Starleads

Gyms & Fitness Centres in Mumbai: contact list (free sample PDF)

3,338 contacts · **91%** with mobile numbers · **32%** with emails · **40%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 3,338 gyms & fitness centres in Mumbai, Maharashtra with contact details. 91% have a mobile number, 32% an email address, 40% a landline and 6% a website. 97% come with a street address, 57% with the contact person's name and 55% with a PIN code.

Where a locality is given, most are in Andheri West (201), Malad West (93) and Andheri East (83), followed by Kandivali West, Borivali West and Bandra West.

Mumbai has the largest list of the 7 cities with a gyms & fitness centres list in Starleads' data, ahead of Bengaluru (1,307) and Pune (1,106). It holds 70% of the gyms & fitness centres in Maharashtra.

By category, the biggest groups are Gymnasiums/health Clubs (840), Yoga Centres (253) and Fitness Trainers & Consultants (199).

Get all 3,338 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-in-mumbai/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	A R L Fitness	Mr Avdhut Lolayekar	Gymnasiums/health Clubs	+91 98693 XXXXX	022-2818XXXX	av••••••••@yahoo.com	Bhayander East 1st Cross, Abhaya Reddy Layout, Kaggadasapura Main Road A/303, Gajananad Apartment, Bak	Mumbai	401105
2	Aakriti Fitness	Jitu	Fitness Trainers & Consultants	+91 98199 XXXXX	022-2377XXXX	aa••••••••••••@hotmail.com	Shivdershan Building Umar Khada, Shop-5, Motor Market	Mumbai	400009
3	Aerofit Health Club	Mukesh Markaj	Gyms	+91 98678 XXXXX	022-2594XXXX	ae•••••••••@gmail.com	Fuggawala Estate, Quarry Road, Behind Mangatram Petrol Pump, Maharashtra Nagar	Mumbai	400078
4	Aeroyoga Fitness Centre	Rabin Dutta	Gymnasiums/health Clubs	+91 92244 XXXXX		ra•••••••••@yahoo.com	J N Road, Near Main Road	Mumbai	401105
5	Afton Health and Fitness Equipment	Mr Bharat	Gymnasiums/health Clubs	+91 98924 XXXXX	022-6528XXXX	bh•••••••@gmail.com	Lily Vila Roof Garden, 21 Convent Road, Bandra W, Mumbai - 400050	Mumbai	400080
6	Aim Life	Mr Sudhir B Dhrangdhari	Yoga Training Centres	+91 98699 XXXXX	022-2670XXXX	su••••••••@hotmail.com	Blind School, Lalubhai Park Roa, Opposite Sardar Patel Garden	Mumbai	400053
7	Ashtanga Yoga Mumbai	Suvir	Yoga Centres	+91 98925 XXXXX		dr••••••••@hotmail.com	No. 307, 3rd Floor, Near Honda Showroom	Mumbai	400053
8	Baggit India Private Limited	Bhavesh Jain		+91 98331 XXXXX	022-2471XXXX	bh•••••@baggit.com	No. 103 Narayan Udyog Bhavan	Mumbai	400012
9	Body Art Fitness Center	Vidya	Gyms	+91 98693 XXXXX	022-2380XXXX	ka••••••••••@gmail.com	Modi Lodge Building, Watcha Gandhi Road, Behind Westside	Mumbai	400007
10	Body Design	Krishna Verma	Gymnasiums/health Clubs	+91 98213 XXXXX	022-2634XXXX	bo•••••••••••@gmail.com	Silver Anklet Complex, Varsodas Chali, Ram Nagar, Next To Station Anthony School	Mumbai	400061

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11	Body Temple Gym		Gymnasiums/health Clubs	+91 93212 XXXXX	022-6956XXXX	sh••••••••••••@yahoo.com	Milton House, L B S Marg, Bhandup West, Near Bhandup Police Station	Mumbai	400078
12	Carewell Fitness the Gym	Jyoti	Gymnasiums/health Clubs	+91 96199 XXXXX	022-2847XXXX	ca••••••••••••••@yahoo.co.in	Cts 43, 1st Floor, Chandivali Road, Opposite Raheja Vihar Road, Near Chandivali Studio, Next To ICICI Bank	Mumbai	400072
13	Cutz N Curvz	Jinzic	Gyms	+91 99879 XXXXX	022-6012XXXX	sa•••••@gmail.com	1st Floor Siver Astra, Konvidid Road, Above Tmc Co-Operative Bank Jb Nagar	Mumbai	400059
14	Dhanwantri Kerala Ayurved	Mr Ajit Kalloor	Gymnasiums/health Clubs	+91 98208 XXXXX	022-3254XXXX		Ground Floor, B Wing, Shubham, Opposite Holy Family Church	Mumbai	400069
15	Divyayoga Ashram	Divyayoga Shop	Yoga Training Centres	+91 86524 XXXXX	022-6588XXXX	di••••••••••••@yahoo.com	Bhayander East Kharadi Road 12/32/103	Mumbai	401105
16	Diya Health Care	Dr Veena Nisar	Gymnasiums/health Clubs	+91 98207 XXXXX	022-2590XXXX	ve••••••••@rediffmail.com	Panch Rasta, Pk Road, 102, Billeshwar Tower, 1st Floor, Subramanya Nagar, Industrial Suburb, Above New Safe Life Chemist	Mumbai	400080
17	Elite Fitness	Mr Sunil Kudva	Gymnasiums/health Clubs	+91 93210 XXXXX	022-2386XXXX	el••••••••••••••••@gmail.com	2nd Floor, Shoeb Manzil, Carter Road, New Kant Wadi Road, Mumbai - 400050, Near Ambedkar Garden, Near Otters Club, Above State Bank of India, Off Perry Cross Road	Mumbai	400007
18	Evolve Fitness Centre	MS Trupti	Gymnasiums/health Clubs	+91 99675 XXXXX	022-2504XXXX	in•••@evolveclubs.com	5 A, Jaylaxmi Industrial Premises, Khetani Estate, Bazar Ward	Mumbai	400070
19	Face Gym	Manager	Gymnasiums/health Clubs	+91 98213 XXXXX	022-6500XXXX	fa••••••••••@gmail.com	B-601, Saidham Infinity, Plot No. 499, 16th Road, Khar West	Mumbai	400053
20	Fitness First	Francis	Gyms	+91 99877 XXXXX		ma•••••••••@fitnessfirst.net.in	No. 2, Near in Mega Mall	Mumbai	400104
21	Fitness Hub	Mr Ketan Sanghani	Gymnasiums/health Clubs	+91 98191 XXXXX	022-2837XXXX	sa••••••••••••@gmail.com	Dubay Building Compound, Old Nagardas Road, Mumbai - 400059, Opp Veerashaiva Co-Op Bank	Mumbai	400069
22	Fitness World	Prof P K Singh	Slimming Centres	+91 98213 XXXXX	022-2632XXXX	pk••••••••••@hotmail.com	Mahilashram Road, Opp Arora Cinema, Kings Circle, Mumbai - 400019	Mumbai	400053
23	Fun & Fit Gym Pvt Ltd	Rabi	Gymnasiums/health Clubs	+91 90290 XXXXX	022-2774XXXX	fu••••••••••@rediffmail.com	1 Floor, Date Mangal Karyalay, Station Road, Thane, Near Pooja Madhuban Cinema	Mumbai	421201
24	Get Fit Pvt Ltd	Teena	Gymnasiums/health Clubs	+91 93242 XXXXX	022-2632XXXX	ge•••••••@gmail.com	2/3 & 4 Fantasy Apts, Seven Bungalows, J P Road, Versova, Mumbai - 400061	Mumbai	400053
25	Golds Gym	Rajesh	Gymnasiums/health Clubs	+91 99202 XXXXX	022-2526XXXX	tr••••••••••••••@ymail.com	Paras Villa, Sector No 2, Plot No 12, Wagle Estate, Shree Nagar, Thane W, Mumbai - 400601	Mumbai	400071

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26	Grace Fitness Centre	Mr Amol	Gymnasiums/health Clubs	+91 98696 XXXXX	022-6515XXXX	gr••••••••••@gmail.com	Shop NO.23/24, Centrium Mall, Akurli Road, Mumbai - 400101, Lokhandwala Foundation School, Above HDFC Bank	Mumbai	400063
27	Gsown Vacation Circle	Suresh	Gymnasiums/health Clubs	+91 98702 XXXXX	022-4075XXXX	gs••••••••••••••••@gmail.com	Building No 125, Laxmi Vijay Building, Office No 32, 19th Main Road	Mumbai	400058
28	Health Mantras Ltd	Binisha Naik	Gymnasiums/health Clubs	+91 98203 XXXXX	022-6534XXXX	bi••••••••••@yahoo.com	Ground Floor, Poruchespy Building, Bhimjipura Cross Road Vadaj Bus Stop Nava Vadaj	Mumbai	400058
29	Health Wealth Nutrition	Mr Sanjay Tawde	Fitness Trainers & Consultants	+91 98924 XXXXX		sa••••••••••@gmail.com	C/o the Dreams Mall, Lower Gro, Defence R and De Cooperative Housing Society, Kalas Alandi Road, Near Bhandup Railway Station	Mumbai	400078
30	I Think Fitness Opening Shortly	Dhiraj	Gymnasiums/health Clubs	+91 98702 XXXXX	022-2651XXXX	ra••••@ithinkfitness.in	4th Floor, St. Paul Media Complex, 24th Road, Opp Duruelo Convent School	Mumbai	400050
31	I Wear Me Fashions Private Limited	Hina Palkar		+91 98207 XXXXX		fa••••••••••••••@gmail.com	No. 401-B Annapurna Apartments, 4th Floor Andheri West	Mumbai	400053
32	K Eleven Fitness Management Company Pvt Ltd	Miss Radha	Gymnasiums/health Clubs	+91 91677 XXXXX	022-2621XXXX	ac•••••@keleven.com	Gokul Sumati Vidya Kendra Building, 13, Near Iskcon Temple	Mumbai	411005
33	Kavita Sheth	Bhavesh	Gymnasiums/health Clubs	+91 92232 XXXXX	022-6582XXXX	dr••••••••••••@rediffmail.com	The Classique Club, Bhd Infinity Mall, Oshiwara Link Road, Mumbai - 400102	Mumbai	400058
34	Millenium	Santosh Reddy	Gymnasiums/health Clubs	+91 98338 XXXXX	022-6798XXXX	mi••••••••••@rediffmail.com	Station Plaza, C-127, Station Road	Mumbai	400078
35	Mulund Gymkhana	Kaushik	Gymnasiums/health Clubs	+91 98693 XXXXX	022-2163XXXX	ma•••@mulundgymkhana.org.in	Navghar Road, Mulund East, Opposite Shahani Colony	Mumbai	400081
36	Mumbai Scrabble Club	MS Carolann	Gymnasiums/health Clubs	+91 98216 XXXXX	022-2642XXXX		Bandra West Hindu Colony Bandra West	Mumbai	400050
37	My Gym	Rishi and Monia	Gymnasiums/health Clubs	+91 96199 XXXXX	022-2651XXXX	ri•••@mygym-india.com	402, 4th Floor, The Silver Pearl Building, Waterfield Road, Bandra West, Opposite China Gate Restaurant	Mumbai	400050
38	Natural Health Centre	Mr Pramod Vora	Gymnasiums/health Clubs	+91 93248 XXXXX	022-2850XXXX		Ganga Shop NO.4, Manasarovar Cmplex, Opp Pleasant Park, Mira Bhayandar, Thane 401	Mumbai	400069
39	Osim	Mr Anil Shrivastav	Gymnasiums/health Clubs	+91 96198 XXXXX	022-2517XXXX	sa•••@osimindia.com	Showroom No 3, Amrit Bhavan, Madan Zampa Road, Near Standard Chartered Bank	Mumbai	400054
40	Peoples the Power Gym	Azal	Gymnasiums/health Clubs	+91 98203 XXXXX	022-2880XXXX	je•••••@peoplesgym.com	Ground Floor, Keshav Mansion, Khandelwal Complex, Evershine Nagar-Malad West, Next To Movie Time Cinema, Off Link Road	Mumbai	400064

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
41	Physioflex Gym	Chitranjan	Gymnasiums/health Clubs	+91 98335 XXXXX	022-2635XXXX	dr•••••••@rediffmail.com	Cottage-108, Aram Nagar 2, J P Road, Andheri West, Mumbai - 400061, Opp- Subway Restaurant	Mumbai	400058
42	Power House Health Club	Hemant Bhansali	Gymnasiums/health Clubs	+91 98200 XXXXX	022-2634XXXX	le••••••••••••@yahoo.com	Oakland Park, Yamuna Nagar, Mumbai - 400053, Near Millat Nagar	Mumbai	400069
43	Pro Fit Functional Fitness Centre	Rajesh Desai	Gymnasiums/health Clubs	+91 99673 XXXXX	022-6522XXXX	ad•••@profitgym.in	3rd Floor, Thakur Mall, Mumbai - 400101, Thakur Village, Thakur Cinema, Above Mc Donalds	Mumbai	400067
44	Qi Lifecare	Mr Dhiraj Pardeshi	Gymnasiums/health Clubs	+91 98920 XXXXX	022-6639XXXX	dh••••@qilifecare.com	1st Floor, Eros Cinema Building, West Wing, J Tata Road, Near Eros Cinema, Opposite Churchgate Station	Mumbai	400020
45	Raj Shree Yoga	Jayesh Vora	Yoga Training Centres	+91 93218 XXXXX	022-2437XXXX	ra••••••••••@gmail.com	Pandit Niwas, 1st Floor, 33, Near Oppsite Dsilva High School	Mumbai	400028
46	Revive Gymnasium	Mr Doshi	Gymnasiums/health Clubs	+91 98334 XXXXX	022-2847XXXX	so••••••••••@hotmail.com	108 Crystal Centre, Raheja Vihar, Powai, Mumbai - 400072, Off Chandivili Farm Road	Mumbai	400076
47	Sadgurus Mission Fitness	Ramdas Shenoy	Gymnasiums/health Clubs	+91 98202 XXXXX	022-2371XXXX	mi••••••••••••@gmail.com	1st & 2nd Floor, G/3 Building NO.1, Shankara Colony, Ghatkopar-Mankhurd Link Road, Mumbai - 400089, Opp Indian Oil Nagar	Mumbai	400009
48	Selection Centre Sports	Mr Shamim Khan	Gymnasiums/health Clubs	+91 97698 XXXXX	022-2670XXXX		Shop No 1 & 2 Plot No 29, Saool, St Road, Opposite Sports Complex	Mumbai	400058
49	Sunshine Fitness Technology	Mangesh Ghadi Guokr	Gymnasiums/health Clubs	+91 99200 XXXXX	022-6596XXXX	su••••••••••••@gmail.com	Kohinoor Mill Compound, 1987-02-01, Near Shanker Caterers	Mumbai	400014
50	Synergee Women Fitness Centre	Devi Dughal	Gymnasiums/health Clubs	+91 98200 XXXXX	022-2600XXXX	in•••@synergeefitness.com	1/AB, Diamond House, 1st Floor, Mundhwa Road, Opposite Grand Cut Piece	Mumbai	400050
51	Ten the Health Spa	Thomas	Gymnasiums/health Clubs	+91 98202 XXXXX	022-2644XXXX	te••••••••••••@gmail.com	19 A, Pali Road, Opposite Hsbc Bank Below Shruti Nursing Home	Mumbai	400050
52	The Acres Club	Shailesh Parikh	Gymnasiums/health Clubs	+91 98334 XXXXX	022-2522XXXX	sa•••@theacresclub.com	411/B, Sindhi Society, Hemu Kalani Marg, Mumbai - 400071, Near Bhakti Bhavan	Mumbai	400017
53	The Country Club	Firoj Khan Mr	Gymnasiums/health Clubs	+91 98198 XXXXX	022-4016XXXX		Prathmesh Complex, 723 A, Oshiwara	Mumbai	400069
54	The Little Company	Amrita Singh	Aerobics Training Centres	+91 98339 XXXXX	022-2649XXXX	am••••@thelittlecompany.co.in	House No 5, Bvk Iyengar Road, Next To Railway Headquarters, Carter Road	Mumbai	400050
55	Topspin India Health Care Pvt Ltd	Baqar Nasser	Gymnasiums/health Clubs	+91 99200 XXXXX	022-3206XXXX	in•••@topspinindia.com	Ground Floor, Alaknanda Building, 16/A, Malabar Hill, Opposite Katghara House, Near Manzoni	Mumbai	400036

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56	Trans Luggage Co	Pankaj S		+91 98208 XXXXX	022-2470XXXX	tr••••••@hotmail.com	217 Narayan Udyog Bhavan 7 Industrial Estates Lalbaug, 901 Crescent Bussiness Square Kherani Road Saki Naka Andheri (e) Mumbai-72	Mumbai	400012
57	Watson Fitness Centre	Rita Kotian	Gymnasiums/health Clubs	+91 91679 XXXXX	022-6584XXXX	ze••••••••@gmail.com	2nd Floor, 891 Notan Classic, Off Turner Road, Next To Tavaa Restaurant	Mumbai	400050
58	Waves Gym	Jennifer Dsouza		+91 98921 XXXXX	022-6677XXXX	sa•••••@wavesgym.com	506, 5th Floor, Morya Estate, New Link Road, Mumbai - 400053, Opposite Infinity Mall	Mumbai	
59	Yoga & You	Mamta Arora	Yoga Classes, Yoga Consultants	+91 97695 XXXXX	022-3297XXXX	ma••••••••••@rediffmail.com	114/116 Gogarp Mohalla, Near Paydhuni, Opposite Saisi School, Masjid, Mumbai - 400003	Mumbai	400050
60	Your Fitness Club	Rizwan	Gymnasiums/health Clubs	+91 93242 XXXXX	022-2621XXXX	ri••••••@yahoo.co.in	4th Kamal Mansion, 5th Cross 24th Main 2nd Phase, Next To Radio Club, Below Koyla Restaurant	Mumbai	400005

Questions

How many gyms & fitness centres are there in Mumbai?
This list has 3,338 gyms & fitness centres in Mumbai, Maharashtra with contact details, 91% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Mumbai?
Download this list in Excel: 3,338 contacts, 91% with a mobile number and 32% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Mumbai have the most gyms & fitness centres?
Andheri West (201), Malad West (93), Andheri East (83), Kandivali West (77) and Borivali West (67).

Which city in India has the most gyms & fitness centres?
In Starleads' data: Mumbai (3,338), Bengaluru (1,307), Pune (1,106). Mumbai is 1st of 7 cities. These are the counts of contacts in each list, not an official census.

Is there a free gyms & fitness centres list PDF for Mumbai?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.