Starleads

Gyms & Fitness Centres in Pune: contact list (free sample PDF)

1,106 contacts · **87%** with mobile numbers · **38%** with emails · **32%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 1,106 gyms & fitness centres in Pune, Maharashtra with contact details. 87% have a mobile number, 38% an email address, 32% a landline and 6% a website. 99% come with a street address, 28% with the contact person's name and 58% with a PIN code.

Where a locality is given, most are in Hadapsar (58), Kothrud (49) and Pimpri (24), followed by Sadashiv Peth, Dhankawadi and Katraj.

Pune's list is the 3rd largest of the 7 cities with a gyms & fitness centres list in Starleads' data, after Mumbai (3,338) and Bengaluru (1,307). It holds 23% of the gyms & fitness centres in Maharashtra.

By category, the biggest groups are Gymnasiums/health Clubs (491), Yoga Training Centres (72) and Gymnasium Equipments (58).

Get all 1,106 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-in-pune/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Afton Fitness Club	Mr M J Binwade	Gymnasiums/health Clubs	+91 93711 XXXXX	020-2720XXXX	sa••••••••@rediffmail.com	Shop No 4, Kapil Classic	Pune	411037
2	Agile Fitness	Mr Saurav	Gymnasiums/health Clubs	+91 97650 XXXXX	020-2729XXXX	mw••••••••@gmail.com	3rd Floor Rituraj Building, Baner Road, Pune - 411045, Near Mauli Garden near Petrol Pump	Pune	411037
3	All India Institute of Health Height & Yoga	MS Seema Aslekar	Yoga Training Centres	+91 98224 XXXXX	020-2444XXXX	so••••••••••@gmail.com	481 C, Visawa Shriprasad Chs, Panchami Hotel Lane, Navroji Hill Road Number 7	Pune	411009
4	Ayurvedic Consultation Panchkarma	Dr Madhukar Paranjape	Gymnasiums/health Clubs	+91 93710 XXXXX	020-2445XXXX	as••••••@vsnl.net	Sadashiv Peth Wakad 366, Laxmi Road, Narayan Peth	Pune	411030
5	Ayurvedic Massage Clinic	Dr Chandrakant Kulkarni	Gymnasiums/health Clubs	+91 98608 XXXXX	020-2433XXXX	ch••••••••••••••••••@gmail.com	Tilak Road, 433 Sadashiv Peth	Pune	411030
6	Backache & Nature Cure Centre	Mr S M Acharya	Gymnasiums/health Clubs	+91 94223 XXXXX	020-2687XXXX	sm••••••••@yahoo.co.uk	Plot No 155, 1st Floor, St Patricks Town, Nandini Layout Main Road, Opposite Krome Furniture	Pune	411028
7	Body & Slim	Dr Deepali	Gymnasiums/health Clubs	+91 97663 XXXXX	020-4106XXXX	bo••••••••••@gmail.com	6th Floor, Business Court, Link Road Chincholi Bunder Signal, Opposite Brand Factory	Pune	411042
8	Brainwork	Jayashri Raut	Yoga Training Centres	+91 88069 XXXXX	020-6560XXXX		Bhairavnagar, Plot No 49, HSR Layout 22nd Main 2nd Sector, Behind Dhanori Telephone Exchange	Pune	411015
9	Complete Fitness	Mr Parvez	Gymnasiums/health Clubs	+91 95525 XXXXX	020-3058XXXX	ps•••••@yahoo.in	Amar Manor, 3, Sarjapur Road, Jakkasandra Cross, Above Vijay Sales, Next To Krome Mall	Pune	411030

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
10	Creative Engineers	Mr Raju	Gymnasium Equipments	+91 98222 XXXXX	020-6520XXXX	cr••••••••••••••••@gmail.com	Sadashiv Peth Ramdev Nagar Road Ramdev Nagar 2064, Vijay Nagar	Pune	411030
11	Decor Home	Mr Murtaza Saifee	Fitness Trainers & Consultants	+91 93730 XXXXX	020-4009XXXX	il•••••••••@rediffmail.com	Natasha Enclave, 401/4, Nanjappa Layout	Pune	411048
12	Diabetes & Obesity Surgical Solutions	Dr Abhijit More	Slimming Centres	+91 98501 XXXXX	020-3055XXXX	in•••@dossindia.com	Sohrab Hall, 409, Opp Jehangir Hospital	Pune	411001
13	Dr Manjiri's Insta Sculpt		Gymnasiums/health Clubs	+91 93212 XXXXX	020-2565XXXX	in••••••@insta-sculpt.com	1019, 1st Floor, Pradnya Empire, Deep Bungalow Chowk, Sri Krishnanagar, 2nd Cross, 3rd A Main, 8th Phase	Pune	411005
14	Effector Gym & Health Club	Karteek Jn	Gymnasiums/health Clubs	+91 94225 XXXXX	020-6682XXXX	mo•••••••@gmail.com	151 Magarpatta, Hadapsar, Pune - 411028, Near Dominoz Pizza Lane	Pune	411001
15	Ego Wellness	Mr Adnan Sheikh	Gymnasiums/health Clubs	+91 84463 XXXXX	020-6410XXXX	su•••••@goego.in	3rd Floor, Ashish Plaza, Sector 27/A, Bhel Chowk, Pradhikarna, H M T Layout, Above Radhika Electronics	Pune	411001
16	Empower Gym & Fitness Club	Ruchi Seth	Gymnasiums/health Clubs	+91 93347 XXXXX	020-3961XXXX	em••••••••••@gmail.com	3rd Floor, Picasso Icon, Salunke Vihar Road, Opposite Reliance Fresh	Pune	411040
17	Feel Fit Health Club	Nandas Murkate	Gymnasiums/health Clubs	+91 99224 XXXXX	020-6500XXXX	fe••••••••••••••@gmail.com	Baner Road, Near the Great Punjab near ICICI Bank Above Ram Mandir	Pune	411045
18	First Fitness	Mr Pankaj Chhallani	Gymnasiums/health Clubs	+91 88055 XXXXX	020-2426XXXX	cf••••••••••••@gmail.com	Times Square, 110, Jugiana	Pune	411037
19	Fitness First Gym	Avinash Gavali	Gymnasiums/health Clubs	+91 98600 XXXXX		fi••••••••••••@gmail.com	Ichha Trupati Society 1st Floor, Vadgaon Sheri, Near Anand Park	Pune	411014
20	Guide & Research Centre	Dilip Chavan	Yoga Training Centres	+91 98812 XXXXX	020-2446XXXX	in••••••••••••••••••@gmail.com	Raviwar Peth 208	Pune	411002
21	Gupte Slimming Fitness Centre	Dr Nitin Gupte	Gymnasiums/health Clubs	+91 98908 XXXXX	020-2543XXXX	dr••••••••••@gmail.com	Shivaji Nagar Lal Masjid B Street New Market Cross Road 47/22, 2nd Floor, Ekta Park, Above Nirmiti Showroom	Pune	411005
22	Health Mantra Jeevan Santulan	Dr Neeta Chaturvedi	Gymnasiums/health Clubs	+91 98224 XXXXX	020-4005XXXX	ne••••••@gmail.com	Sunshree Emerald, A/9/11, 14th Cross, Basavanapura Main Road, Near Rims International School	Pune	411048
23	Home Fitness Center	Sanjit	Gymnasiums/health Clubs	+91 98909 XXXXX	020-2746XXXX	or••••••••••••@hotmail.com	Empire Eilafe, 6 7, Ashwath Nagar Cross, Sadiq Layout, Thanisandra Main Road	Pune	411001
24	Impulse Fitness	Parmod	Gymnasiums/health Clubs	+91 98221 XXXXX	020-2683XXXX	n_•••••••••@hotmail.com	Aditya, A/1, Tigalarapalya Main Road, Raghavendra Industrial Estate, Near Jyoti Restaurant Nibm Cross	Pune	411048

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
25	Jeevan Jyot Nature Cure Ayurvedic Clinic & Panchakarma Centre	Dr Jeevan M Atole	Gymnasiums/health Clubs	+91 98225 XXXXX	020-6470XXXX	dr••••••••••@yahoo.co.in	Vishranti Nagar Society, Survey No. 24/3/5, A Wing, Flat No. 5, In Fornt of Ranka Jewellers Lane, Near HDFC Bank	Pune	411041
26	Jungle Cub	Mr Chandan Pathare	Gymnasiums/health Clubs	+91 98503 XXXXX	020-2449XXXX	cu••••••••@gmail.com	Survey No 383, Office No 11, Sitaram Apartment, Modi Ganpati Chowk, Bank Road, Opposite HDFC Bank	Pune	411030
27	Lake Residency Club	Mr Samson	Gymnasiums/health Clubs	+91 98905 XXXXX	020-2636XXXX	cl•••••@residencyclub.co.in	Survey No 186/3, Tamini Ghat Road, Village Gonawadi, Near Gonawadi Bus Stand	Pune	411057
28	Lalkar Group	Vinod Haridas	Gymnasiums/health Clubs	+91 93266 XXXXX	020-6401XXXX	vi••••••••••@lalkar.in	Upper Ground Flr, Ashoka Mall, G-11, Bajirao Road, Opp Sun-Sand Hotel	Pune	411001
29	Lele Guruji Yoga Classes	Sadhana Lele	Yoga Training Centres	+91 90491 XXXXX	020-2433XXXX	so•••••••••@gmail.com	Patia Naroda Road, Near Ganesh Krida Kendra	Pune	411042
30	Param Yoga	Dr Renu Mahtani	Yoga Training Centres	+91 99231 XXXXX	020-4120XXXX	pa••••••••••••@gmail.com	Millennium Star, 407, Opposite Sattadhar Society, Near Kalasagar Mall	Pune	411001
31	Pegasus Health Club Kothrud	Varsha Bhilavadikar	Gymnasiums/health Clubs	+91 98509 XXXXX	020-2545XXXX	bh••••••@yahoo.com	36/2/1 Samarth Park, Near Pratidnya Hall	Pune	411052
32	Quality Fitness Club	Mr Umesh Surayanshi	Gymnasiums/health Clubs	+91 98818 XXXXX	020-6400XXXX	um•••••••••@yahoo.co.in	156/1 B Akshay Complex, Main Road, Opposite Manorama Mangal Kendra	Pune	411011
33	Royal Roses Slimming Beauty & Dental Clinic	Mr Shashank Chowdhry	Gymnasiums/health Clubs	+91 96650 XXXXX	020-6410XXXX	sh••••••••••••••@gmail.com	1st Floor, Mayur Trade Centre, Near Chinchwad Railway Station, 59th Cross, Bashyam Circle, Near Premium Mall	Pune	411019
34	Saee Tech the Authentic Yoga School	Mr Neel Kulkarni	Yoga Training Centres	+91 93209 XXXXX	020-2425XXXX	ne••••••@yahoo.com	Mangal Murti Complex, 518/B/2, Near Big Bazar	Pune	411041
35	Sansui Electronic Pvt. Ltd	Sultan Ahmad		+91 98919 XXXXX	0120-242XXXX	su••••••••••••@gmail.com	Plot No. E-59 Market Yard Gultekdi	Pune	411037
36	Saraswats Chelation Ozone Ayurveda Centre	Dr Saraswat	Gymnasiums/health Clubs	+91 99216 XXXXX	020-2522XXXX	dr•••••••••@yahoo.co.in	1, Park Ville Simi Solaa, Doddanakundi, Outer Ring Road, Opp Kunal Nest	Pune	411018
37	Shree Sprots & Nutritions	Ganesh	Gymnasiums/health Clubs	+91 94223 XXXXX	020-6580XXXX	ga••••••••••••@yahoo.com	Survey No. 34, Sopan Nagar, Off Nagar Road, Opp Phinix Market City, Viman Nagar Corner	Pune	411014
38	Shree Vishwayu Ayurved Panchakarma Clinic	Dr Sachin R Vanmore	Gymnasiums/health Clubs	+91 98221 XXXXX	020-2435XXXX	dr••••••••••••@gmail.com	Manikbaug, Above Om Super Market, A Wing, Flat No 5, Parvati Heights, Near Brahma Garden Hotel	Pune	411041
39	Siddesh Group	Prashant	Gymnasiums/health Clubs	+91 98817 XXXXX	020-2750XXXX	sh••••••••••••••@ymail.com	Survey No 115 2 A 1st Floor Madhuban Commercial Complex Building, Pune Alandi Road, Pune - 411015, Near Banana Leaf Junction	Pune	411032

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
40	Siddhi Health Club	Mr Shekar Shinde	Gymnasiums/health Clubs	+91 98504 XXXXX	020-2528XXXX	pr••••••••••••@yahoo.co.in	Survey No 77/2, Ishana II, Paud Road, Bhusari Colony, Anand Park, Opposite Lohia Jain IT Park	Pune	411038
41	Sky Fitness & Wellness (india) Pvt Ltd		Gymnasiums/health Clubs	+91 98817 XXXXX	020-2721XXXX	in•••@skyfitnessindia.com	Opulent House, Mahalaxm Panch Rasta, Opposite Shivneri Society	Pune	411045
42	Slimline Gym	Anjali	Gymnasiums/health Clubs	+91 98228 XXXXX	020-4001XXXX	an••••@yahoo.co.in	6, 2nd Floor, Shree Niketan Apartments, 12 Shilavihar Colony, Kothrud	Pune	411052
43	Smiths Breathe Fitness	Ms Smeeta Shitole & Ms Usha Borges	Gymnasiums/health Clubs	+91 99238 XXXXX	020-3260XXXX	sm•••••••@yahoo.co.in	Sukhwani Prestige, 4th Floor, Nda Pashan Road, Opp Bank of Maharashtra, Above Union Bank	Pune	411021
44	Sohum Spa & Wellness Century	Mr Ramesh Aravinda	Gymnasiums/health Clubs	+91 97650 XXXXX	020-6500XXXX	re••••••••••••••@sohumspas.com	Pyramid Complex, 81/82, North Main Road, Near Hard Rock Cafe, Kameshwar Industrial Estate, Phase-4, GIDC Vatva, Opposite Army Sports Institute	Pune	411001
45	Solaris	Mr Siddharth	Gymnasiums/health Clubs	+91 98226 XXXXX	020-4140XXXX	cu••••••@solaris.in	Amenity Space, Shubhashree Woods Society, Pune - 411027, Next To Kunal Icon, Next To Saudagar Restaurant	Pune	411038
46	Swasthya Yoga Kendra	Manoj Sawant	Yoga Training Centres	+91 98509 XXXXX	020-2565XXXX	pa••••••••@gmail.com	Sadanand Apartments, Gokhale Nagar Road, Opposite Bhabha Munciple Hospital, Anand Nagar	Pune	411004
47	Swasthya Yogopachar Yogmargdarshan Kendra	Mr Laxman Joshi	Yoga Training Centres	+91 94232 XXXXX	020-2761XXXX	sw••••••••••@gmail.com	Prahla Road, Near Anusaya Mangal Karyalaya	Pune	411019
48	Table Tennis Federation of India	Mr Bodas	Gymnasiums/health Clubs	+91 98202 XXXXX	020-2546XXXX		Survey No 11/1, Sharada Centre, Karve Road, Dyaneshwar Nagari	Pune	411004
49	Tarai Health and Fitness Club		Gymnasium Equipments	+91 97679 XXXXX	020-3963XXXX	sa••••••••••@yahoo.in	3rd Floor Oswal Plaza, Pune - 411001, Near Poolgate Police Station, Opposite Usha Nursing Home	Pune	411042
50	Team Extreme Sports Academy	Mr Pushkar	Gymnasiums/health Clubs	+91 98225 XXXXX	020-2589XXXX	pu•••••@rediffmail.com	19, Near National Chemical Laboratory	Pune	411038
51	Tej Yog Academy		Yoga Training Centres	+91 98505 XXXXX	020-2615XXXX	te•••••••@gmail.com	German Bakery Lane A Building No. 8 Office No. 5, Opposite Executive	Pune	411001
52	The Gym	Sachin Dhawde	Gymnasium Instructors	+91 90117 XXXXX	020-2529XXXX	dh••••••••••@yahoo.com	Sai Shraddha Complex	Pune	411023
53	Uday Pendse	Mr Uday Pendse	Yoga Training Centres	+91 98225 XXXXX	020-2565XXXX	ud••••••••@yahoo.co.in	Pallavi Housing Society, 9, Laxmi Nagar, Behind Hotel Sahara	Pune	411016
54	Vedic Plus	Dr Nandedkar	Gymnasiums/health Clubs	+91 98905 XXXXX	020-4678XXXX	ve•••••••@gmail.com	A -305, Srushti Apartment, Next To Magnolia Restaurant, Santosh Nagar, Opposite Mauli Garden	Pune	411037
55	Vidyadhar G Joshi	Mr Vidyadhar Joshi	Yoga Training Centres	+91 99234 XXXXX	020-2544XXXX	vi••••••••••••••@gmail.com	Gautam Terrace, 2013-06-03, Near Kaka Halwali Sweet Centre	Pune	411004

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
56	Xtrim Fitness	Mr Anand	Gymnasiums/health Clubs	+91 90113 XXXXX	020-2764XXXX	xt••••••••@gmail.com	Abc Plaza, 1, Paud Road, Near Hotel Kamat	Pune	411001
57	Xtrim Fitness	Smruti	Gymnasiums/health Clubs	+91 98508 XXXXX	020-2741XXXX	so••••••••••@ymail.com	Kudale Plaza, Chandibali Mahada Colony, Near Jai Hind School, Above Ganesh Reataurant	Pune	411017
58	Yoga & Homoeopathic Clinic	Dr Kumta	Gymnasiums/health Clubs	+91 98907 XXXXX	020-2613XXXX	ku•••••••••@yahoo.com	427-A, Narpatgir Chowk Kasba Peth, Jagat Colony Chandigarh Road, Behind Hotel Rajdhani	Pune	411001
59	Yoga Care 4 You	Dr R K Gupta	Yoga Training Centres	+91 98906 XXXXX	020-2765XXXX	yo••••••••••@gmail.com	Shree Vihar, 11, 2nd Main, 2nd Cross, Srs Road, Behind Appu Ghar	Pune	411044
60	Yoga for Fitness & Intelligent Child	Mrs Sunita Advani	Yoga Training Centres	+91 98220 XXXXX	020-2426XXXX		Warje Malwadi	Pune	411037

Questions

How many gyms & fitness centres are there in Pune?
This list has 1,106 gyms & fitness centres in Pune, Maharashtra with contact details, 87% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Pune?
Download this list in Excel: 1,106 contacts, 87% with a mobile number and 38% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Pune have the most gyms & fitness centres?
Hadapsar (58), Kothrud (49), Pimpri (24), Sadashiv Peth (24) and Dhankawadi (21).

Which city in India has the most gyms & fitness centres?
In Starleads' data: Mumbai (3,338), Bengaluru (1,307), Pune (1,106). Pune is 3rd of 7 cities. These are the counts of contacts in each list, not an official census.

Is there a free gyms & fitness centres list PDF for Pune?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.