Starleads

Yoga Training Centres — Gyms & Fitness Centres in India: contact list (free sample PDF)

478 contacts · **100%** with mobile numbers · **27%** with emails · **41%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 478 gyms & fitness centres listed under “Yoga Training Centres” across India with contact details. All have a mobile number, 27% an email address, 41% a landline and 21% a website. All come with a street address, 64% with the contact person's name and all with a PIN code.

They cover 9 states and 14 cities. The most are in Karnataka (159), Maharashtra (117) and Delhi (94), followed by Gujarat, Rajasthan and Chandigarh; the top cities are Bengaluru, Delhi and Pune.

These are 4% of the 13,302 Gyms & Fitness Centres contacts across India in Starleads' data.

Get all 478 contacts in Excel: https://starleads.in/data/gyms-fitness-centres-yoga-training-centres/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Ashok Thakral	Ashok	Yoga Training Centres	+91 92168 XXXXX			Chandigarh G.P.O 204	Chandigarh	160017
2	Body Worship	Ashish	Yoga Training Centres	+91 81469 XXXXX			Chandigarh G.P.O Atlanta Tower Near Inklab S	Chandigarh	160017
3	Chandigarh Yoga Education & Trainning	Rahul	Yoga Training Centres	+91 98884 XXXXX	0172-305XXXX		Universal Enclave, 1123, Khanpur Dehgam Gandhinagar	Chandigarh	160047
4	The Art of Living	Sood V K	Yoga Training Centres	+91 93161 XXXXX	0172-266XXXX		1st Floor, SCO 445-446, Sec- 35 - C	Chandigarh	160022
5	Yog Divya Mandir	Manish	Yoga Training Centres	+91 92168 XXXXX	0172-265XXXX		Sector 30 Hatadi Sheri Bajwada Main Road	Chandigarh	160030
6	Ashu Yoga	Ashu Garg	Yoga Training Centres	+91 98710 XXXXX	011-6579XXXX	as••••••••••@yahoo.co.in	K-81B, Ground Flr, Near Kalka Jewellers	Delhi	110019
7	Bhartiya Yog Sansthan	Radha Bhel	Yoga Training Centres	+91 99534 XXXXX	011-2794XXXX	bh•••••••@yogsansthan.org	Mangalam Palace, Near Police Station	Delhi	110085
8	Dhyan Foundation	Nandini Ghosh	Yoga Training Centres	+91 98181 XXXXX	011-2625XXXX	dh•••@dhyanfoundation.com	28/16, Arya Samaj Mandir, Nangia Park, Near Canara Bank	Delhi	110049
9	Life Rhythm Yoga	Ram Chandra Ahlawat	Yoga Training Centres	+91 98112 XXXXX	011-2649XXXX	ra•••@liferhythmyoga.com	Devli Holi Chowk 617/9	Delhi	110062
10	Yogoda Satsanga Society	Bakssi	Yoga Training Centres	+91 98102 XXXXX	011-2336XXXX	ys••••••••@gmail.com	2013-11-12, Bhai Veer Singh Marg, Near Cross the Road Speed Post Office	Delhi	110001
11	Mahek Physio Clinic & Obesite Center	Dr Ishika Mehta	Yoga Training Centres	+91 99789 XXXXX		ma•••••••••@gmail.com	Ground Floor, Ahura Majda Appartments, Sector-44C	Surat	395001

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12	Physio Clinic & Nari	Sonal Jain	Yoga Training Centres	+91 99789 XXXXX	0261-265XXXX		Suryakiran Apartment, Siddhivanayak Keshar, Near Xaviers School	Surat	395010
13	Samtol Diet Consulting Centre		Yoga Training Centres	+91 98790 XXXXX	0261-279XXXX		1/203, Near Powai, Near Swaminarayan Temple	Surat	395009
14	Sri Srinivasa Patanjali Yoga Kendra	Jagdish	Yoga Training Centres	+91 98254 XXXXX			Bhedvad Pandesara B 32	Surat	394220
15	Yoga Rhythms	Ami Desai	Yoga Training Centres	+91 99243 XXXXX		yo••••••••@yahoo.com	Shri H V Swaminarayan Vidhyalay	Surat	395009
16	Banyan Club	Taral Patel	Yoga Training Centres	+91 92271 XXXXX	0265-233XXXX	ba••••••••••@gmail.com	Alkapuri Hoysala Nagar 25/A	Vadodara	390007
17	Diva the Naturo Spa & Wellness Centre	C D Talreja	Yoga Training Centres	+91 98989 XXXXX	0265-239XXXX	cd••••••••@hotmail.com	C 11, Opposite Madhav Towers, Opposite Raeshwar Temple	Vadodara	390023
18	Mind Body Zone	Umesh Pathak	Yoga Training Centres	+91 98246 XXXXX	0265-235XXXX	mi••••••@mail.com	Abhishek Complex, 3rd Floor, 311, Khetwadi	Vadodara	390012
19	Shivani Panchakarma Kendra	Minaxi	Yoga Training Centres	+91 93277 XXXXX	0265-325XXXX	s.••••••••••••••••@gmail.com	Mahavir Darshan, Dahanukar Wadi, Mahavir Nagar, Near Ladli Party Plot	Vadodara	390002
20	Vivekananda Yoga Kendra	Vikas Malani	Yoga Training Centres	+91 93272 XXXXX	0265-238XXXX	vi•••••••@yahoo.com	29, 1st Main Road, Near Citizen Society	Vadodara	390023
21	Ananda Sangha Meditation & Kriya Yoga	Aniket Sharma	Yoga Training Centres	+91 98992 XXXXX	0124-405XXXX		Qutub Plaza, B–10 / 8, Phase I	Gurugram	122001
22	Kedarnath Yoga Centre	Kedar Nath	Yoga Training Centres	+91 99109 XXXXX		ke••••••••@yahoo.co.in	C 1815, Near Gold Souk	Gurugram	122001
23	Mind Body Studio		Yoga Training Centres	+91 93126 XXXXX	0124-404XXXX		DLF City Phase IV 5923	Gurugram	122002
24	Sahaja Yoga Center	Sanjay	Yoga Training Centres	+91 98103 XXXXX	0124-403XXXX		Sadar Bazar Idgah Road 11368	Gurugram	122001
25	Yoga Shakti Dhaam	Dr Sanyog	Yoga Training Centres	+91 99682 XXXXX	0124-238XXXX	sa••••••••@gmail.com	H. NO-M-196, South City 1, Near Unitech House	Gurugram	122001
26	Ayush	G N Sreekantaiah	Yoga Training Centres	+91 94815 XXXXX	080-2287XXXX	di••••••••••@gmail.com	Ananda Rao Circle	Bengaluru	560009
27	Dhriti Yoga Studio	Satya	Yoga Training Centres	+91 98860 XXXXX	080-4128XXXX		1st Floor, Savinaya Building, 64, 2nd Stage, Near Home Needs Super Market	Bengaluru	560076
28	Shuddham Yoga	Sanju Upadhyay	Yoga Training Centres	+91 98455 XXXXX	080-2362XXXX	sh••••••••••@gmail.com	Royal Enclave, 44, Ambika Industrial Estate, Magdalla Road	Bengaluru	560064
29	Soham Yoga Centre	Mr Johnson	Yoga Training Centres	+91 99012 XXXXX	080-2535XXXX	so••••••••@yahoo.com	294/1, Ns Palya, Banerghatta Main Road, Above Corporation Bank	Bengaluru	560071
30	Surya Jyothi Yoga Vedanta Centre	Swami Krishnananda	Yoga Training Centres	+91 99025 XXXXX	080-2550XXXX	su••••••••••••@gmail.com	46, Near Lakadipool, Behind Sukh Sagara Restaurant	Bengaluru	560095
31	Aim Life	Mr Sudhir B Dhrangdhari	Yoga Training Centres	+91 98699 XXXXX	022-2670XXXX	su••••••••@hotmail.com	Blind School, Lalubhai Park Roa, Opposite Sardar Patel Garden	Mumbai	400053

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
32	Divyayoga Ashram	Divyayoga Shop	Yoga Training Centres	+91 86524 XXXXX	022-6588XXXX	di••••••••••••@yahoo.com	Bhayander East Kharadi Road 12/32/103	Mumbai	401105
33	Gayatri Poly Clinic	Pooja	Yoga Training Centres	+91 93249 XXXXX	022-2515XXXX	u2••••••••@gmail.com	Om Shiv Darshan Building, Near D A V College	Mumbai	400077
34	Health Yoga Master	Rajendhar Pal	Yoga Training Centres	+91 98672 XXXXX	022-2896XXXX	ra•••••••••@gmail.com	201 Hansraj Damodar Wadi, Opera House, Mumbai - 400004	Mumbai	400062
35	Raj Shree Yoga	Jayesh Vora	Yoga Training Centres	+91 93218 XXXXX	022-2437XXXX	ra••••••••••@gmail.com	Pandit Niwas, 1st Floor, 33, Near Oppsite Dsilva High School	Mumbai	400028
36	Brainwork	Jayashri Raut	Yoga Training Centres	+91 88069 XXXXX	020-6560XXXX		Bhairavnagar, Plot No 49, HSR Layout 22nd Main 2nd Sector, Behind Dhanori Telephone Exchange	Pune	411015
37	Param Yoga	Dr Renu Mahtani	Yoga Training Centres	+91 99231 XXXXX	020-4120XXXX	pa••••••••••••@gmail.com	Millennium Star, 407, Opposite Sattadhar Society, Near Kalasagar Mall	Pune	411001
38	Swasthya Yogopachar Yogmargdarshan Kendra	Mr Laxman Joshi	Yoga Training Centres	+91 94232 XXXXX	020-2761XXXX	sw••••••••••@gmail.com	Prahla Road, Near Anusaya Mangal Karyalaya	Pune	411019
39	Tej Yog Academy		Yoga Training Centres	+91 98505 XXXXX	020-2615XXXX	te•••••••@gmail.com	German Bakery Lane A Building No. 8 Office No. 5, Opposite Executive	Pune	411001
40	Vidyadhar G Joshi	Mr Vidyadhar Joshi	Yoga Training Centres	+91 99234 XXXXX	020-2544XXXX	vi•••••••••••••@gmail.com	Gautam Terrace, 2013-06-03, Near Kaka Halwali Sweet Centre	Pune	411004
41	7 Star Health Club	Harmith Singh	Yoga Training Centres	+91 98783 XXXXX	0161-463XXXX	7s••••••••••••@gmail.com	B / 1 / 337, Sunder Singh Market, Opposite Kundan Puri Govt School	Ludhiana	141001
42	Addiction	Aditi	Yoga Training Centres	+91 98151 XXXXX	0161-230XXXX	aa•••••@yahoo.co.in	138, Tagore Nagar, Opp Krishna Park	Ludhiana	141001
43	Sahaja Yoga Centers	Prakash Pathak	Yoga Training Centres	+91 98152 XXXXX	0161-277XXXX		Sector 34 C, Opposite Arya College for Boys	Ludhiana	141001
44	Yoga Health & Beauty Centre	Om Parkash	Yoga Training Centres	+91 94170 XXXXX	0161-230XXXX	om••••••••••@gmail.com	Udham Singh Nagar SCF 7	Ludhiana	141001
45	Yoga Health Care Centre	Robin	Yoga Training Centres	+91 93160 XXXXX	0161-242XXXX		New Shopping Center, 50-A, Opposite Flavour Restaurant	Ludhiana	141001
46	Bhawani Shankar Yoga Classes	Bhawani Shankar	Yoga Training Centres	+91 97996 XXXXX		bh•••••••••••••••@gmail.com	49, Bhomiya Marg, Shree Ram Nagar, Near Kanta	Jaipur	302012
47	Yog Niketan	Nikita	Yoga Training Centres	+91 94142 XXXXX	0141-278XXXX		73/149, Yog Niketan, Paramhans Marg, Near KV5	Jaipur	302020
48	Yog Sadhana Ashram	Yogini Pushpalata	Yoga Training Centres	+91 93140 XXXXX	0141-271XXXX	yo•••••••••••••@gmail.com	Univarcity Marg, Near Rajasthan Unversity and Gandhi Nagar Police Station	Jaipur	302015
49	Yoga Classes	Sharavan	Yoga Training Centres	+91 98290 XXXXX		sh••••••••••@yahoo.co.in	4/174, Sfs, Jaipur - 302020, Near B2B Bypass	Jaipur	302016
50	Yogoda Satsanga Dhyana Kendra		Yoga Training Centres	+91 94140 XXXXX	0141-261XXXX	ys•••••••@gmail.com	Moti Dungri Road	Jaipur	302004

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
51	Astang Yoga Ashram	Jaswant Singh Tank	Yoga Training Centres	+91 94142 XXXXX	0294-252XXXX	ja•••••••••@yahoo.com	Raiba House, 35	Udaipur	313001
52	Dr Praveen Mehta		Yoga Training Centres	+91 94141 XXXXX	0294-241XXXX		Bhupalpura Khara Kuwa 2	Udaipur	313001
53	Dr Sanjay Soni		Yoga Training Centres	+91 92145 XXXXX			Bohra Ganesh Ji Road Samrat Nagar 1	Udaipur	313001
54	Salims Fitness & Beauty Clinic	Vikas Joshi	Yoga Training Centres	+91 98291 XXXXX			First Floor Doctor House	Udaipur	313001
55	Yog Sadhna Kendra	Siddharth	Yoga Training Centres	+91 94143 XXXXX		ba•••••••••••••@rediffmail.com	3C-58, Near Abhay Bagh, St Paul School	Udaipur	313001
56	Bharat Thakur Artistic Yoga	Bharat	Yoga Training Centres	+91 85278 XXXXX			Punjabi Bagh West 27/27 Basement, East Punjabi Bagh	Noida	201301
57	Good Health	Jogesh Kumar Sharma	Yoga Training Centres	+91 99901 XXXXX		jo•••••••••••••••@yahoo.com	Yamaha Vihar	Noida	201301
58	Holistic Health & Luminous Learning Inc	Hans Dholakiya	Yoga Training Centres	+91 98110 XXXXX	0120-432XXXX		Inder Enclave Phase I	Noida	201309
59	Maharishi Yoga Ashram		Yoga Training Centres	+91 98993 XXXXX			Tughlakabad Extension Shop No TA/96, Okhla Main Road	Noida	201301
60	Yoga – A Step Ahead”	Priya	Yoga Training Centres	+91 84479 XXXXX			Noida Sector 51 C-65	Noida	201301

Questions

How many Yoga Training Centres businesses are there in India?

This list has 478 gyms & fitness centres listed under “Yoga Training Centres” across India with contact details, all of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of Yoga Training Centres businesses in India?

Download this list in Excel: 478 contacts, all with a mobile number and 27% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in India have the most Yoga Training Centres businesses?

Bengaluru (159), Delhi (94), Pune (72), Mumbai (45) and Jaipur (21).

Is there a free Yoga Training Centres businesses list PDF for India?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.