Starleads

Yoga Centres & Trainers in India: contact list (free sample PDF)

4,170 contacts · **90%** with mobile numbers · **49%** with emails · **26%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 4,170 yoga centres & trainers across India with contact details. 90% have a mobile number, 49% an email address, 26% a landline and 10% a website. 97% come with a street address, 46% with the contact person's name and 91% with a PIN code.

They cover 25 states and 62 cities. The most are in Maharashtra (1,160), Delhi (711) and Karnataka (579), followed by Tamil Nadu, Telangana and Gujarat; the top cities are Mumbai, Delhi and Bengaluru.

The three biggest states hold 59% of them; the other 22 share the rest.

By category, the biggest groups are Yoga (3,560), Yoga Training Centres (261) and Yoga Centres (114).

Get all 4,170 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-all-india/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Archna Didi Meditation & Yoga Studio	Jyoti	Yoga	+91 88007 XXXXX	011-4552XXXX	h.••••••••••••@gmail.com	24, Park View Appts, Sec-12, Plot-16, Dwarka Sector 12, Opp Rockland Hospital	Delhi	110078
2	Hath Yoga	Inderdev	Yoga	+91 98105 XXXXX	011-3343XXXX	in••••••••••••@yahoo.com	Gurukul Ashram 119, Near Dak Ghar	Delhi	110049
3	Manas Yoga Sansthan	Vijay	Yoga	+91 98112 XXXXX	011-2634XXXX	su••••••••@gmail.com	Flat No - 6 D, Siddharth Enclave, Siddartha Extension, Pocket-C	Delhi	110014
4	Ramesh Yoga	Ramesh	Yoga	+91 78386 XXXXX	011-3363XXXX	pa••••••••••@yahoo.co.in	Plot No. 634/72nd Floor, near Bank of Phatiala Govindpuri	Delhi	110019
5	Urban Yoga Studio	Shiiromani	Yoga	+91 88006 XXXXX	011-3305XXXX	yo••••••••••••••••@gmail.com	Plot NO-3, Dwarka Sector 11, Near DDA Sports Club, Nair Society, Mannam Internationa	Delhi	110075
6	Antyodaya Yoga Studio	Avdesh Tripathi	Yoga	+91 79304 XXXXX		an••••••••••••@gmail.com	215/ Sangath Mall -1, Chandkheda, Opposite Vishavkarma Iit Engineering College	Ahmedabad	382424
7	Aroras Power Yoga Studio	Manager	Yoga	+91 79264 XXXXX	079-2640XXXX	bh••••••••••••@yahoo.co.in	Purohit Avenue, 3rd Floor, C G Road, Near Jain Derasar, Opp Aniket Building	Ahmedabad	380009
8	Exhale Yoga School	Parth Dave	Yoga	+91 99090 XXXXX		pa••••••••••••@gmail.com	G-3, Balaji Plaza, Near Bodakdev	Ahmedabad	380054
9	I Fit Yoga & Fitness Studio	Devang	Yoga	+91 79309 XXXXX		de•••••••@gmail.com	Green City, Arjun Asharm Road, Nirnay Nagar, Near SBI Bank	Ahmedabad	382481
10	Yoga Rhythms	Salomi	Yoga	+91 79266 XXXXX	079-2662XXXX	yo•••••••••@rediffmail.com	Shrinivas Soceity, Paldi, Near Suvidha Shopping Centre	Ahmedabad	380007

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
11	Aum Yoga Kendra	Mr Jitendra Mistry	Yoga	+91 94263 XXXXX	0265-263XXXX	au••••••••••••••••@yahoo.com	2, Jay Mahalaxmi Park, Novino Tarsali Road, Ganesh Nagar More Banla Line, Opposite Hanuman Temple	Vadodara	390014
12	Banyan Club	Taral Patel	Yoga Training Centres	+91 92271 XXXXX	0265-233XXXX	ba•••••••••@gmail.com	Alkapuri Hoysala Nagar 25/A	Vadodara	390007
13	Mind Body Zone	Umesh Pathak	Yoga Training Centres	+91 98246 XXXXX	0265-235XXXX	mi••••••@mail.com	Abhishek Complex, 3rd Floor, 311, Khetwadi	Vadodara	390012
14	Vivekananda Yoga Kendra	Vikas Malani	Yoga	+91 93272 XXXXX		vi•••••••@yahoo.com	29 Atma Shraddha Society, Near Ellora Park	Vadodara	390023
15	Yoga for You	Manager	Yoga	+91 93275 XXXXX		ni•••••••@gmail.com	Ground Floor, Parsana House, Akota Stadium Road, Near Akota	Vadodara	390020
16	Sahaja Yoga Meditation Centre	Mithra	Yoga	+91 96322 XXXXX		fo••••••••••••••••••@gmail.com	Amruthahalli	Bengaluru	560092
17	Samyama Academy of Yoga	Gowrisha	Yoga	+91 98450 XXXXX		sa••••••••••••••••••@gmail.com	No. 39/1, 3rd Floor, Near Colony, Above State Bank of Mysore Basavanagudi	Bengaluru	560004
18	Soham Yoga & Holistic Health Centre	Johnson	Yoga	+91 99012 XXXXX	080-2658XXXX	so•••••••@gmail.com	#294/1, near Hotel New Shanthi Sagar Domlur Layout	Bengaluru	560071
19	Srimoyi Yoga	Bhaswathi Seal	Yoga	+91 80258 XXXXX		in•••@srimoyiyoga.com	No. T1, Sarjapur Outer Ring Road, Marathahalli Road, Bellandur, Near Intel Office	Bengaluru	560103
20	Yoga Pathashala	Harsha Nagaraj	Yoga	+91 94838 XXXXX	0194-838XXXX	cr••••••••••@gmail.com	NO.152, 3rd C Main Road, 2nd Stage, 9th Block, Vinayaka Layout, Nagarbhavi, Near	Bengaluru	560072
21	Bharat Thakur Artistic Yoga	Tiya	Yoga	+91 98333 XXXXX	022-6556XXXX	mu••••••••••••••••@gmail.com	Studio Balance, Krishna Kunj Co Operative Housing Society, Next To Bharatiya Vidya Bhavan, 29/30, K Munshi Marg, Girgaon Chowpatty	Mumbai	400058
22	Premanand Yoga	Premanand Mishra	Yoga	+91 91679 XXXXX	022-6556XXXX	pr••••••••••@gmail.com	Shop No 281, 1st Floor, Dreams Mall, Lbs Marg, Mumbai - 400078, Near Bhandup Railway S	Mumbai	400101
23	Vision Yoga	Viram Agrawal	Yoga	+91 91674 XXXXX	022-2614XXXX	vi••••••••••@yahoo.com	No. 101, Soumaiya House, N. P. Thakkar Road, Opposite Rajpuriya Bagh, Vile Parle East	Mumbai	400057
24	Yoga Central	Sashi Sarda	Yoga	+91 99675 XXXXX	022-3853XXXX	sa•••••••••@yahoo.com	Temperance Studio Sheryl, Rajan Road, Off Carter Road, Near Rizvi Collage	Mumbai	400050
25	Yoga With Uday	Udaykumar	Yoga	+91 88980 XXXXX	022-3852XXXX	ud•••••••••@gmail.com	C/o Canossa High School, Mia Chotani Road, Near Mahim Railway Station	Mumbai	400016
26	Manisha Yoga Center	Manisha	Yoga	+91 83083 XXXXX	020-3954XXXX	dr••••••••••@gmail.com	Survey No 15/A, Baner Road, Shivranjan Tower Club House	Pune	411045

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
27	Param Yoga	Dr Renu Mahtani	Yoga	+91 99235 XXXXX	020-3961XXXX	pa••••••••••••@gmail.com	Ramya Ashiyana Park 2, Serra International School Lane, Opposite Gaikwad Petro	Pune	411007
28	Pragya Yoga Group	Devashish Kumar	Yoga	+91 98235 XXXXX	020-3348XXXX	pr••••••••@gmail.com	Gangotri Apartment, Salesbury Park Road, Gultekdi, Near Pune Advantist Hospital	Pune	411037
29	Soham Yoga Studio	Umesh Certified Teacher	Yoga	+91 98817 XXXXX	020-3004XXXX	so••••••••••••@gmail.com	Iris Bldg, Hadapsar, Magarpatta City	Pune	411028
30	Yoga Enterprises	Prasad Wagh	Yoga	+91 98223 XXXXX	020-2553XXXX	ma••••@yogaenterprises.com	1194/6, 2nd Floor, Jitendra Villa, Ghole Road, Near Shivaji Nagar	Pune	411005
31	Bhaskar Yoga & Wellness Clinic	Anchal Uppal	Yoga	+91 98281 XXXXX	0141-406XXXX	bh•••••••••@gmail.com	147 A Ram Gali Opposite Bhatia Hospital Panchawaticircle Raja Park	Jaipur	302004
32	Dynamic Yoga	Sharad Saini	Yoga	+91 82336 XXXXX	0141-272XXXX	sh••••••••••••@gmail.com	D-331, Siddhart Nagar, Near Navodaya Public School, Near Sec. 6	Jaipur	302017
33	Indian Yoga Life	Dharmendra	Yoga	+91 94615 XXXXX		dl•••••••@yahoo.com	Plot No. 48, Sikar Road, Jaipur - 302039, Opposite Balaji Dharma Kanta, High Campus Colony, Hamara	Jaipur	302013
34	Navneet Prakritik Yoga Chikitsa Dham	Shubra Bohra	Yoga	+91 99280 XXXXX	0141-220XXXX	sh•••••••••••••@gmail.com	No. 90, Navneet Bhavan, Rajhans Hotel Ki Gali Kanti	Jaipur	302006
35	Yog Sadhana Ashram	Yogini Pushpalata	Yoga Training Centres	+91 93140 XXXXX	0141-271XXXX	yo•••••••••••••@gmail.com	Univarcity Marg, Near Rajasthan Unversity and Gandhi Nagar Police Station	Jaipur	302015
36	Asana Andiappan College of Yoga & Research Centre	Muruganandham	Yoga	+91 98413 XXXXX	044-2618XXXX	en•••••@andiappanyoga.com	7/18, South Park Street, Venkatapuram, Ambattur, Back Side of Govt. Girls High School	Chennai	600053
37	Asana Andiyappan Yoga Centre	Raja	Yoga	+91 99406 XXXXX	044-6514XXXX	ya•••••@gmail.com	NO16, 21st Main Road, Anna Nagar West, Near Tirumangalam Signal	Chennai	600101
38	Global School of Yoga	Ganesh Kumar	Yoga	+91 95516 XXXXX	044-3304XXXX	ma••••••••••••••@gmail.com	No 700 Tnhb, 28th Street, Opposite To Bhakthavachalam School	Chennai	600050
39	Krishnamacharya Yoga Mandiram	Ramakrishana	Yoga	+91 94440 XXXXX	044-2493XXXX	ad•••@kym.org	Old No 10 New No 31, 4th Cross Street, R K Nagar Behind Mandaiveli Telephone Exchange	Chennai	600028
40	R.A. Mani Yoga Asana Center	Raju Mani	Yoga	+91 72999 XXXXX	044-3302XXXX	rm••••••••••••••@yahoo.com	No. 3, 2nd Floor, Opposite Mangal Lake Park Mogappair West	Chennai	600037
41	Gmcks Pranic Healing Center & Arhatic Yoga Training Center	Manager	Yoga	+91 93631 XXXXX		gm•••••••@gmail.com	No 1295 First Floor, Mill Road, Coimbatore Ho, Near Marakadai Bus Stop	Coimbatore	641001
42	Gomukeshwara Research Institute of Yoga & Naturopathy		Yoga	+91 99440 XXXXX	0422-335XXXX	go••••••••••@gmail.com	New No 4, Sundaresar Layout, Trichy Road, Near Coimbatore Central	Coimbatore	641018

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
43	Integral Yoga Institute	C.V. Karthikeyan	Yoga	+91 98432 XXXXX	0422-254XXXX	iy••••@vsnl.net	No. 139/86, Opposite Corporation Girls Higher Secondary School R.S. Puram	Coimbatore	641002
44	Sri Veera Maruthi Yoga Center	Anna Raj	Yoga	+91 93632 XXXXX		yo••••••••••••@gmail.com	No. 30, near Corporation School Uppilipalayam	Coimbatore	641015
45	Sri Viveka Yoga Therapy Centre	Srinivasan	Yoga	+91 90803 XXXXX		sr••••••••••@gmail.com	No. 46, near Karamadai Bus Stop Karamadai	Coimbatore	641104
46	Aanantham Yoga Centre	Lalitha	Yoga	+91 99522 XXXXX		aa••••••••••••••••@gmail.com	#82, near Simakkal Bus Stop Balarangapuram	Madurai	625001
47	Om Pranava Yoga Practice & Research Centre	Manager	Yoga	+91 97895 XXXXX		ja••••••••••@yahoo.co.in	No 17, Rajendra 2nd Street, Arasaradi, Karimedu Arapalayam	Madurai	625016
48	Sahaja Yoga Meditation	Umashankar	Yoga	+91 94445 XXXXX		au••••••••••••@gmail.com	Madurai Madurai Chennai	Madurai	625016
49	Sivananda Yoga Vedanta Centre	Manassarkar	Yoga	+91 90922 XXXXX	0452-252XXXX	ma••••••••••@sivananda.org	No. 444, near Raj Magal Kalyana Mandapam K.K. Nagar	Madurai	625020
50	Sivananda Yoga Vedanta Meenakshi Ashram	Swami Govindananda	Yoga	+91 93446 XXXXX	0452-291XXXX	ma•••••@sivananda.org	New Natham Road, Vellayampatti, Saramthangi Village near Pavanna Vilakku Junction	Madurai	625503
51	Relax Yoga & Aerobics Centre	Rama Mohan T	Yoga	+91 92461 XXXXX	040-3306XXXX	ta•••••••@gmail.com	H No 1-8-730/1, 1st Floor, Vegetable Market Road, Nallakunta, Opp Vamakshi High School, Near Reliance Fresh	Hyderabad	500044
52	Sparsh Holistic Yoga	MS Yeshoda(naturopath & Yoga Therapist)	Yoga	+91 81060 XXXXX	040-4020XXXX	sp•••••••••@gmail.com	Pinnacle Palace, Street No 1, Behind Life Style & Country Club, Uma Na	Hyderabad	500016
53	Surya Yoga	Suresh	Yoga	+91 98491 XXXXX	040-3006XXXX	su••••••••••••••@rediffmail.com	MIG A 93, Sainadhapuram, Ecil, Near Sai Baba Temple	Hyderabad	500062
54	Yoga Vidya Pranic Healing Foundation of Andhra Pradesh	Krishna Mohan M	Yoga	+91 99498 XXXXX	040-2341XXXX	yv•••@appranichealing.org	No 6-3-788/A/18 Plot No 18 Durga Nagar Colony Ameerpet Landmark Opp Chandana Brothers Lane Hyderabad Ap	Hyderabad	500016
55	Yoga Zone	Manager	Yoga	+91 98493 XXXXX	040-2331XXXX	in•••@sharmilasyogazone.com	Shop MIG-13, Road No. 1, Kukatpally Housing Board, Opposite Bus Stop, Near Banjara Hills	Hyderabad	500034
56	Ananda Yoga Center	Manager	Yoga	+91 97484 XXXXX	033-3313XXXX	an••••••••••••••@gmail.com	1st Floor, Ck 46, Sector 2, Salt Lake, Tank No 9 Watertank, Karunamoyee	Kolkata	700091
57	Asian Yoga Research Institute and Vocational Training Centre	Ujjal Kumar Ghosh	Yoga	+91 98302 XXXXX	033-3094XXXX	ay•••••@gmail.com	No. 135/16, Jaigirghat Road, near Gouribari, Sen Mukherjee Bagan, Pora Ashothottala Busstop	Kolkata	700063
58	Nature Cure & Yoga Centre	Govinda Bhat	Yoga	+91 96741 XXXXX	033-2453XXXX	kg••••••@gmail.com	Diamond Harbour Road Konchowki, Post Office Bishnupur District -24 Parganas South	Kolkata	743503
59	Prachin Yoga & Physiotherapy Reasearch Institute	Pradyut	Yoga	+91 92315 XXXXX	033-3301XXXX	pr••••••••••••@gmail.com	F/ T - 3, Mahamaya Sarani, Near Jyangra Battala	Kolkata	700059

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
60	Yoga Plus	Dr Rajyam Gupta	Yoga	+91 89612 XXXXX	033-3320XXXX	yo••••••••@gmail.com	29/1, Jessore Road, Bangur Avenue, Near Supermarket	Kolkata	700055

Questions

How many yoga centres & trainers are there in India?
This list has 4,170 yoga centres & trainers across India with contact details, 90% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in India?
Download this list in Excel: 4,170 contacts, 90% with a mobile number and 49% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in India have the most yoga centres & trainers?
Mumbai (828), Delhi (668), Bengaluru (448), Chennai (337) and Hyderabad (301).

Is there a free yoga centres & trainers list PDF for India?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.