Starleads

Spas & Wellness Centres in Karnataka: contact list (free sample PDF)

494 contacts · **92%** with mobile numbers · **16%** with emails · **44%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 494 spas & wellness centres in Karnataka with contact details. 92% have a mobile number, 16% an email address and 44% a landline. 99% come with a street address, 36% with the contact person's name and 99% with a PIN code.

They are spread over 1 cities and towns; the most are in Bengaluru (491), Abhay Kumar (1) and Darmender Kumar Sharma (1), followed by Udupi.

Karnataka's list is the 2nd largest of the 3 states with a spas & wellness centres list in Starleads' data, after Maharashtra (1,403).

By category, the biggest groups are Multiple Spa (183), Body Spa (153) and Day Spa (81).

Get all 494 contacts in Excel: https://starleads.in/data/spas-wellness-centres-in-karnataka/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Axel Technology			+91 80737 XXXXX				Abhay Kumar	
2	Aiwas Spa	Sameer	Multiple Spa	+91 90191 XXXXX	080-6547XXXX	un•••••••••@gmail.com	Banneraghatta Road 100 Feet Road BTM 2nd Stage 15	Bengaluru	560076
3	Aromahomespa	Aroma	Spa Treatment	+91 96116 XXXXX	080-4205XXXX	ep•••••••@gmail.com	3rd Floor, Sai Kamala Trinity Itpl Main Road, Opp To Cosmos Mall	Bengaluru	560037
4	Asian Women the Villa	Huri Baxani	Body Spa	+91 98457 XXXXX	080-3251XXXX	hu•••••••••@gmail.com	374, 3rd Block, Sarjapur Raod, Next To Green Wood High School	Bengaluru	560095
5	Ayur Siddi	Sahana	Massage Therapeutic	+91 93437 XXXXX	080-2660XXXX	ay•••••••@gmail.com	Hanumanth Nagar Main Road 760	Bengaluru	560019
6	Beauty Planet	Nataraj	Multiple Spa	+91 87224 XXXXX	080-6562XXXX	be••••••••••••@gmail.com	Ground Floor Gopalan Grand Mall, 86 Shop No 3, Shantappa Lane	Bengaluru	560093
7	Bloom Beauty Parlour	Chandra	Multiple Spa	+91 98801 XXXXX	080-2658XXXX	ch••••••••••••@yahoo.com	208, 18th Main, 9th Cross, Phase II, Near HDFC Bank Atm	Bengaluru	560078
8	Body Square Unisex Spa and Salon	Lloyd Denzil	Body Spa	+91 97432 XXXXX	080-4095XXXX	bo•••••••••••••••@gmail.com	East Wing, 262, Amarjyothi Layout, Inner Ring Road, Behind Cane Boutique	Bengaluru	560071
9	Charisma	Manik Soni	Day Spa	+91 97395 XXXXX	080-4131XXXX	va•••@charismabeautyspa.com	Art Arcade, 974, 1st Stage, C M H Road, Near Sony World	Bengaluru	560034
10	Cocoon Day Spa	Dedra	Day Spa	+91 98867 XXXXX	080-2845XXXX	fr••••••••••••••••••@gmail.com	8, Main Road Hope Farm, Opp ICICI Bank	Bengaluru	560066
11	Colors - A Family Salon	Shalini	Multiple Spa	+91 98451 XXXXX	080-4124XXXX		1st Floor, 93/4, Nandi Durga Road	Bengaluru	560046
12	Cosmed	Geetha	Day Spa	+91 80953 XXXXX		ge••••••••••••@gmail.com	37/1, Toles Road, Opp To Shanthi Sagar Hotel	Bengaluru	560005

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13	Creative Scissors	Ravi	Multiple Spa	+91 99015 XXXXX	080-2678XXXX		1st Floor, 949, 16th Main Road, Near Udupi Gardens	Bengaluru	560076
14	Doctor Fish Pedicure Center	Subhashchandra Bose M	Day Spa	+91 99809 XXXXX		ms••••••••••••••••@gmail.com	181, MIG 5th Cross 6th Main, Near Sarada Colony Bus Stand	Bengaluru	560079
15	Elegance Unisex Beauty Salon and Spa	M Anitha Naidu	Day Spa	+91 99166 XXXXX	080-2346XXXX	ma••••••••••@gmail.com	56/3, 18th Cross, Behind Kendriya Vidya Mandira Opposite To Vagus Hospital	Bengaluru	560055
16	Evershine Glass & Plywood Centre	Ayaz Ahamad	Multiple Spa	+91 90364 XXXXX	080-5699XXXX		Shop No 242, National Complex, Old Madras Road, Dooravaninagar, Krishnarajapuram	Bengaluru	560016
17	Expression	Razee	Multiple Spa	+91 99016 XXXXX	080-4096XXXX	ra••••••@gmail.com	206, 4th Cross, C M R Road, 3rd Block, Hrbr Layout	Bengaluru	560043
18	Ga Morgan Dynamics Private Limited	Anita		+91 97315 XXXXX	080-4175XXXX	in•••@gamorgan.in	No. 1421 B. Block Sahakar Nagar Poorvi, Near by Ganesha Temple	Bengaluru	560092
19	Happy Hearts	Mohan	Massage Therapeutic	+91 99454 XXXXX	080-3293XXXX	ma••••••••@gmail.com	Binnamangala Pushkaraj, Mukund Nager 41526	Bengaluru	560066
20	Janka			+91 90086 XXXXX	080-2648XXXX	su••••••••••@gmail.com	Syndicate Bank Colony Arakere Bannerghatta Road	Bengaluru	560076
21	Jumbo Kids	MS Anitha Venugopal	Day Spa	+91 99002 XXXXX	080-4090XXXX	ak••••••••@gmail.com	Rabindranath Tagore Nagar Rv Road NO.237, F Blk, Nxt To SBI	Bengaluru	560006
22	Just Jute Products	Mr Saurav Modi		+91 80653 XXXXX	080-2653XXXX	ni••••@jjp.in	# 43, Ward NO.36, 1st Main, 7th Cross, Cauverypura, Kamakshipalya	Bengaluru	560079
23	Kapalie Uniforms	Vijay Ashok		+91 98868 XXXXX	080-2344XXXX	bh••••••••••••@gmail.com	No. 37 Srivari Mention 2nd Main Road, Near Vinayaka Circle	Bengaluru	560003
24	Kathrines Gallery	MS Kathrine	Massage Therapeutic	+91 98451 XXXXX	080-4153XXXX	ka••••••••••••@yahoo.com	Rabindranath Tagore Nagar 849/A	Bengaluru	560006
25	Kenko Reflexology & Fish Spa	Suman	Day Spa	+91 96866 XXXXX	080-4114XXXX		5th Floor, Garuda Mall, 15, Mitra Mandal Chowk	Bengaluru	560025
26	Kidzee	Mr Anand Kothari	Day Spa	+91 99009 XXXXX	080-2555XXXX	da••••••••••@yahoo.com.sg	NO.2, Victoria Road, Bh Lifestyle Showroom, Gurukul Road	Bengaluru	560025
27	Maple Tree Spa	Meena Narayan	Body Spa	+91 99801 XXXXX	080-2343XXXX	ma••••••••••@gmail.com	71, 2nd Main Sbm Colony, Opposite Punjab National Bank	Bengaluru	560024
28	Mask Ladies Saloon	MS Neena	Multiple Spa	+91 94483 XXXXX	080-2534XXXX	ne••••••••••@gmail.com	1st Floor, 5/1, Kaverappa Industrial Layout, Kaggadasapura, Opp 1st Croos	Bengaluru	560093
29	Mind Resources	Bhavani Bhat	Spa Resorts	+91 98451 XXXXX		mi••••••••••••@yahoo.com	Basavanagudi South Moledina Road 144/12-24	Bengaluru	560028
30	Neferrtiti Spa	Andy	Body Spa	+91 98440 XXXXX	080-6568XXXX	ne•••••••@yahoo.com	Nandidurga Main Road, Jayamahal, Near Airtel Office, Next Hanuman Temple	Bengaluru	560046
31	New Look	Ravi	Foot Spa	+91 98453 XXXXX	080-4112XXXX	ba•••••••@newlookindia.com	Cears Plaza, 206 A, Residency Road, Near Huzaifa Décor, Opposite Bangalore Club 136	Bengaluru	560032

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32	New Miracle Touch	Rajini Anil	Multiple Spa	+91 74117 XXXXX	080-2545XXXX	an•••••••@gmail.com	1st Floor, 223, Old Tharagupet, Near Chennasandra	Bengaluru	560043
33	Nile Hair Weaving	Kuldeep Saxena	Hair Spa	+91 97401 XXXXX	080-4207XXXX	ni••••••••••@gmail.com	7/7, Nd Mansion, Koramangala, Near Dairy Circle	Bengaluru	560029
34	Paradise Spa & Salon	Rahul	Multiple Spa	+91 89700 XXXXX	080-4090XXXX	pa••••••••••••@gmail.com	466, 9th Main Road	Bengaluru	560093
35	Petals Beauty Parlour	Sunitha	Massage Therapeutic	+91 98441 XXXXX	080-2542XXXX		16/5, 7th Main, 80 Feet Road, Behind Crm Law Collge	Bengaluru	560043
36	Podar Jumbo Kids	Mr Roopa Bhaskar	Day Spa	+91 98451 XXXXX	080-2356XXXX	ju••••••••••••@yahoo.co.in	Kumara Park West Garvebavipalaya, Madivala NO.2, 13th Blk, 9th Crs, Railway Parallel Road	Bengaluru	560020
37	Radiant Club Resort & Spa	Michel Zachariah	Spa Resorts	+91 98450 XXXXX	080-2842XXXX		Bannerghatta Silver Cloud, Sunder Nagar	Bengaluru	560083
38	Renascence Beauty Salon	Vinitha	Multiple Spa	+91 98452 XXXXX	080-6451XXXX		T K Plaza, 1095, Outer Ring Road Sarjapur Road	Bengaluru	560037
39	Retail Gurukul Consultant	Shivaram		+91 90360 XXXXX		re••••••••••@gmail.com	NO:91 3rd Main Keb Layout	Bengaluru	560029
40	Roots Montessori	Pruthvi Banwasi	Day Spa	+91 99012 XXXXX	080-2653XXXX	pr••••••••••••@gmail.com	3905 Deva Priya 1st Mn Jaya Nagar 8th Block, Opp Jayarama Seva Mandir	Bengaluru	560070
41	S B V Exports	Sriram	Multiple Spa	+91 93423 XXXXX	080-4115XXXX	sr•••••••••••••@gmail.com	Mahadevapura 80FEET Road, 4th Block 31/1	Bengaluru	560048
42	Shohna Spa & Massage Parlour	Jaya Sonaly	Multiple Spa	+91 81475 XXXXX		ja•••••••••@gmail.com	Mahathma Gandhi Road 89	Bengaluru	560001
43	Soukya Holistic Health Care Centre	Aizeck Mathai	Massage Therapeutic	+91 98453 XXXXX	080-2801XXXX	in•••@soukya.com	Dr Mathai's International Holistic Health Centre, Soukya Road, Whitefield	Bengaluru	560067
44	Soul Ecstasy Spa	Satya	Day Spa	+91 98865 XXXXX		so••••••••••@yahoo.co.in	2nd Floor, Mnr Complex, 59A, Near Banaswadi Fire Station	Bengaluru	560043
45	Spa Agencies (india) Pvt Ltd	Prakash	Multiple Spa	+91 98807 XXXXX	080-4124XXXX		83/1 2nd Floor B T Street	Bengaluru	560053
46	Space Rejuve	Shilpa	Day Spa	+91 99451 XXXXX	080-4204XXXX	sh••••@gmail.com	1st Floor, J.K.B. Complex, 153	Bengaluru	560084
47	Springs	Saju K Mathew	Body Spa	+91 81500 XXXXX		am•••@springshotels.co	19, H Siddaiah Road, Near in Springs Hotel & Spa	Bengaluru	560002
48	Style Luk Hair & Beauty Spa	G Gayathri Devi	Multiple Spa	+91 80254 XXXXX	080-2542XXXX	be•••••••@gmail.com	38 Sms Arcade 1st Floor, Amar Residency Horamavu Main Road, Near Sms Arcade	Bengaluru	560043
49	Sugandh Sagar Enterprises	K. M. Mohammed		+91 96326 XXXXX	080-2699XXXX	su••••••••••@hotmail.com	A. V. M. No. 6 Jayanagar Shopping Complex, Next To Janatha Bazar 4th Block Jayanagar	Bengaluru	560011
50	Sukhibhava	Vinay B M	Body Spa	+91 97430 XXXXX	080-4169XXXX	sh•••••@gmail.com	858 1st Main, D Block, Opposite To State Bank of Mysore	Bengaluru	560092

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51	Suri Massage Parlour	Suresh Kumar	Massage Therapeutic	+91 98803 XXXXX	080-3202XXXX		Manjunatha Complex, 5th Main Road 3rd Stage 3rd Block	Bengaluru	560079
52	Taman Buddha		Day Spa	+91 97420 XXXXX	080-2351XXXX	ta•••••••••@gmail.com	2/3, Poojari Layout 80 Feet Road Rmv Extension, Near Ramaiah Hospital	Bengaluru	560094
53	Thann Sanctuary	Ankur	Multiple Spa	+91 96203 XXXXX	080-4174XXXX	th••••••••••••••••@gmail.com	Ground Floor Zela Health Club, 133/1, S.V. Road	Bengaluru	560025
54	The 5 Th Element	Pooja	Multiple Spa	+91 99805 XXXXX	080-4126XXXX		489, 8th Main, Amarjoyti Layout, Koramangala Inner Ring Road, Opp Dell Office, Behind Trident Hyndai Workshop	Bengaluru	560001
55	Toddlers Haven	Lalitha Vijaya Raghavan	Day Spa	+91 94484 XXXXX	080-2330XXXX	la••••••@rediffmail.com	Vijaya Nagar NO.2132, 3rd Mn, 2nd Stage, Bh Vijayanagar Club	Bengaluru	560062
56	V3 Slim Care	Ambrish Hebbar	Body Spa	+91 99169 XXXXX	080-6500XXXX	v3••••••••@gmail.com	2nd Floor, 90, 100FEET Road, Above L G Showroom, Opp Innovative Multiplex	Bengaluru	560037
57	Walk in Beauty Spa & Saloon	Farah	Day Spa	+91 81058 XXXXX	080-4150XXXX	wl•••••••••@gmail.com	#3049, 2nd Floor, Above Gitanjali Jewels, 80 Feet Indiranagar	Bengaluru	560001
58	Zara Touch Unisex Saloon & Spa	Syed Naseer	Day Spa	+91 99000 XXXXX	080-6568XXXX	za••••••••@hotmail.com	Seleh Centre, 18/4, Gala Nagar Nahur Road, Near Before Sigma Mall	Bengaluru	560052
59	Eco Jet Technology			+91 97428 XXXXX				Darmender Kumar Sharma	
60	Dr Sreedhar Rao			+91 94839 XXXXX	0820-256XXXX	sr•••••••@gmail.com	Naveen House West of Raman Block near Mahe Garden End Point Road	Udupi	576104

Questions

How many spas & wellness centres are there in Karnataka?

This list has 494 spas & wellness centres in Karnataka with contact details, 92% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of spas & wellness centres in Karnataka?

Download this list in Excel: 494 contacts, 92% with a mobile number and 16% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Karnataka have the most spas & wellness centres?

Bengaluru (491), Abhay Kumar (1), Darmender Kumar Sharma (1) and Udupi (1).

Which state in India has the most spas & wellness centres?

In Starleads' data: Maharashtra (1,403), Karnataka (494), Delhi (331). Karnataka is 2nd of 3 states. These are the counts of contacts in each list, not an official census.

Is there a free spas & wellness centres list PDF for Karnataka?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.