Starleads

Gyms & Fitness Centres in Uttar Pradesh: contact list (free sample PDF)

506 contacts · **97%** with mobile numbers · **47%** with emails · **20%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 506 gyms & fitness centres in Uttar Pradesh with contact details. 97% have a mobile number, 47% an email address, 20% a landline and 6% a website. 99% come with a street address, 23% with the contact person's name and 29% with a PIN code.

They are spread over 10 cities and towns; the most are in Lucknow (147), Noida (73) and Kanpur (72), followed by Ghaziabad, Meerut and Agra.

Uttar Pradesh's list is the 7th largest of the 9 states with a gyms & fitness centres list in Starleads' data; the biggest are Maharashtra (4,783) and Delhi (2,354).

By category, the biggest groups are Gymnasiums/health Clubs (129), Gymnasium Equipments (11) and Yoga Training Centres (11).

Get all 506 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-in-uttar-pradesh/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Body Temple Gym	Sanjay Bhai & Sonu Bhai	Gymnasiums/health Clubs	+91 92596 XXXXX			Khandari Uttar Pradesh (w) &	Agra	282002
2	Makeover			+91 90127 XXXXX	0562-405XXXX	ma•••••••••@gmail.com	A-12, Agra - 282005, Near Maa Bhagwati Hospital	Agra	
3	Power House Gym	Manoj Sharma	Gymnasiums/health Clubs	+91 99979 XXXXX		ma•••••••••••••@yahoo.com	154, Neerav Kunj, Sikandra, Opp Kamani Hospital, Near Holi Public School	Agra	212109
4	Synergy Fitness Club			+91 97192 XXXXX	0562-406XXXX	sy•••••••••••••@yahoo.in	Jawahar Mantion, Agra - 282002, Opposite Anjna Cinema, Above Nike Showroom	Agra	
5	Yash Gym			+91 70555 XXXXX		ya••••••••••@gmail.com	26, 100 Feet Road, Agra - 282005, Near Amar Vihar Police Chowki Mor, Rajdeep Enclave	Agra	
6	District Body Building Association			+91 94125 XXXXX		ma••••••••••@gmail.com	By Pass Road, Aligarh - 202001, Near Kk Gym	Aligarh	
7	Dynamic Fitness Gym			+91 90451 XXXXX		m.••••••••@gmail.com	Great Shopping Mall, Vidya Nagar Colony, Aligarh - 202001, Near Lady Fatima School	Aligarh	
8	He & She Fitness			+91 98371 XXXXX			Chandania House, Samad Road, Aligarh - 202001, Center Point	Aligarh	
9	The Fitness Clinic			+91 90453 XXXXX		gk••••••••••@gmail.com	Ramghat Road, Aligarh - 202001, Navjeevan Hospital near Axis Bank	Aligarh	

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10	Urja Fitness			+91 70601 XXXXX	0571-240XXXX	ka•••••••••@gmail.com	108, Avan Vikas Colony G.T. Road, Aligarh - 202001, Near Niru Nursing Home	Aligarh	
11	Energy Gym Private Ltd		Gymnasiums/health Clubs	+91 99977 XXXXX			Pilibhit Bye Pass Roadpilibhit Bye Pass Road. Bareilly Up	Bareilly	243001
12	Pawan Rastogi		Gymnasiums/health Clubs	+91 97604 XXXXX			Akash Ganga Colony Pilibhit Byepass Road. Bareilly Up	Bareilly	243001
13	Dr Eam Fitness Club	Sunny	Gymnasiums/health Clubs	+91 81304 XXXXX		dr••••••••••••••@gmail.com	A 53 Basement, Surya Lane, Main Road Kausambi, Near Sri Sri Resedency Hotel	Ghaziabad	201012
14	F Two Gym & Supplement	Amit	Gymnasiums/health Clubs	+91 98118 XXXXX		su••••••••@hotmail.com	B-5, Basement Bharat Apt, Surya Ngr, Ram Vihar, Opp ITI Campus	Ghaziabad	201001
15	Fitness Factory	Rohit	Gymnasiums/health Clubs	+91 95601 XXXXX	0120-426XXXX	in•••@fitnessfactory.co.in	Windsor Club, Plot NO-5, Vaibhav Khand, Ghaziabad - 201014, Near Aditya Mall	Ghaziabad	201001
16	Fitness Mantra		Fitness Trainers & Consultants	+91 98993 XXXXX	0120-411XXXX	ck••••••••••••@gmail.com	513 First Floor Rps Plaza Sector 12, Ghaziabad - 201012, Opposite Jaipuria Institute	Ghaziabad	201001
17	La Fitnesse	Purnima	Gymnasiums/health Clubs	+91 96549 XXXXX		hr••••••••••@gmail.com	Sab Mall, Second Floor	Ghaziabad	201010
18	Master Gym	Yoginder	Gymnasiums/health Clubs	+91 92100 XXXXX		ju••••••••••••@gmail.com	NO.C5, Vijay Nagar, Near Indrapuram Public School	Ghaziabad	201001
19	Personality Plus Gym & Cardio	Anup Ralhan	Gymnasiums/health Clubs	+91 98119 XXXXX		pe••••••••••••••••••••@gmail.com	3A-15 Lower Ground Floor, Vaishali Sector 3, Ghaziabad - 201012, Near PNB Road	Ghaziabad	201010
20	Revital Mantra	Amrit Raj	Gymnasiums/health Clubs	+91 99683 XXXXX	0120-277XXXX		Shop No 15, D Block Market, Opp Chandra Laxmi Hospital	Ghaziabad	201010
21	Uranium Gym & Aerobics	Sonu	Gymnasiums/health Clubs	+91 98991 XXXXX	0120-413XXXX		Ghaziabad City Centre Mkt Basementramprasthea Colony	Ghaziabad	201001
22	Vlcc		Slimming Centres	+91 87440 XXXXX	0120-411XXXX	in••••••••••••@vlcc.co.in	Ground Floor, Gaur Gravity 8, 10, Vaibhav Khand	Ghaziabad	201010
23	Bhartiya Yog Sansthan		Yoga Training Centres	+91 99533 XXXXX			Ashok Nagar P O Chikambarpur, Giani Border	Greater Noida	201308
24	Iron Health Club	Arjun	Gymnasiums/health Clubs	+91 85952 XXXXX			1st Floor, R S Plaza, Near To Pool	Greater Noida	201308
25	Raj Yoga Meditation	Kuman	Yoga Training Centres	+91 98998 XXXXX	0120-232XXXX		Sadar Bazar Bari Market 6085	Greater Noida	201308
26	The Body Temple Health Senior	Raj	Gymnasiums/health Clubs	+91 96540 XXXXX			GT 38, Awana House, Noida - 201304, Near Silver City	Greater Noida	201308
27	The Stellar Gymkhana	MS Sheetal	Gymnasiums/health Clubs	+91 75030 XXXXX		st••••••••@infostellar.com	C/o Stellar Gymkhana, R 1, Knowladge Park 2, Near India Expo Mart Greater Noida Uttar PRADESH201308	Greater Noida	201308
28	Big Muscles Gym Bmg		Gymnasiums/health Clubs	+91 93363 XXXXX		ga••••••@gmail.com	Kidwai Nagar	Kanpur	208011

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29	Deshbandhu Bajpai			+91 86046 XXXXX	0512-236XXXX	dr••••••••@gmail.com	No. 67/70 Bhusatoli Road Bartan Bazar	Kanpur	208001
30	Excellent Health Club & Fitness Centre			+91 75050 XXXXX	0512-327XXXX	ri•••••••@gmail.com	Chapeda Pulia Road, Kanpur - 208025, Near Kamleshwaram Guest House	Kanpur	
31	God Gift Gym		Gymnasiums/health Clubs	+91 73880 XXXXX		go••••••••••••••••••••@gmail.com	128/20, H Block, Kidwai Nagar	Kanpur	208011
32	Perfect Health Club			+91 98074 XXXXX	0512-302XXXX	pe••••••••••@gmail.com	16/40 A, Kanpur Court, Kanpur - 208001, Behind Income Tax Office	Kanpur	
33	Body Basic Gym & Music Dance Academy	Shreya	Gymnasiums/health Clubs	+91 93077 XXXXX		bo••••••••••••••••@gmail.com	HIG 853, 3rd Floor Shubham Complex, Sector I Road, Aashiyana, Near HDFC Bank	Lucknow	226012
34	Health Zone & Glamor Zone			+91 90261 XXXXX	0522-329XXXX	lu••••••@healthzoneindia.com	1st Floor, B-1/66, Sector-B, Lane Adjacent To Radhey Lal, Lucknow - 226024, Opposite Biba	Lucknow	
35	Simran Sahnis Health Zone			+91 98895 XXXXX	0522-406XXXX	ni•••@healthzoneindia.com	551 J/184, 1st Floor, Kanpur Road Alambagh Road, Lucknow - 226005, Opposite Vishal Mega Mart	Lucknow	
36	Simran Sahnis Health Zone			+91 91253 XXXXX	0522-404XXXX	re••••••@healthzoneindia.com	10 B, Srishti Apartments, M M Marg, Lucknow - 226001, Near Butler Palace Colony	Lucknow	
37	The Core Gym		Gymnasiums/health Clubs	+91 99970 XXXXX	0522-401XXXX	ra••••••••••@gmail.com	Imrt Business School, Gomti Nagar, Vipul Khand 6	Lucknow	226001
38	Workout the Gym	Himanshu Yadav	Gymnasiums/health Clubs	+91 98382 XXXXX		wo••••••••••@gmail.com	46/6 Gokhale Vihar Marg	Lucknow	226001
39	Fitness Hight Gym			+91 96347 XXXXX	0121-403XXXX	so••••••••••@gmail.com	6, Meerut - 250002, Opp Hotel Harmony in	Meerut	
40	Fitness Planet			+91 84749 XXXXX	0121-400XXXX	sa••••••••••••@gmail.com	Basement, Paradise Mall, Main Baghpat Road, Meerut - 250002, Near Kailash Hospital	Meerut	
41	Jyoti Enterprise	Shekhar Tyagi		+91 93599 XXXXX		va••••••••@yahoo.co.in	No. 3/20 Kunj Vihar near Nandan Cinema Garh Road	Meerut	250002
42	Pulse Gym			+91 88088 XXXXX	0121-405XXXX	pu••••••@yahoo.in	168, Abulane, Meerut - 250001, Near Subway	Meerut	
43	Sports King	Jitendar		+91 74172 XXXXX		ve••••••••••@gmail.com	191/1 Golabarh Aurangshahpur Rohta Road, Near Railway Station	Meerut	250002
44	O2 Gym Fitness	Manager	Gymnasiums/health Clubs	+91 92190 XXXXX		o2••••••••••@gmail.com	Ram Ganga Vihar, Phase - II	Moradabad	
45	The World Gym	Rohit Pandey	Gymnasiums/health Clubs	+91 93054 XXXXX		ma••••••••••••@gmail.com	HIG B2 Civil Line	Moradabad	
46	A Fitness Mantra	Akur	Gymnasiums/health Clubs	+91 98111 XXXXX	0120-454XXXX	af••••••••••••@gmail.com	C 4, Next To Srs Value Bazar	Noida	201307

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47	Asian Adventures	Mohit Aggarwal		+91 98111 XXXXX	0120-422XXXX	in••••••••••••@gmail.com	B-9 Sector 27 near Jain Temple	Noida	201301
48	Grand Slam Fitness Pvt Ltd	Sanjay Kotha	Gymnasium Equipments	+91 93133 XXXXX		in•••@grandslamfitness.co.in	Koramangala Vl Bk 80 Feet Road 20th Main 8th Block 821	Noida	201301
49	Indus Sports and Gifts	Pawan Kumar		+91 99901 XXXXX	0120-420XXXX	si••••••••••@gmail.com	Shop Number -3 Ar Market Authority Road Beta -1, Greater Noida, Near Authority Road	Noida	201308
50	Revital Mantra	Heema	Gymnasiums/health Clubs	+91 99996 XXXXX	0120-431XXXX	re••••••••••••@gmail.com	P 3, Krishna Apra Plaza, Ist Floor, F7/8, Near Metro Station 18, Near ICICI Bank Atm	Noida	201301
51	Inds Sports & Gym Shop	Amardeep Singh	Gymnasiums/health Clubs	+91 94153 XXXXX			Shop #16, Opposite Hotel Milan Madhopur Uttar Pradesh (e)	Prayagraj	211001
52	Kallisto Health and Fitness			+91 93363 XXXXX		ka••••••••••@yahoo.com	15/1, Stanley Road, Allahabad - 211001, Opp St Joseph`s College	Prayagraj	
53	Krishna Health Club & Slimming Center			+91 85744 XXXXX	0532-250XXXX	kr••••••••••••••••••••@gmail.com	Shree Ram House, Ada Colony, Allahabad - 211011	Prayagraj	
54	Matrix Fitness & Body Building Gym		Gymnasiums/health Clubs	+91 97922 XXXXX			29B/4 A Hasting Road, Sainik Sweets, Ashok Nagar	Prayagraj	211002
55	New Bodyline Gym		Gymnasiums/health Clubs	+91 93366 XXXXX			30/22A/1, M G Marg, Civil Lines, Near Elchico Restaurant	Prayagraj	211001
56	Bobs Gym			+91 99184 XXXXX	0542-222XXXX	th••••••••@gmail.com	D-58/520-B, Varanasi - 221010, Mahmoorganj Road, Opposite Shoppers Mart	Varanasi	
57	Leo Gym			+91 98385 XXXXX	0542-255XXXX	ku••••••••@yahoo.com	Chaukaghat Road, Varanasi - 221104, Devipura Chaukaghat	Varanasi	
58	The Fitness First Gym			+91 93077 XXXXX	0542-220XXXX	aj••••••@gmail.com	Haritirath Road, Varanasi - 221001, Haritirath Market	Varanasi	
59	The Golden Gym			+91 93079 XXXXX	0542-256XXXX	ra••••••••@yahoo.com	Senpura, Ghazipur Road, Varanasi - 221001, Chetganj Chauraha	Varanasi	
60	Virus Fitness Club			+91 99193 XXXXX	0542-250XXXX	vi••••••••••••••••@gmail.com	204, Vindhya Vasini Colony, Mahaveer Mandir Road, Varanasi - 221002, Near Mahaveer Mandir	Varanasi	

Questions

How many gyms & fitness centres are there in Uttar Pradesh?

This list has 506 gyms & fitness centres in Uttar Pradesh with contact details, 97% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of gyms & fitness centres in Uttar Pradesh?

Download this list in Excel: 506 contacts, 97% with a mobile number and 47% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Uttar Pradesh have the most gyms & fitness centres?

Lucknow (147), Noida (73), Kanpur (72), Ghaziabad (52) and Meerut (51).

Which state in India has the most gyms & fitness centres?
In Starleads' data: Maharashtra (4,783), Delhi (2,354), Karnataka (1,408). Uttar Pradesh is 7th of 9 states. These are the counts of contacts in each list, not an official census.

Is there a free gyms & fitness centres list PDF for Uttar Pradesh?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.