronos Gym & Slimming Centre		Gymnasiums/health Clubs	+91 98301 XXXXX	033-3057XXXX	kr*****@gmail.com	58, Sarat Bose Road, Bhawanipur, Near Health Point	Kolkata	700025
25	Krrunch Gym		Gymnasiums/health Clubs	+91 90079 XXXXX	033-4060XXXX	kr*****@gmail.com	59 A, 2 Floor, Southend Park, Gariahat, Opposite Amri Hospital, Golpark	Kolkata	700019
26	Mallicks Sports & Mallicks Fitness World			+91 90517 XXXXX	0100724XXXX	aj*****@gmail.com	121, Motilal Colony, Kolkata - 700028, Jessor Road near 1 No. Gate of Airport, 1 No. Kali Mandir, Masjid	Kolkata	
27	Mantra Health Club			+91 97484 XXXXX	033-2545XXXX	ma*****@yahoo.com	Axis Bank Building, 4(2) S.N. Bannerjee Road, Kolkata - 700120, Champa Cinama Hall	Kolkata	
28	Modern N Gold Gym	Tapan	Gymnasiums/health Clubs	+91 90077 XXXXX			175, Ground Floor, near Big Bazar Birati	Kolkata	700051
29	Moksha Gym Moulali		Gymnasiums/health Clubs	+91 99031 XXXXX	033-4060XXXX	fa*****@rediffmail.com	28, Convent Road, Indian Mirror St, Beside Ram Lila Park(cit Road)	Kolkata	700013

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30	Mr Indias Well Gym	Prantosh Dey	Gymnasiums/health Clubs	+91 98304XXXXX		mr.....@gmail.com	Boraichanditala, Hooghly	Kolkata	712136
31	Mukherjee Multi Gym	Indrajeet Mukhrjee	Gymnasiums/health Clubs	+91 93397XXXXX		mu.....@yahoo.com	No. 295, in J K Street Hooghly	Kolkata	712258
32	Om K D Gym Yoga & Meditation	Kuntak	Gymnasiums/health Clubs	+91 98831XXXXX		ku.....@rediffmail.com	2/67 -A, Opposite Indira Maidan, Motijhil	Kolkata	700074
33	Park Hotel, the	S. H. Rehman			033-2249XXXX	re.....@theparkhotels.com	17, Park Street	Kolkata	700016
34	Physiomax				033-3313XXXX	ph.....@live.com	Aishwarya Apartment, 240, Jessore Road, Kolkata - 700028, Near Nagerbazaar More Clive House	Kolkata	
35	Power Flex Gym		Gymnasiums/health Clubs	+91 98360XXXXX		po.....@gmail.com	Maa Tara Apartment, AA-48, 49, Krishnapur Road, Near Ranikuthi Marriage Hall	Kolkata	700101
36	Power House Gym		Gymnasiums/health Clubs	+91 98047XXXXX	033-3313XXXX	su.....@gmail.com	114/115, Bidhan Pally, Patipukur, Near Netaji Sanga Club	Kolkata	700048
37	Rave Fitness Studio				033-3313XXXX	ra.....@gmail.com	220, Ground Floor, Aje Bose Road, Kolkata - 700017, Opposite La Martinieri School Back Gate	Kolkata	
38	Rejuve the Lalit Great Eastern			+91 91633XXXXX		ko.....@thelalit.com	1 2 3, Old Court Road, Kolkata - 700069, Near Raj Bhawan	Kolkata	
39	Reva Puri	Dev Raj Puri	Gymnasiums/health Clubs	+91 90074XXXXX	033-2283XXXX	ri.....@hotmail.com	9/3, Latira Appartment Flat 5B, Hungerford Street (near Minto Park), Kolkata - 700017, Near Birla High School	Kolkata	700013
40	Roof Top Gym		Gymnasiums/health Clubs	+91 96746XXXXX	033-2484XXXX		3/119, Garfa Main Road, Haltu, Near Nandibagan	Kolkata	700078
41	Rush Fitness			+91 98366XXXXX	033-3262XXXX	ip.....@rushfitness.co.in	3 A, Raikva, 5th Floor, Room No 1, Rammohan Mullick Garden Lane, Kolkata - 700010, Opposite Salt Lake Stadium on Em Bypass	Kolkata	
42	Rush Fitness			+91 96740XXXXX	033-3192XXXX		22, Kolkata - 700016, Above Pantaloons	Kolkata	
43	Shakti Sangha Gymnasiums	Viswajeet Saha	Gymnasiums/health Clubs	+91 91432XXXXX	033-4328XXXX		No. 16/1/1, near Muchipara Bus Stop Ultadanga	Kolkata	700067
44	Shape Up Health & Fitness Club		Gymnasiums/health Clubs	+91 98315XXXXX		di.....@hotmail.com	35, Dr Abani Dutta Road, Howrah, Vindychal Apartment, Little Kingdom	Kolkata	711101
45	Soul of Strength			+91 83358XXXXX	033-4066XXXX	ra.....@gmail.com	149/2A, Rashbihari Avenue, Kolkata - 700029, Beside of Basanti Devi College	Kolkata	
46	Soumens Workout			+91 98302XXXXX	033-3315XXXX	so.....@gmail.com	2 No, Ashutosh Mukherjee Road, Kolkata - 700020, Near P.C Chandra Jewellers Elgin Branch	Kolkata	

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47	Star Gym	Sobita	Gymnasiums/health Clubs	+91 92318 XXXXX		th.....@gmail.com	Tarapurur Main Road, Agarpara, Near Avani Kali Mandir	Kolkata	700109
48	Super Multi Gym	Arnab Das	Gymnasiums/health Clubs	+91 98361 XXXXX		ar.....@gmail.com	Post-Bamangachi, Baisali p.s.-Duttapurur, North 24 Parganas	Kolkata	743248
49	TERMINATOR9 the Fitness Hub			+91 97486 XXXXX	033-4015XXXX	ni.....@gmail.com	Kolkata - 700064, Opposite To Amit Towers	Kolkata	
50	Taj Bengal	Vineet Verma			033-2223XXXX	be.....@tajhotel.com	34-B, Belvedere Road, Alipore	Kolkata	700027
51	Talwalkars Better Value Fitness Ltd				033-3302XXXX	bm.....@yahoo.com	14 A, Burdwan Road, Kolkata - 700027, Near Reliance Web World	Kolkata	
52	Talwalkars Better Value Fitness Ltd				033-3301XXXX	ci.....@talwalkars.net	13/1/1A, 1st Floor, Akshara Park, Surah East Road, Cit Road, Kolkata - 700010, Opposite Jora Petrol Pump	Kolkata	
53	Terminator 9			+91 98304 XXXXX	033-4004XXXX	in...@terminator9.com	En 13, 8th Floor, Sector 5, Salt Lake City, Kolkata - 700091, Near Webel More	Kolkata	
54	The Soleus Gym	Sonjay	Gymnasiums/health Clubs	+91 90071 XXXXX	033-2591XXXX	gy.....@yahoo.co.in	BD-203, Kamal Park, Kestoput, Rabindra Pally, Opposite HDFC Bank	Kolkata	700102
55	Tirupati Bag Centre	Mohit Jain		+91 98317 XXXXX	033-2272XXXX	tj.....@gmail.com	No. 190 Jamunalal Bajaj Street Burrabazar, Near Burrabazar Police Station	Kolkata	700007
56	Tremor Gym		Gymnasiums/health Clubs	+91 98368 XXXXX		en.....@tremorgym.com	156, 1st Floor, Jessore Road, Beside Diamond Plaza Mall, Dum Dum	Kolkata	700074
57	Tri Fitness			+91 98307 XXXXX		in...@trifitness.net	149 A, Rajsekhar Bose Sarani, Kolkata - 700025, Golmath	Kolkata	
58	Vancrafts	Nikhil		+91 98365 XXXXX		va.....@yahoo.co.in	Dalhousie near Lalit Great Eastern Hotel	Kolkata	700069
59	Wake Up Multigym		Gymnasiums/health Clubs	+91 98312 XXXXX	033-6540XXXX	pi.....@gmail.com	38/2, G T Road North, Howrah, Opposite Bridge and Roof Co. Ltd	Kolkata	711101
60	Wtf- Way To Fitness			+91 98311 XXXXX		wa.....@gmail.com	2, Gouri Sankar Lane, Kolkata - 700006, Between Girish Park Metro and Shobhabazar on Central Avenue	Kolkata	

Questions

How many gyms & fitness centres are there in Kolkata?

This list has 400 gyms & fitness centres in Kolkata, West Bengal with contact details, 80% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Kolkata?

Download this list in Excel: 400 contacts, 80% with a mobile number and 49% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Kolkata have the most gyms & fitness centres?

Salt Lake City Sector 1 (6), Alipore (4), Dum Dum (4), Naktala (4) and Salt Lake City-Bidhan Nagar (4).

Is there a free gyms & fitness centres list PDF for Kolkata?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.