Starleads

Spas & Wellness Centres in Chennai: contact list (free sample PDF)

262 contacts · **92%** with mobile numbers · **17%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 262 spas & wellness centres in Chennai, Tamil Nadu with contact details. 92% have a mobile number and 17% a landline. All come with a street address and all with a PIN code.

Where a locality is given, most are in Ambattur (10), T Nagar (10) and Nungambakkam (8), followed by Adyar, Anna Nagar and Kilpauk.

Chennai's list is the 3rd largest of the 3 cities with a spas & wellness centres list in Starleads' data, after Mumbai (1,176) and Bengaluru (491).

By category, the biggest groups are Body Spa (167), Multiple Spa (56) and Day Spa (15).

Get all 262 contacts in Excel: https://starleads.in/data/spas-wellness-centres-in-chennai/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	123 Health Studio	Jalaudeen	Multiple Spa	+91 84248 XXXXX			8/1, Next To Metupalaym Petrol Bunk	Chennai	600033
2	Aim Spas & Academy		Multiple Spa	+91 96770 XXXXX	044-2811XXXX		F2, 4/37, Immanuel Cottage, Thiruveediyan Street	Chennai	600086
3	Ambience 5	Prabakaran	Body Spa	+91 78450 XXXXX			22, New Colony Main Road, Opp To Lakshmi Mahal & B G Gym (map)	Chennai	600088
4	Ananta Thai Spa		Multiple Spa	+91 97898 XXXXX	044-4207XXXX		111, Sterling Road	Chennai	600034
5	Atos Leo Health Farm Pvt Ltd	Anu Priya M	Body Spa	+91 99444 XXXXX	044-4218XXXX		174/2, 26th East Street	Chennai	600041
6	Aura Enterprises	Shivani Nathan		+91 98400 XXXXX	044-2836XXXX	fl••••••••••••••@yahoo.com	4 Nathan Street Harrington Road Chetpet	Chennai	600031
7	Avalons Beautyspa	Lily	Body Spa	+91 98403 XXXXX			M K N Road, Near Grant Bridge	Chennai	600016
8	Basha Spas & Saloon	Jahangir Basha	Body Spa		044-2492XXXX	ba••••••••••@gmail.com	276/27-C, Plot No 10 Dr Ambedkar Street	Chennai	600041
9	Bliss by Oryza	Ram	Multiple Spa		044-2846XXXX		8, Whites Road	Chennai	600014
10	Body Massage Therapy	Dhanavathri	Body Spa		044-2435XXXX		1, Rajan Street	Chennai	600017
11	Clazzix Spa		Body Spa	+91 97916 XXXXX			Gandhi Nagar, Near in Alsa Mall	Chennai	600020
12	E S H A Body Massage Parlour		Body Spa	+91 99426 XXXXX			10/52, V O C Street	Chennai	600087
13	Eevzen Salon & Spa		Body Spa	+91 94444 XXXXX			19, 2nd Cross Street, Near Adyar Telephone Exchange	Chennai	600020

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
14	Elegance Spa	Dr Devkumar	Body Spa	+91 96266 XXXXX	044-2716XXXX		145, Bangalore Highway Road	Chennai	600105
15	Farrell Hair	Indrajith Madhivanan	Hair Spa	+91 99400 XXXXX	044-2833XXXX		6, Wallace Garden	Chennai	600006
16	Femina Family Salon & Spa	Geetha Sridhar	Multiple Spa		044-2476XXXX		1st Floor, 140/104, Poonamalle Trunk Road	Chennai	600116
17	Harish			+91 99411 XXXXX	044-4352XXXX	la••••••••••••••@gmail.com	Ah No. 32 Next To Murugan Idli Shop Shanthi Colony Main Road 4th Avenue, Anna Naga	Chennai	600040
18	Influence Spa	Seenu	Multiple Spa	+91 97909 XXXXX	044-4297XXXX		3rd Floor, 91, Poonamallee High Road	Chennai	600084
19	Jade Door Step		Multiple Spa	+91 99404 XXXXX	044-6590XXXX		5/90, Butt Road	Chennai	600016
20	Joy Massage Centre		Body Spa	+91 95000 XXXXX			38, Near Adyar Signal	Chennai	600020
21	Kapilan			+91 93823 XXXXX	044-2852XXXX		AB3 Annai Plaza 2nd Avenue, Near Food World Annanagar	Chennai	600040
22	Make Over		Body Spa	+91 75025 XXXXX			1, Thiru VI Ka Nagar, Near Tvk Fish Marke	Chennai	600082
23	Monsoon Family Saloon & Spa		Foot Spa	+91 99411 XXXXX	044-4203XXXX		522, P H Road	Chennai	600029
24	N S Body Massage	Sherin	Body Spa	+91 74016 XXXXX			7/252, 56th Street	Chennai	600049
25	Naturo Beauty Spa	Sindhu	Multiple Spa	+91 99621 XXXXX			3rd Floor, 7, Razzak Garden Road	Chennai	600106
26	Nissi Spas	MS Nissi Ji	Day Spa	+91 73055 XXXXX	044-2621XXXX		106-C, A1-51, Shanthy Colony	Chennai	600040
27	Om Sai Acu Cinic	Yuvraj	Multiple Spa	+91 90030 XXXXX			147, Near Ayya Temple	Chennai	600062
28	Orchid Foot Spa	Habiba Mohsin	Foot Spa	+91 97109 XXXXX	044-2855XXXX		Asla Mall, 3, G6, Montieth Road	Chennai	600008
29	Orchid Spa	Tilak	Multiple Spa	+91 99412 XXXXX	044-4554XXXX		50, Pondy Bazaar	Chennai	600017
30	Orchid Thai Spa	Malathi	Day Spa	+91 95000 XXXXX	044-6452XXXX	or•••••••@gmail.com	Hotel Green Park, 183, N S K Salai	Chennai	600026
31	Oryza Spa	Ronald	Multiple Spa	+91 91283 XXXXX			6, Near Appolo Hospital	Chennai	600006
32	Paulsons Beauty & Fashion Pvt Ltd	Sunaina Somu	Hair Spa	+91 96777 XXXXX		su••••••••••@gmail.com	12, Halls Road	Chennai	600010
33	Pink Trendz	Vanila	Body Spa		044-4232XXXX		17/10, Bypass Road	Chennai	600042
34	Qualia Day Spa	Saloni	Day Spa	+91 95000 XXXXX		qu•••••••••@gmail.com	1st Floor, 68th Tailors Road, Near Thandhoori Dharkar	Chennai	600010
35	R K P Rejuvenation Centre	Rajendran V	Body Spa	+91 99401 XXXXX			6, C T H Road	Chennai	600058

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
36	Rai Massage Centre		Body Spa	+91 80151 XXXXX			22/49, Indira Nagar, Near Bus Stop	Chennai	600020
37	Rejuve the Lalit Great Eastern		Body Spa	+91 95661 XXXXX			2nd Main Road, Near Bus Stand	Chennai	600016
38	Ryan Family Salon & Spa	Ranjith Kumar	Body Spa	+91 73580 XXXXX			Velachery Main Road, Near Westin Park Hotel	Chennai	600042
39	S B Spa	Vamsi Reddy	Multiple Spa	+91 99417 XXXXX	044-6416XXXX		3rd Floor, 621, Anna Salai	Chennai	600006
40	Saaj Ladies Beauty Parlour		Body Spa	+91 97898 XXXXX			15, Balakrishanan Street, Near Lucky Marriage Hall	Chennai	600088
41	Sanjeevanam Ayurvedic Massage Centre	Jignesh	Body Spa	+91 91762 XXXXX			15, Indira Nagar	Chennai	600020
42	Sayana Beauty Parlour & Spa	Gladi	Multiple Spa	+91 99405 XXXXX		sa••••••••••••••••••••••@gmail.com	37, 1st Main Road	Chennai	600030
43	Senza Spa	Chavan	Multiple Spa	+91 91765 XXXXX	044-4301XXXX		55/B, Elliots Beach Road	Chennai	600090
44	Shanmuga Hair Products (india) Pvt Ltd	Mrkrishna Bandi	Hair Spa	+91 98401 XXXXX		ha••••••••••••@yahoo.co.in	199/200, K K R Garden	Chennai	600051
45	Simran Body Massage Centre		Body Spa	+91 96000 XXXXX			11A, Govindarajapuram	Chennai	600020
46	Solace Day Spa & Wellness Centre		Body Spa	+91 91768 XXXXX			52, Kundrathur Main Road	Chennai	600116
47	Spa Influence		Multiple Spa	+91 91769 XXXXX	044-3290XXXX		2nd Floor, I-28, 1st Avenue, I Block	Chennai	600102
48	Spa Treat	Ezhilan	Day Spa	+91 98840 XXXXX			6, Near SBI Atm	Chennai	600040
49	Spades Beauty Care		Day Spa	+91 89399 XXXXX	044-3062XXXX		9B, Water Tank Road	Chennai	600106
50	Spring Med Spa	Rajini	Multiple Spa	+91 99520 XXXXX	044-4232XXXX		2nd Floor, 36, 5th Main Road	Chennai	600061
51	Sprout Spa		Multiple Spa	+91 99410 XXXXX	044-2255XXXX		87, Lakshmi Nagar	Chennai	600042
52	Sri V Beauty Care Spa	Shobisukuna	Multiple Spa	+91 91762 XXXXX			26B/1, Arcot Road	Chennai	600092
53	Sun Spa	Shiva P	Multiple Spa	+91 99520 XXXXX	044-2258XXXX		363/5, Sabari Salai	Chennai	600091
54	Temple Tree Spa		Nail Spa	+91 96770 XXXXX	044-2453XXXX		13/43, East Coast Road	Chennai	600119
55	Thai Sabai Wellness Spa	Rama Devi	Multiple Spa	+91 98840 XXXXX	044-4203XXXX		1st Floor, 15/17, 5th Avenue	Chennai	600090
56	The Kirans Beauty Salon & Spa	Bhuvana	Multiple Spa	+91 90944 XXXXX			1/177, Medavakkam Main Road	Chennai	600117
57	Thulasi Ayurvedic Spa	Leelavathi K	Multiple Spa	+91 96000 XXXXX			26, Medavakkam Main Road	Chennai	601302

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
58	Twinkle Beauty Clinic		Multiple Spa		044-2440XXXX		27, Kamaraj Avenue	Chennai	600020
59	Vermilion Nail Bar & Spa	A Son	Nail Spa	+91 98845 XXXXX	044-4214XXXX		6/14, C I T Colony	Chennai	600004
60	Za Spa	Prakash	Body Spa	+91 91426 XXXXX			4, Near in Alsa Mall	Chennai	600008

Questions

How many spas & wellness centres are there in Chennai?
This list has 262 spas & wellness centres in Chennai, Tamil Nadu with contact details, 92% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of spas & wellness centres in Chennai?
Download this list in Excel: 262 contacts, 92% with a mobile number. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Chennai have the most spas & wellness centres?
Ambattur (10), T Nagar (10), Nungambakkam (8), Adyar (7) and Anna Nagar (7).

Which city in India has the most spas & wellness centres?
In Starleads' data: Mumbai (1,176), Bengaluru (491), Chennai (262). Chennai is 3rd of 3 cities. These are the counts of contacts in each list, not an official census.

Is there a free spas & wellness centres list PDF for Chennai?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.