

Spas & Wellness Centres in Mumbai: contact list (free sample PDF)

1,176 contacts · 92% with mobile numbers · 19% with emails · 29% with landlines · Updated Oct 2026 · Full list ₹499 (90% off)

This list has 1,176 spas & wellness centres in Mumbai, Maharashtra with contact details. 92% have a mobile number, 19% an email address and 29% a landline. 96% come with a street address, 56% with the contact person's name and 88% with a PIN code.

Where a locality is given, most are in Andheri West (85), Andheri East (54) and Bandra West (54), followed by Malad West, Powai and Vashi.

Mumbai has the largest list of the 3 cities with a spas & wellness centres list in Starleads' data, ahead of Bengaluru (491) and Chennai (262). It holds 84% of the spas & wellness centres in Maharashtra.

By category, the biggest groups are Massage Centres (544), Multiple Spa (127) and Spa Centres (125).

Get all 1,176 contacts in Excel: <https://starleads.in/data/spas-wellness-centres-in-mumbai/>

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Ace Hair & Skin Lounge	Romy Sharma	Multiple Spa	+91 97733 XXXXX	022-3225XXXX	ac.....@ gmail.com	Chandwarkar Lane Ranjith Nagar Road 7	Mumbai	400092
2	Allure Medspa	Milan Doshi	Body Spa	+91 98690 XXXXX	022-2871XXXX	al.....@gmail. com	Opposite Prakash Hotel, 65, Jawahar Nagar, Central Stree	Mumbai	400062
3	Amar Bahadur - Body Massage in Mumbai	Amar Bahadur	Massage Centres	+91 98676 XXXXX		am..... •@gmail.com	Sanjay Nagar, Marol Pipe Line, Andheri-Kurla Road	Mumbai	400059
4	Andheri Escort Services	Yash	Massage Centres	+91 96196 XXXXX		ya.....@gmail.c om	Near Leela Hotel	Mumbai	400063
5	Angel Salon & Spas	Vidya Chahal	Multiple Spa	+91 84528 XXXXX	022-6994XXXX	an.....@gm ail.com	1st Floor, Rafi Mansion, 43, Sarkhej-Bavla Cross Road, Near To Guru Nanak Garden	Mumbai	400050
6	Anjali Health Care	Ravi Shay	Massage Centres	+91 77983 XXXXX		si.....@gmail .com	Near Gurunanak Petrol Pump	Mumbai	400099
7	Aroma Thai Foot Spa	Atul	Massage Centres	+91 97732 XXXXX	022-6671XXXX	mc.....@aromathai.net	No. F-95, 1st Floor, Near in Market City Phoenix Mall	Mumbai	400086
8	Aroma Thai Foot Spa	Arvit Ahuja	Massage Centres	+91 97732 XXXXX	022-2871XXXX	in.....@aromatha i.net	Rang Sharda, Bandra Reclamation, Kishenchand Marg, Bandra W, Mumbai - 400050	Mumbai	400064
9	Aromathai Foot Spa	Deepali Sathe	Day Spa	+91 97732 XXXXX	022-2353XXXX	km.....@gmail.com	Tirupati Apartments, 9, Opposite Mahalaxmi Temple, Breach Candy	Mumbai	400026
10	Bathija International	Ashish Bathija		+91 98206 XXXXX	022-2341XXXX	ba.....@gma il.com	No. 3 Kk Mansion No. 289-91, Nagdevi Street	Mumbai	400003
11	Bell Saloon & Spa	Anuradha	Spa Centres	+91 90290 XXXXX		an.....@gmail. com	Shop No. 15, J.B. Nagar, Opposite Jain Temple	Mumbai	400059

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
12	Black Burberry Salon Spa	Seema Singh	Day Spa	+91 99691XXXXX	022-6161XXXX	bl*****@gmail.com	1st Floor, Arsiwala Mansion, 21, Nathalal Parekh Marg, Opp Charagh Din Showroom	Mumbai	400005
13	Blush Spa & Salon	Abba	Spa Centres	+91 86899XXXXX		ma*****@gmail.com	Shop No. 7/8, Near Ratna Mahal Restaurant	Mumbai	400099
14	Carol	Manish	Massage Centres	+91 98215XXXXX	022-6524XXXX		C 183/9, Ttc MIDC Indl Area Shirvane, Vashi, Thane - 400703	Mumbai	400072
15	Core Wellness Ltd	Nasha	Body Spa	+91 90046XXXXX	022-2674XXXX		101/102, Veera Desai Road, Near Firangi Hotel	Mumbai	400053
16	Diya Health Care	Dr Veena Nisar	Nail Spa	+91 98207XXXXX	022-2590XXXX	ve*****@rediffmail.com	Panch Rasta, Pk Road, 102, Billeshwar Tower, 1st Floor, Above New Safe Life Chemist	Mumbai	400080
17	Eco Planet	Mr Bimal Das	Multiple Spa	+91 93231XXXXX	022-2660XXXX	ac*****@ecoplanet.in	Building No 7A, Sangeeta Apt, Shop No 3, 6th Main, 13th Cross, Near Sndt College	Mumbai	400049
18	Girish Surgical Works	Girish	Multiple Spa	+91 92232XXXXX	022-6598XXXX	gi*****@gmail.com	Chhatrapati Shivaji Maharaj Road Mavalli Tank Bund Road	Mumbai	400055
19	Gold Leaf Thai Spa	Main	Day Spa	+91 99206XXXXX	022-2643XXXX	go*****@gmail.com	Matai Mansion, 5/6, St John Baptis Road, Near Bunglo 9th Restaurant	Mumbai	400050
20	Hair and Skin Care Salon	Pratik	Hair Spa	+91 80979XXXXX	022-2635XXXX		Bornbon Line, J P Road, 7 Bungalows, Opposite To Gurukripa	Mumbai	400069
21	Hinduja Healthcare Pvt Ltd	Hinduja	Spa & Healthcare Disposables	+91 98198XXXXX	022-2646XXXX	sa*****@hindujahealthcare.com	11, Near Khar Telephone Exchange	Mumbai	400052
22	Hutz of Tress	Chaya Patil	Multiple Spa	+91 98194XXXXX	022-2872XXXX	hu*****@yahoo.com	Vasant Pride, 26 & 27, Opposite Gokul Garden	Mumbai	400101
23	In Touch Salon & Spa	Vivek	Multiple Spa	+91 97731XXXXX	022-2444XXXX	fi*****@ymail.com	Hostin Apartment, 8, Opp Marol Fire Brigade	Mumbai	400016
24	Intensity Gym & Spa	Mr Rocky	Massage Centres	+91 98690XXXXX	022-2649XXXX	ro*****@yahoo.com	209 Vireshwar Chamber, M G Road, Vile Parle E, Mumbai - 400057	Mumbai	400052
25	Iosis Spa	Shilipa Sheety	Multiple Spa	+91 84518XXXXX	022-2631XXXX		Link Palace, 101/102, B-Wing, Lokandwala, Opp Costa Cafe	Mumbai	400053
26	Ishwari Healthcare	Shatrughan Zamandas Nenwani	Spa & Healthcare Disposables	+91 98206XXXXX	022-4016XXXX		Whispering Palm Center, 52, Jain Colony, Near Mahindra Company	Mumbai	400101
27	Jay Bharat Hyundai	Achungphy Awungshi	Day Spa	+91 99304XXXXX	022-6770XXXX	ja***@jayabharat.com	Bps Plaza Building, Devi Dayal Road, Near Johnson & Johnson	Mumbai	400080
28	Kallista Spa & Salon	Meenu Joshi	Multiple Spa	+91 97691XXXXX	022-2642XXXX	ka*****@gmail.com	Pali Market, Dr Ambedkar Road, A 101, Gasper Inclave, 6th Cross, Next To Golds Gym	Mumbai	400050
29	Kallisto Spa & Salon	Dimple	Spa Centres	+91 96197XXXXX	022-2670XXXX	sp*****@gmail.com	101, Royal Chamber, Gulmohar Ro, Opposite To Club Millenium	Mumbai	400049
30	Krishna Family Fitness Massage	Vinod G Gaikwad	Body Spa	+91 96198XXXXX	022-6456XXXX	kr*****@gmail.com	14, D L Marg, Kala Chowki, Behind Abhyudaya Bank, Near Ishawati Prasad Society	Mumbai	400033

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
31	Look Here Parlour	MS Urvashi	Massage Centres	+91 91722XXXXX	022-6528XXXX	pu.....@gmail.com	Vaibhav Building, 125, S V Road, Opp Irla Nursing Home	Mumbai	400056
32	Manzoor Khan Salon & Spa	Manzoor Khan	Multiple Spa	+91 98213XXXXX	022-2639XXXX	sa.....@gmail.com	Shop No 2 Sai Amar Building, Link Road, Near Sai Baba Park & Evershine Nagar	Mumbai	400102
33	Mind Spa	Mr Leo	Multiple Spa	+91 98673XXXXX	022-4002XXXX	ma.....@rediffmail.com	Ground Floor, 5, Bharti Bhavan, P. D'mello Road	Mumbai	400001
34	Myo Thai Spa	Kamal	Body Spa	+91 98700XXXXX	022-2634XXXX	ka.....@gmail.com	Park Paradise, 9, Oshiwara, Opp Winder Marry	Mumbai	400102
35	Neena's Spa	Neena	Body Spa	+91 98203XXXXX	022-2878XXXX	gu.....@rediffmail.com	Jai Avadhapuri Building, 9, Bangur Nagar, Near Hipar City, Link Road	Mumbai	400104
36	Nirbal Mahila Bachat Gat	Kavita	Body Spa	+91 93224XXXXX	022-2560XXXX	ch.....@gmail.com	67, Adarsh Shamta Nagar, Main Bazar	Mumbai	400082
37	Nirrvana	Shobita	Spa Centres	+91 84548XXXXX	022-2354XXXX	ni.....@gmail.com	Sagar Mansion, 40, B D Road, Near Sky Parking	Mumbai	400026
38	O2 Spa	Shri Niwas Reddy	Multiple Spa	+91 97028XXXXX	022-6685XXXX		2nd Floor, Chatrapati Shivaji International Airport, 2/B/C	Mumbai	400069
39	Oceanic Spa & Saloon	Vinesh	Massage Centres	+91 91678XXXXX	022-2781XXXX	dh.....@yahoo.co.in	Bhumiraj Heritage, 4, Plot No 1, Sector 18, Palm Beach Road, Near Idbi Bank	Mumbai	400705
40	Orange Beauty Lounge Family Salon & Spa	Aditi	Spa Centres	+91 98332XXXXX		su.....@yahoo.com	Shop No. 1, Near Bank of Baroda	Mumbai	400068
41	Rasi the Zodiac Spa & Salon	Shreeti	Day Spa	+91 90229XXXXX	022-6671XXXX		2nd Floor the Link Building, Next To Audi Showroom	Mumbai	400053
42	Relax Massage	Ajay	Massage Centres	+91 97022XXXXX		ki.....@yahoo.co.in	Plot No. D-12, Near Smashan Bhumi	Mumbai	400708
43	Richfeel Spa	MS Emi	Multiple Spa	+91 98206XXXXX	022-2351XXXX	sp...@richfeel.com	1, Sagar Mansion, 40, Bhulabhai Desai Road, Besides Akruti Skypark	Mumbai	400026
44	Riya Full Body Massage	Riya	Massage Centres	+91 84199XXXXX		bt.....@gmail.com	No. 117, Near Mahaveer Bus Stop	Mumbai	400059
45	Sabai Foot Spa	Kavita	Foot Spa	+91 96196XXXXX	022-2633XXXX	sa.....@gmail.com	Infinity Mall, 112, New Link Road Andheri West, Near Ice Factory	Mumbai	400050
46	Sai Arogya	Dr Sandeep	Day Spa	+91 92233XXXXX	022-2790XXXX	sa.....@yahoo.com	Chowdhari Niwas, 10, L D Engineering College Circle, Gujarat University Road	Mumbai	400080
47	Shahnaz Husain Herbal Salon	Alina Jetha	Multiple Spa	+91 99207XXXXX	022-2642XXXX	in.....@gmail.com	Byramjee Jeejabhai Road, Near Outside Sea Bird	Mumbai	400050
48	Shree Spa Disposables	Mohan	Spa & Healthcare Disposables	+91 92267XXXXX	022-2876XXXX	sp.....@yahoo.com	Kapasi Niwas Co-Operative Housing Society, 8/307	Mumbai	400062
49	Simran Beauty	Naresh	Body Spa	+91 92210XXXXX	022-2422XXXX		Atmaram Brothers Building, 45, Elphinstone Road	Mumbai	400013

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50	Sukho Thai	Mr Ashwin Dcosta	Foot Spa	+91 99309XXXX	022-2432XXXX	su.....@gmail.com	Candy House, Jodhpur Gaam Road Satellite Ahmedabad, Behind Taj Mahal Hotel	Mumbai	400016
51	Susaan Hair & Beauty Salon	Punit	Body Massage Centres, Beauty Spa, Hair Stylist	+91 89768XXXX	022-2920XXXX		B-403 Silver Tower, Kandivili, Thakur Complex, 400101	Mumbai	400069
52	Thai Bliss Family Spa	Ajay	Multiple Spa	+91 99676XXXX	022-6741XXXX	th.....@hotmail.com	Shop No. 212, 2nd Floor, Near in Nirmal Life Style Mall	Mumbai	400080
53	The Golden Tree Spa	Navee	Body Spa	+91 99302XXXX	022-2634XXXX	to.....@yahoo.com	Saran Bungalow, C-10, 3rd Cross Lane, Lokhandwala	Mumbai	400053
54	Time Otc Chem	Sachin Shah		+91 98215XXXX	022-2405XXXX	ti.....@gmail.com	No. 103 Building No. 6 Jogani Industrial Complex	Mumbai	400022
55	Tulsi Wellness Spa and Salon	Sanolni	Massage Therapeutic	+91 99203XXXX	022-2920XXXX	tu.....@gmail.com	Marol Church Road, Shop No 1-2-3, Sterling Apartment, Phase V Jamhor Aurangabad, Near the Leela Hotel	Mumbai	400059
56	Vanaddict	Akshaya	Multiple Spa	+91 98336XXXX	022-4015XXXX	ak.....@hotmail.com	F Wing, Kamlesh Apartments, 128/129, Meghaninagar, Near HDFC Bank	Mumbai	400069
57	Welcome Body Massage Center	Mr Salim	Massage Centres	+91 88799XXXX		sa.....@gmail.com	Room No 19 Nagar Gomes Compound Jhanleshwar Mahadev Mandir, Near Chitra Bakery	Mumbai	400072
58	X Hair Beauty Salon Spa	Rajeev Vishwanathan	Multiple Spa	+91 98699XXXX	022-2590XXXX	x.....@gmail.com	Shree Ashirwad Bungalow Nahur, Nahur Road, Near Mehul Cinema Circle	Mumbai	400080
59	Yasmin of Nalini & Yasmin Salon Pvt. Ltd	Yasmin	Spa Centres	+91 98202XXXX	022-2624XXXX	am.....@gmail.com	Sun N Sand Hotel, 39, Juhu Tara Road, Next Novotel	Mumbai	400053
60	Zazen	Dr Ashana Rawal	Multiple Spa	+91 77740XXXX	022-2491XXXX	da.....@hotmail.com	8/9, Gandhi Nagar, Opp Nehru Sci Center	Mumbai	400018

Questions

How many spas & wellness centres are there in Mumbai?

This list has 1,176 spas & wellness centres in Mumbai, Maharashtra with contact details, 92% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of spas & wellness centres in Mumbai?

Download this list in Excel: 1,176 contacts, 92% with a mobile number and 19% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Mumbai have the most spas & wellness centres?

Andheri West (85), Andheri East (54), Bandra West (54), Malad West (36) and Powai (32).

Which city in India has the most spas & wellness centres?

In Starleads' data: Mumbai (1,176), Bengaluru (491), Chennai (262). Mumbai is 1st of 3 cities. These are the counts of contacts in each list, not an official census.

Is there a free spas & wellness centres list PDF for Mumbai?

Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.