

Gyms & Fitness Centres in Maharashtra: contact list (free sample PDF)

5,201 contacts · 90% with mobile numbers · 40% with emails · 39% with landlines · Updated Oct 2026 · Full list ₹499 (90% off)

This list has 5,201 gyms & fitness centres in Maharashtra with contact details. 90% have a mobile number, 40% an email address, 39% a landline and 14% a website. 97% come with a street address, 47% with the contact person's name and 54% with a PIN code.

They are spread over 10 cities and towns; the most are in Mumbai (3,600), Pune (1,228) and Nagpur (146), followed by Nashik, Aurangabad-Maharashtra and Solapur.

By category, the biggest groups are Gymnasiums/health Clubs (1,561), Yoga Centres (276) and Fitness Trainers & Consultants (229).

Get all 5,201 contacts in Excel: <https://starleads.in/data/gyms-fitness-centres-in-maharashtra/>

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Jaideep Power Solution Private Limited		91-8048087172	+91 93228 XXXXX		ja*****@gmail.com		Ambarnath	
2	Health Centre Gym		Gymnasiums/health Clubs	+91 97656 XXXXX			Murtijapur Road Daryapur	Amravati	444803
3	Life Fitness Gym		Gymnasiums/health Clubs	+91 72763 XXXXX			Samrudhi Arcade, Congress Nagar Road, Amravati Ho, Rukhimini Nagar	Amravati	444601
4	Life Fitness Gym		Gymnasiums/health Clubs	+91 96377 XXXXX			Samrudhi Arcade, Congress Nagar Road, Rukhmini Nagar, Opposite Science Score Ground	Amravati	444606
5	Ahlan Bags	Faisal Darbar		+91 97650 XXXXX		ah*****@gmail.com	Near City Chowk Police Station	Aurangabad	431001
6	Aurangabad Gymkhana Club	Nalin Surana	Gymnasiums/health Clubs	+91 90288 XXXXX		re*****@agcindia.com	Plot No. P60, Mukunwadi Circle, Besides Pvr Theatre, Airport Road	Aurangabad	
7	Barbarian Power Gym		Gymnasiums/health Clubs	+91 98233 XXXXX			V.I.P. Road	Aurangabad	431001
8	Body Kraft Gym	Manager	Gymnasiums/health Clubs	+91 98600 XXXXX		bo*****@gmail.com	Rahul Hostel, Infront of Mgm Hospital	Aurangabad	
9	Gymma Techno Plast	Prashant Dankh	Gymnasiums/health Clubs	+91 96379 XXXXX		pd*****@gmail.com	E- 91/2, MIDC, Waluj	Aurangabad	
10	Abs Fitness and Wellness Club			+91 91585 XXXXX	0240-660XXXX	au*****@absfitness.in	Gala No G 76, Prozone Mall, Aurangabad-Maharashtra - 431003, Next To Flame and Grill Restaurant	Aurangabad-Maharashtra	

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11	Bodhekars Lifestyle Gym and Fitness Mall			+91 98222XXXXX	0240-240XXXX	sa.....@gmail.com	Sudarshan Residency, Aurangabad-Maharashtra - 431009, Near Sant Eknath Hospital	Aurangabad-Maharashtra	
12	Dr Abhis International Holistic Medispa			+91 95950XXXXX	0240-600XXXX	ab.....@gmail.com	85, Mukta New Sbh Colony, Amarpreet Darga Road, Aurangabad-Maharashtra - 431005, Opposite Varad Hospital	Aurangabad-Maharashtra	
13	Mgm Sports Club and Stadium			+91 78873XXXXX	0240-657XXXX	ma.....@mgmsportsclub.com	Mgm Campus, N 6 Road, Aurangabad-Maharashtra - 431003, Near Aagman Guest House and the Salt Restaurant	Aurangabad-Maharashtra	
14	Talwalkars Better Value Fitness Ltd			+91 94224XXXXX	0240-234XXXX	sa.....@talwalkars.net	3rd Floor, Pagariya Tower, Adalat Road, Aurangabad-Maharashtra - 431001, Hotel Ashoka Compound	Aurangabad-Maharashtra	
15	Maharani Laxmi Gymkhana Club		Gymnasiums/health Clubs	+91 98906XXXXX			Main Road, Dasara Chowk Opposite State Bank of India	Kolhapur	416002
16	Mithari Gym and Fitness		Gymnasiums/health Clubs	+91 99220XXXXX			National Highway Main Road, Gokul Shirgaon MIDC, Opposite Hotel Hariprasad	Kolhapur	416234
17	R G Gym Health Club		Gymnasiums/health Clubs	+91 90284XXXXX			04 Number Bus Stop, Mahatma Jotirao Phule Society Back Side Basement, Rankala	Kolhapur	416010
18	Academy of Self Defence	Mr Sharif Bapu	Fitness Trainers & Consultants	+91 98210XXXXX	022-2636XXXX	as.....@gmail.com	B/64 Ganga Bhavan, J P Road, Mumbai - 400061, Opposite Everest Building Versova	Mumbai	400058
19	Barbarian Power Gym Pvt Ltd	Urvish Patel	Gymnasiums/health Clubs	+91 98214XXXXX	022-4016XXXX	ba.....@yahoo.com	Second Floor Iscon Mall, 319, Solapur Mumbai High Way, Opposite Rajhans Cinema	Mumbai	400058
20	Big Boss the Gym	Naimesh	Gymnasiums/health Clubs	+91 98923XXXXX	022-2925XXXX	bi.....@gmail.com	Imperium Building, Shop No. 3, Marol-Maroshi Road, Andheri East, Opposite Police Camp	Mumbai	400059
21	Bodyworks Weight Management Specialists	MS Venu Hirani	Gymnasiums/health Clubs	+91 98209XXXXX	022-2624XXXX	ve.....@gmail.com	C 305, Shiv Ashish, 66 S V Road, Opposite ICICI Bank, Next To Vijay Sales	Mumbai	400058
22	De Mantra	Dr Meghana Dikshit	Gymnasiums/health Clubs	+91 96194XXXXX	022-2631XXXX	de.....@gmail.com	Row House No 55, Meher Bungalow, Near Lokhandwala Back Road	Mumbai	400058
23	Divyayoga Ashram	Divyayoga Shop	Yoga Training Centres	+91 86524XXXXX	022-6588XXXX	di.....@yahoo.com	Bhayander East Kharadi Road 12/32/103	Mumbai	401105
24	E Gym	Sachin Tiwari	Gymnasiums/health Clubs	+91 92263XXXXX	022-6515XXXX	eg.....@gmail.com	202.RAJESH Centre, S.V Road Above Cafe Alfa, Andheri West, Andheri Railway Station	Mumbai	400058

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25	Golds Gym	Shivani	Gymnasiums/health Clubs	+91 92235 XXXXX	022-4210XXXX	sh*****@goldsgymindia.com	3rd Floor, Om Heera Panna Shopping Mall, Andheri West, Mumbai - 400053, Opposite City International School, Behind Oshiwara Police Station	Mumbai	400026
26	Hercules Health Center	Mr Yeshwant Sawant	Gymnasiums/health Clubs	+91 72083 XXXXX	022-2818XXXX	sa*****@gmail.com	Shop No 3, Sahakar Apartment, 3rd Cross Nandi Durga Road, Near Maharana Pratap Garden	Mumbai	401105
27	K R Health Studio	Vandhana	Yoga Training Centres	+91 97684 XXXXX	022-6561XXXX	in***@krhealthstudio.com	Building No 4, Neel Gagan, 102, Mangal Bazar	Mumbai	400053
28	Lil Munchkins	Ekta Bhatia	Gymnasiums/health Clubs	+91 98190 XXXXX	022-3221XXXX	li*****@gmail.com	Alankar Apartment, 1st Floor, Lallubhai Park Road, Mumbai - 400058, Opposite Rajasthan Vidyarthi Gruha	Mumbai	400052
29	My Gym	Rishi and Monia	Gymnasiums/health Clubs	+91 96199 XXXXX	022-2651XXXX	ri***@mygym-india.com	402, 4th Floor, The Silver Pearl Building, Waterfield Road, Bandra West, Opposite China Gate Restaurant	Mumbai	400050
30	Planet Health	Mr Ravinder	Gymnasiums/health Clubs	+91 98332 XXXXX	022-2826XXXX	in***@planethealth.com	Navjeevan Commercial Premises, 12th Flr, Room NO.25, Lamington Road, Near Grant, Road Station, Mumbai - 400004	Mumbai	400029
31	Shredzz Fitness	Ragini	Aerobics Centres	+91 90290 XXXXX	022-2899XXXX	in***@shredzzfitness.com	Pushp Vinod 1, S V Road, Mumbai - 400092, Kora Kendra, Behind Mc Donalds	Mumbai	400058
32	Stamina Gym	Mr Israr Khan	Gymnasiums/health Clubs	+91 93242 XXXXX	022-2834XXXX	st*****@gmail.com	2 Fernandes House, Ground Floor, Sb Road, Andheri East, Next To Monarch Nagar & Opp Monginis Cake Shop, J B Nagar	Mumbai	400059
33	Sy kz Total Fitness	Bonnie Dsouza	Gymnasiums/health Clubs	+91 98209 XXXXX	022-6692XXXX	sy*****@ymail.com	201/214, Samarth Vaibhav, Mumbai - 400053, Opposite Pizza Hut, Off New Link Road, Oshiwara	Mumbai	400102
34	Talwalkars Better Value Fitness Ltd	Talwalkars	Gymnasiums/health Clubs	+91 93242 XXXXX	022-3858XXXX	an*****@talwalkars.net	196, Togh House, Andheri Kurla Road, J B Nagar, Opposite Kohinoor Continental, Near ICICI Bank	Mumbai	400059
35	Beyond the Fitness Gym		Gymnasiums/health Clubs	+91 91453 XXXXX		be*****@gmail.com	Plot No 2/3, Indraprasth Layout, Khamla Road, Opposite Gulmohar Hall, Tata Motors	Nagpur	440025
36	Indian Gymkhana	Rajendra Awasthi	Gymnasiums/health Clubs	+91 92269 XXXXX		in*****@gmail.com	Indian Gymkhana, Dr Munje Marg, Dhantoli, Nagpur - 440012, Near Rambagh	Nagpur	440010
37	Occimo System Limited	Jeet		+91 96658 XXXXX	0712-228XXXX	co*****@occimosystem.com	No. 49 Ganesh Colony Ranapratap Nagar, Near Ranapratap Square	Nagpur	440022

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38	Sakar Fair Trade Incorporated	Vishakha Rao Jathar		+91 93254 XXXXX		ra*****@ gmail.com	Rangresha Goodwill Shoppee Shop No. 22 Laxmi Vaibhav Building Laxmi Nagar Chowk, Near Laxmi Nagar Chowk	Nagpur	440022
39	Talwalkars Gym			+91 71266 XXXXX	0712-664XXXX	ta***** @rediffmail.com	4/1 J P Heights Ground Floor, Nagpur - 440013, Gondvana Chowk Besides Rbi Officers Colony	Nagpur	
40	Aas Fitness and Wellness			+91 78757 XXXXX	0253-659XXXX	aa*****@gmail.com	Ground Floor, Krushna Darshan, Trimurti Khutwadnagar Link Road, Nashik - 422008, Shiv Shakti Nagar, Kamathwade	Nashik	
41	Golds Gym	Chetan Kinhikar	Gymnasiums/health Clubs	+91 90499 XXXXX	0253-231XXXX	ch*****@rediffmail. com	2nd Floor, Vasant Market, College Road, Canada Corner, Nashik, Above Reliance Fresh	Nashik	422005
42	Intense Gym		Gymnasiums/health Clubs	+91 77699 XXXXX	0253-664XXXX	in***@intensegymindia.c om	1st Floor, Rushiraj Tower, Jain Circle, Gangapur Road, Opp Hotel Curry Leaves	Nashik	422005
43	Talwalkars Better Value Fitness Ltd			+91 94212 XXXXX	0253-241XXXX	sa*****@talwalkars.n et	Plot No 2, 1st Floor, Suyojit Arcade, Nashik Poona Road, Nashik - 422101, Bodhale Nagar, Survey No 851/ 1 To 4/ 2	Nashik	
44	Urjaa Health Club & Fitness Centre			+91 94222 XXXXX	0253-659XXXX	in***@urjaatheenergy.co m	Suyojit Sankul, Nashik - 422002, Near Rajiv Gandhi Bhavan, Sharanpur Road	Nashik	
45	Abs Fitness & Wellness Club	Shalu	Gymnasiums/health Clubs	+91 98222 XXXXX	022-3058XXXX	sa***@absfitness.in	C/o Nucleus Mall, 3rd Floor, Church Road No 1, Opposite Gpo, Daxini Society, Opposite Commissioner Office	Pune	411001
46	Golds Gym	Mr Anil	Gymnasiums/health Clubs	+91 96040 XXXXX	020-2588XXXX	lc*****@goldsgymindia .com	Shop No 127/1A 1st Floor Server Space A G Technology Park Gaikwad Avenue, Hotel Sarjaa Lane, Pune - 411007	Pune	411004
47	Home Fitness Center	Sanjit	Gymnasiums/health Clubs	+91 98909 XXXXX	020-2746XXXX	or*****@hotma il.com	Empire Eilafe, 6 7, Ashwath Nagar Cross, Sadiq Layout, Thanisandra Main Road	Pune	411001
48	Optimum Health the Gym	Rahel	Gymnasiums/health Clubs	+91 77588 XXXXX	020-2528XXXX	ad***@optimumfitness.i n	Bunval Cornet, Paud Road, Bhusari Colony, Near Kothrud Bus Depo	Pune	411029
49	Param Yoga	Dr Renu Mahtani	Yoga Training Centres	+91 99231 XXXXX	020-4120XXXX	pa*****@gmail .com	Millennium Star, 407, Opposite Sattadhar Society, Near Kalasagar Mall	Pune	411001
50	Chakote Gym & Fitness Center		Gymnasiums/health Clubs	+91 84838 XXXXX		ch*****@g mail.com	2nd Floor Supriya Arcade, 174/A Bhawani Peth, Solapur - 413002, Near Korean Petrol Pump	Solapur	411042

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51	Slim Health Club			+91 93718 XXXXX	0217-260XXXX	sl*****@gmail.com	Plot No 24 Shree Gruh Sajawat, Hotgi Road, Solapur - 413001, In Front of Lokhandwala Complex	Solapur	
52	Surya Fitness Studio			+91 98901 XXXXX	0217-274XXXX		Satyalaxmi Towers, New Pachha Peth, Solapur - 413005, Near Burla School	Solapur	
53	Talwalkars Better Value Fitness Ltd			+91 95458 XXXXX	0217-231XXXX	sa*****@talwalkars.net	1st Floor, Mantri Chandak Icon, Cts 203 (part), Saat Rasta, Solapur - 413001, Opposite Ladies Hostel	Solapur	
54	Tns Fitness			+91 80555 XXXXX	0217-320XXXX	in***@tnsfitness.in	34/A 1st Floor Chippa Complex, Opposite Old Wit College, Solapur - 413005, New Pacha Peth	Solapur	
55	Baggit	Kiran Awale		+91 96190 XXXXX	022-6170XXXX	kr*****@gmail.com	Viviana Mall 1st Floor, Behind Jupiter Hospital	Thane	421306
56	Future Buss Gym Swimming Pool	Abdulaziz Farooqui	Gymnasiums/health Clubs	+91 97665 XXXXX			Shop No 1 Grn Flr Arbaaz Mansion	Thane	400612
57	Future Fitness Gymkhana	Arbaaz Farooqui	Gymnasiums/health Clubs	+91 77385 XXXXX			Future Fitness Gymkhana	Thane	400612
58	Gold's Gym Inc, USA	Ajay Deole	Gymnasiums/health Clubs	+91 98202 XXXXX		aj*****@hotmail.com	18/202, Tulsidham Complex, Off Ghodbunder Road, Thane (w) : 400 607 Maharashtra (india)	Thane	
59	Kinjal Textiles India Private Limited	Ravindra Gaikwad		+91 99200 XXXXX		ra*****@kinjaltextile.com	Shop No. 2 Kiran Apartment Thane-Belapur Road Vitwa Naka Kalwa, Near Thane-Belapur Road	Thane	400605
60	Creative Associates	Mr Dinesh Vengurlekar				cr*****@rediffmail.com	Shop NO.17, Gokul Nagari I, 90 Ft Road, Kandivali (e), Mumbai-400101	W.E. Highway	

Questions

How many gyms & fitness centres are there in Maharashtra?

This list has 5,201 gyms & fitness centres in Maharashtra with contact details, 90% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Maharashtra?

Download this list in Excel: 5,201 contacts, 90% with a mobile number and 40% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Maharashtra have the most gyms & fitness centres?

Mumbai (3,600), Pune (1,228), Nagpur (146), Nashik (69) and Aurangabad-Maharashtra (67).

Is there a free gyms & fitness centres list PDF for Maharashtra?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.