

Lecturers & Professors in Punjab: contact list (free sample PDF)

500 contacts · 99% with mobile numbers · 97% with emails · Updated Oct 2026 · Full list ₹499 (90% off)

This list has 500 lecturers & professors in Punjab with contact details. 99% have a mobile number and 97% an email address. 89% come with a street address and all with the person's name.

They are spread over 9 cities and towns; the most are in Jalandhar (187), Ludhiana (153) and Ambala (86), followed by Moga, Mohali and Faridkot.

The biggest lecturers & professors lists in Starleads' data are in Maharashtra (7,361) and Karnataka (2,907), out of 15 states.

By industry / department, the biggest groups are Lecturer/professor (286), Lecturer/professor, Teacher (19) and Lecturer/professor, Private Tuition, Teacher (10).

Get all 500 contacts in Excel: <https://starleads.in/data/lecturers-professors-in-punjab/>

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Name	Designation	Company	Industry / Department	Mobile	Email	Address	City
1	Aarti Markanday			Administration, Lecturer/professor, Private Tuition	+91 98960 XXXXX	aa.....@rediffmail.com	# 273, Housing Board Colony, Ambala Cantt. Haryana 133001	Ambala
2	Abhishek Bali			Lecturer/professor	+91 94165 XXXXX	ab.....@hotmail.com	House No - 1527 Sector - 13 Kurukshetra Haryana Pin 136118	Ambala
3	Anjali Sharma		Aimt, Ambala City	Lecturer/professor	+91 94165 XXXXX	sm.....@yahoo.co.in	H. No. 3673/2, Sipahi Mohalla, Ambala City-134003	Ambala
4	Amandeep Kaur Heer			Data Warehousing, Internet/e-Commerce, Lecturer/professor	+91 98965 XXXXX	he.....@yahoo.co.in	House NO:6_D Inderpuri Ambala Cantt, Haryana, 133001	Ambala
5	Anoop Aggarwal		Ambala College of Engineering, Ambala	Lecturer/professor	+91 98121 XXXXX	an.....@yahoo.co.in	155, Staff Road Ambala Cantt Haryana -133001	Ambala
6	Amrik Singh			Banquet Sales, Bartender, Cabin Crew, Catering/convention	+91 94639 XXXXX	am.....@gmail.com	Lovely Professional University Phagwara. Urban Estate-1 Jalandharcity	Ambala
7	Anjali Nagar			Lecturer/professor	+91 94168 XXXXX	an.....@gmail.com	# 5911, Cross Road 12, Near S.S. Girls.s.s. School, Ambala Cantt.(haryana)	Ambala
8	Arvind Kumar			Application Programming, Counseling, Internet/e-Commerce	+91 98966 XXXXX	ar.....@gmail.com	#562/B-2, Lekhram Colony, Pinjore-134102	Ambala
9	Ruchika Bhutani		Arya Girls College Ambala Cantt	Lecturer/professor, Other Education	+91 98969 XXXXX	as.....@yahoo.co.in	467 Sector 9 Urban Estae Ambala City	Ambala

#	Name	Designation	Company	Industry / Department	Mobile	Email	Address	City
10	Anikagupta		Atmanand Jain Institute of Management	Lecturer/professor	+91 94162 XXXXX	ga*****@yahoo.com	587, Sec 9, Urban Estate, Ambala City	Ambala
11	Amit Chopra		Bisleri Co		+91 98131 XXXXX	am*****@yahoo.com	Amit Chopra S/o SH. Sushil Chopra H. No. 24, Lal Kurti Bazar Ambala Cantt	Ambala
12	Twisha Adhikary		Central Mining Research Institute	Lecturer/professor	+91 98361 XXXXX	tw*****@rediffmail.com	42-Dum Dum Park Flat No. 13, 4th Floor Kolkata - 700055	Ambala
13	Asim Jain		Commissioner, Technical Edu Haryana	Civil, Design, Geotechnical, Hydraulics	+91 94161 XXXXX	as*****@yahoo.co.in	G-9, New Polytechnic Colony, Nilokheri (haryana) Pin-132117	Ambala
14	Smitham		Currently Unemployed	Lecturer/professor, Teacher	+91 98962 XXXXX	sm*****@gmail.com	143/1, Gajraj Complex, Allen by Lines, Ambala Cantt	Ambala
15	Jitu Arora		D A V	Lecturer/professor	+91 94160 XXXXX	ar*****@yahoo.com	165, Vishnu Nagar, Jagadhri Workshop, Yamuna Nagar, Haryana - 135002	Ambala
16	Kiran Chaudhary		Davcollege for Girls	Lecturer/professor	+91 98968 XXXXX	ch*****@yahoo.co.in	HNO60 Bank Colony near Kansepur Road Yamunanagar	Ambala
17	Deepika Nayyar			Lecturer/professor	+91 94166 XXXXX	de*****@yahoo.co.in	Narinder Kumar Nayyar 1715/8 Vishnu Colony Kurukshetra	Ambala
18	Ravi Shankar		Department of Higher Education, Haryana	Lecturer/professor, Other Content/journalism, Others	+91 94663 XXXXX	ra*****@yahoo.co.in	Ravi Shankar, House Number 01, Block Ad, Hmt Township Pinjore, Haryana, India-134101	Ambala
19	Neha Arora		Dev Samaj College for Girls, Ambalacity	Lecturer/professor	+91 98969 XXXXX	ne*****@rediffmail.com	House NO.-1324, Sector-9, Urban Estate, Ambala City, Haryana Pin Code-134003	Ambala
20	Omesh Kumar		Akal Academy in Punjab	Lecturer/professor, Teacher	+91 98881 XXXXX	om*****@yahoo.com	V.P.O. Jangal-Beri Hamirpur H.P 176109	Batala
21	Param Sunil Kaurghuman		Center for Nonprofit Excellence, Louisville, Ky, USA	Lecturer/professor, Private Tuition, Teacher	+91 94649 XXXXX	se*****@yahoo.com	15/250 Shastri Nagar, (distt. Gurdaspur) (143505)	Batala
22	Vikram Jeet		Govt. School. Batala	Lecturer/professor	+91 94173 XXXXX	vi*****@gmail.com	Vikram Jeet S/o SH. Rajinder Raj H/N-10/2, Dharmapura Colony, Batala-143505, District:- Gurdaspur State:	Batala
23	Reena Prashar		R.R. Bawad.a.v College, Batala	Lecturer/professor, Private Tuition, Special Education	+91 98782 XXXXX	sd*****@aol.in	826-A, Sector 4, F.F, Panchkula	Batala
24	Meenu Sharma		S.S.S.G.S. Modern Sen. Sec. School Kishankot (gsp)	Lecturer/professor, Private Tuition, Teacher	+91 98158 XXXXX	ma*****@yahoo.co.in	Vpo Ghoman Teh. Batala Distt. Gurdaspur Pin 143514	Batala
25	Chander Shekhar Sharma			Lecturer/professor	+91 98159 XXXXX	cs*****@yahoo.com	House No. 26, Guru Nanak Colony, Street No. 1 Opposite Ggs Medical Faridkot-151203 (punjab)	Faridkot

#	Name	Designation	Company	Industry / Department	Mobile	Email	Address	City
26	Gurmajit Singh			Lecturer/professor	+91 98761 XXXXX	ru.....@yahoo.com	S/o S. Suba Singh Balbir Basti St. NO.6(L) Faridkot-151203	Faridkot
27	Harkanwal Deep Rana			Lecturer/professor	+91 99154 XXXXX	ha.....@yahoo.com	SH Daronacharya Devi Wala Road, Devi Wal Road, St No 5 Basant Nagar, Kotkapura . Distt	Faridkot
28	Mahesh Jain			Lecturer/professor	+91 98883 XXXXX	mk.....@yahoo.com	Mahesh Jain S/o SH Gian Chand Jain 785, Prem Nagar Kotkapura, Distt. Faridkot (pb.)	Faridkot
29	Mantar Singh			Lecturer/professor, Special Education Teaching, Banking	+91 98785 XXXXX	th.....@yahoo.com	Anand Nagar Faridkot Road Kotkapura Dist Faridkot (punjab)	Faridkot
30	Sahilsood		Hardware & Networking Teacher	H/w Installation/maintenance, Hardware Design	+91 98551 XXXXX	sa.....@yahoo.co.in	#53, Luxmi Colony, Sirhind, Distt. Fatehgarh Sahib, Punjab (140406)	Fatehgarh Sahib
31	Harjeet Kaur		Mata Gujri College, Fatehgarh Sahib	Lecturer/professor	+91 99158 XXXXX	ha.....@yahoo.com	Vill. Sidhwan, P.O. Malkomajra, Distt	Fatehgarh Sahib
32	Sonal Bhatt		Am Fresher	Lecturer/professor	+91 93562 XXXXX	so.....@gmail.com	71-Aman Nagar, Sodal Road, Jalandhar City	Jalandhar
33	Aman Chawla			Information Systems, Lecturer/professor	+91 98722 XXXXX	am.....@sify.com	428, New Adarsh Nagar. Shankar Road. Nakodar-144040.DISTT	Jalandhar
34	Sandhya Sobti		Apeejay College Jalandhar	Lecturer/professor, Teacher	+91 92169 XXXXX	sa.....@yahoo.com	C/o Mr Rajinder Kumar Bpcl Housing Complex Flat No-A 621/L Model Town	Jalandhar
35	Deepak Kaushik		Apeejay Education Society	Application Programming, Data Warehousing, Database	+91 94171 XXXXX	dk.....@yahoo.com	31, Khera Enclave, Behind Khera Petrol Pump, Rama Mandi, Jalandhar-144007 (Punjab)	Jalandhar
36	Ashu Gupta		Apeejay Education Society	Lecturer/professor	+91 98158 XXXXX	gu.....@rediffmail.com	926, Housing Board Colony, Ambala Cantt-133001	Jalandhar
37	Yogesh Bhalla		College of Engg. and Management	Lecturer/professor, Teacher	+91 98784 XXXXX	yo.....@yahoo.com	B 15/61-Bhagat Singh Street, Opp Hindu Putri Path Shala, Kapurthala 144601	Kapurthala
38	Harwinder Kaur		Computer Lecturer in College	Database Administration (dba), Edp/mis, Graphic	+91 98885 XXXXX	ha.....@yahoo.com	123/6 New Mohabat Nagar Kapurthala (punjab)	Kapurthala
39	Rajkumarpanwar		Currently Unemployed	Lecturer/professor, Teacher	+91 97605 XXXXX	ra.....@yahoo.co.in	Post.- Umari Khurd, Distt Saharanpur Uttar Pradesh 247451	Kapurthala
40	Komal Verma		K.R.J. D.A.V. Public School	Lecturer/professor	+91 98551 XXXXX	ko.....@yahoo.in	Gali No 5 near Rohiwala Gurudawara Mohalla Sant Pura	Kapurthala
41	Kiran Anand		Lecturer in Lyallpur Khalsa College, Jalandhar	Lecturer/professor	+91 99142 XXXXX	ki.....@yahoo.com	Kiran Anand D/o Late Satya Pal Anand 12 Gopal Park	Kapurthala
42	Paramjot Walia		A.C.C.T	Language Specialist, Lecturer/professor, Special Education	+91 98158 XXXXX	pa.....@gmail.com	Block - B Ludhiana Punjab 141004	Ludhiana

#	Name	Designation	Company	Industry / Department	Mobile	Email	Address	City
43	Dineshgaur		Aakash Institute	Lecturer/professor, Special Education Teaching	+91 94651 XXXXX	em.....@yahoo.co.in	A-1512, Avas Vikas Colony Kanpur U.P 208021 in	Ludhiana
44	Kuljitkaur		Akal Academy Bhadaur, Barnala	Lecturer/professor, Teacher, Other Education	+91 98768 XXXXX	ku.....@yahoo.co.in	Vpo. Dhandari Khurd P.O. Dhandari Kalan, Distt	Ludhiana
45	Nmuthukumaran		All Saints Institute of Medical Sciences, Ludhiana	Lecturer/professor, Teacher	+91 98785 XXXXX	mu.....@gmail.com	NO:2, V.O.C. Street, Jeevandhapuram, Lawspet Post, Puducherry-605008	Ludhiana
46	Amrit Pal			Lecturer/professor	+91 98155 XXXXX	am.....@yahoo.com	Amrit Pal Singh S/o Dr Gulzar Singh P A U 12/23	Ludhiana
47	Deepak Jain		Cal-C(patiala)	Lecturer/professor	+91 94640 XXXXX	de.....@yahoo.com	Near Cent. Meera. Conv. School Sardulgarh. Dist: -Mansa Punjab, Pin: - 151507 Tial Status	Mansa
48	Er Amandeepsingla		Electra Technical College	Administration, Lecturer/professor	+91 94643 XXXXX	am.....@gmail.com	Sunni Gali, Near Trivani Mandir Park Road Mansa.(pb)	Mansa
49	Hitpreet Singh		Teaching Barnala	Lecturer/professor	+91 98884 XXXXX	gu.....@yahoo.co.in	S/o S. Vir Singh Akal Garh Bastti S. No. :- 4 H. NO:-B-Xiv/1065 BARNALA(148101) Disit Barnala	Mansa
50	Sunil Kumar Goyal		Universal Polytechnic Borewal	Lecturer/professor	+91 97796 XXXXX	su.....@gmail.com	H# 42, Tote Wala Bagh, Yog Nagar, Ward No. 13 Budhlada Distt. Mansa Punjab 151502	Mansa
51	Geetika Sukhija		Department of Mca	Lecturer/professor, Teacher	+91 98888 XXXXX	ge.....@gmail.com	House No. 548, Sector 11, Panchkula	Moga
52	Kiran Insan		Govt School Moga As Computer Faculty	Information Systems, Lecturer/professor, Teacher	+91 94636 XXXXX	kr.....@yahoo.co.in	Krnpreet@yahoo. Co. in	Moga
53	Meenukhullar		H.M Convent School	Language Specialist, Lecturer/professor	+91 98149 XXXXX	kh.....@yahoo.co.in	House No. 411 Street No. 2 Sardar Nagar Moga-142001	Moga
54	Vasantharaja		Jaya College of Arts and Science	Lecturer/professor, Teacher	+91 97809 XXXXX	va.....@gmail.com	No. 2-B, Shakunthala Colony Bakthavatchalapuram, Avadi, Chennai - 600054	Moga
55	Rimpy Goyal		Lecturer	Application Programming, Internet/e-Commerce, Language	+91 98761 XXXXX	ri.....@gmail.com	Rimpy Goyal D/o Pawan Kumar Goyal Stno-5, Ram Ganj Road	Moga
56	Monasonal		Currently Unemployed	Lecturer/professor, Private Tuition, Special Education	+91 99884 XXXXX	mo.....@gmail.com	C-404, Chatti Gali, Doula Nangal, Batala	Mohali
57	Monika Mittal		Currently Unemployed	Counseling, Lecturer/professor, Teacher	+91 99883 XXXXX	mo.....@gmail.com	Sector 71	Mohali
58	Iqbal Singh		Defence Quality Assurance	Lecturer/professor	+91 90001 XXXXX	iq.....@hotmail.com	2043, Phase- X Mohali - 160062	Mohali

#	Name	Designation	Company	Industry / Department	Mobile	Email	Address	City
59	Harpreetkaur		G.N.D. College of Education, Mohali	Lecturer/professor, Librarian, Teacher	+91 98727 XXXXX	sa.....@yahoo.co.in	# 3113, Sector 71 Mohali Punjab 160071	Mohali
60	Upinder Kaur		Gian Sagar Medical College and Hospital, Banur	Front Office, Lecturer/professor, Teacher	+91 94174 XXXXX	pi.....@yahoo.co.in	681, Phase 2	Mohali

Questions

How many lecturers & professors are there in Punjab?

This list has 500 lecturers & professors in Punjab with contact details, 99% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of lecturers & professors in Punjab?

Download this list in Excel: 500 contacts, 99% with a mobile number and 97% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Punjab have the most lecturers & professors?

Jalandhar (187), Ludhiana (153), Ambala (86), Moga (18) and Mohali (17).

Which state in India has the most lecturers & professors?

In Starleads' data: Maharashtra (7,361), Karnataka (2,907), Telangana (2,367). Punjab is 14th of 15 states. These are the counts of contacts in each list, not an official census.

Is there a free lecturers & professors list PDF for Punjab?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.