Starleads

Yoga Centres & Trainers in Hyderabad: contact list (free sample PDF)

301 contacts · **88%** with mobile numbers · **50%** with emails · **27%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 301 yoga centres & trainers in Hyderabad, Telangana with contact details. 88% have a mobile number, 50% an email address, 27% a landline and 7% a website. 97% come with a street address, 33% with the contact person's name and 98% with a PIN code.

Where a locality is given, most are in Banjara Hills (9), Kukatpally (9) and Begumpet (7), followed by Jubilee Hills, Madhapur and Ameerpet.

Hyderabad's list is the 4th largest of the 5 cities with a yoga centres & trainers list in Starleads' data; the biggest are Mumbai (828) and Bengaluru (448). It holds 95% of the yoga centres & trainers in Telangana.

Get all 301 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-in-hyderabad/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Abhyudaya Yoga	Manisha Singhania	Yoga	+91 97014 XXXXX		ma•••••@singhania.org	A-504, Quiescent Heights|raheja Mindspace, Hitec City	Hyderabad	500081
2	Aditya Yoga Centre	K. Tirumala Rao	Yoga	+91 98855 XXXXX	040-3308XXXX	ti••••••••••••@gmail.com	House No 8-3-231/A/F, Sri Krishna Nagar, Opposite	Hyderabad	500045
3	Anahata Yoga Zone	Pratibha Agarwal	Yoga	+91 90009 XXXXX	040-3006XXXX	pr•••••••@anahatayoga.in	2nd Floor, Trimulgherry, Above Nilgiris Super Market, Mansaovar Circle, Manovikas	Hyderabad	500015
4	Anus Yoga	Annapurna	Yoga	+91 98483 XXXXX		ya•••••@yahoo.co.in	Srinivasa Village, Sundar Bagh, Near Indira Nagar-Sri Nagar Colony	Hyderabad	500073
5	Arihant Yoga Centre	Sangita Jain	Yoga	+91 92461 XXXXX		sa••••••••••••@gmail.com	H No 3-1-13/1, Flat No 302, Golden Trishold Apartments, New Moti Market, Near Kachiguda	Hyderabad	500027
6	Arya Yoga Academy	Acharya Vebtal Arya	Yoga	+91 99492 XXXXX	040-3308XXXX	vp•••••••••@gmail.com	Arya Samaj Mandir, Shanti Nagar, Lalapet, Hyderabad - 500003, Near Secunderabad	Hyderabad	500017
7	Babas Yoga	Yogi Sanjay Ratan	Yoga	+91 93925 XXXXX		jr•••••••@gmail.com	Khairatabad, Vasavi Seva Kendram	Hyderabad	500004
8	Bhanu Academy of Yoga & Music	Bhanu	Yoga	+91 93911 XXXXX	040-2710XXXX	bh••••••••••@sify.com	House No 1-4-159/1/12, Srichakra Enclave, Near 6th Avenue Saibaba Te	Hyderabad	500094
9	Bikrams Yoga College of India		Yoga		040-6517XXXX	in•••@bikramyoga.com	5th Level, Nbk House, Hb Co-Op Society Road, No 31 and 32	Hyderabad	500033
10	Bodhi Yoga Centre		Yoga	+91 87903 XXXXX	040-3370XXXX	jg••••••@gmail.com	Plot No 91, Sri Nagar Colony Main Road, Near ICICI Bank, Near Kamalapuri Colony-Sri Nagar Colony	Hyderabad	500073

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11	Damodar Yoga Instructors	Damodar	Yoga	+91 92478 XXXXX		da••••••••••@gmail.com	H No 3-5-50/50/838/8, Amrutha Archade, Kachiguda, Near Venkata Ramana Theatre	Hyderabad	500027
12	Dhruva Ayurveda & Yoga Vaidyashala	Dr Krishna	Yoga	+91 93480 XXXXX		dh••••••••••••@gmail.com	16-11-741/D-99, 5, Right Cross in the Lane, Musarambagh, Beside Sbh Colony	Hyderabad	500036
13	Divine Yoga Alternative Thraphy Center	D.G. Madhava Murthy	Yoga	+91 93970 XXXXX	040-3308XXXX	si•••••••••••••••@gmail.com	No. 13-115/2/1, Sanjay Nagar, near Peoples Showroom Malkajgiri	Hyderabad	500047
14	Dr Gracy's Yoga & Ayurveda Therapy Center	Suneetha Grace Chinnam	Yoga	+91 94402 XXXXX		dr••••••••••••••@gmail.com	Ps Nagar, Vijayanagar Colony, Masab Tank, Near Lifestyle Clinic	Hyderabad	500028
15	Dr Swathis Yoga	Swathi Satya Prasad	Yoga	+91 98499 XXXXX		sw••••••••••••@gmail.com	Shabari Nilayam, R R Nagar, Old Bowenpally-Bowenpally, Near Gayatri Residency	Hyderabad	500011
16	Energizer Yoga	Vijay Mohan	Yoga	+91 92465 XXXXX		ey••••@gmail.com	H No 6-3-902/7/3, 1st Floor, Raj Bhavan Road, Somajiguda, Lane Beside Ratnadeep	Hyderabad	500082
17	Kaivalya Yoga Vignana Kendra	Sai Chakravarthy	Yoga	+91 92900 XXXXX	040-3308XXXX	ka•••••••••••••••@yahoo.com	House NO.23/Srt 2nd Floor, Oppsite Street of Geetanjali School, Hyderabad - 500038, Near Sanjeeva Reddy Nagar	Hyderabad	500018
18	Kiran Yoga Trainer	Manager	Yoga	+91 99631 XXXXX		ki••••••••••••@gmail.com	Road NO:12, Banjara Hills, Near Rama Naidu Studio	Hyderabad	500034
19	Learn Eazy Yoga Classes		Yoga	+91 98855 XXXXX		ka••••••••@yahoo.com	3-4-53, Gsr Complex, Hyderguda Lane, Attapur, Near More Super Market	Hyderabad	500048
20	Manav Yoga	Eshwar Ganesh	Yoga	+91 81428 XXXXX		es••••••••@gmail.com	House No 16-55/A, Krishna Nagar, Near Dilsukh Nagar	Hyderabad	500060
21	Naga Yoga Vidyalaya	Siva Ji	Yoga	+91 93910 XXXXX		ma••••••••••••@gmail.com	Plot No. 2-10-14/5, Beside New Banjara Enclave, Near Bolarum Railway St	Hyderabad	500010
22	Omkar Yoga Studio	Manager	Yoga	+91 98490 XXXXX			Road No 42, Jubilee Hills, Behind Pedama Temple	Hyderabad	500033
23	Omsai Yoga Health Clinic	Sourab	Yoga	+91 96189 XXXXX	040-2776XXXX		1-11-183/2/3, Near Begumpet Railway Station	Hyderabad	500016
24	Padma Bushan Dr P Tirumala Rao Institue of Yoga	Swaraja Lakshmi	Yoga	+91 93910 XXXXX	040-2375XXXX	sw••••••••••@yahoo.com	Street No 2, Lane No 24, Sanjeeva Reddy Nagar, Near Water Board Office, Sarvodhya Mahila Mandal	Hyderabad	500038
25	Pathanjali Yoga Centre	Mukunda Rao Sathuri	Yoga	+91 94901 XXXXX		mu••••••••••••@gmail.com	Plot No 52, House No 6-296/B, Aeronautics Enclave, Jeedimetla, Suchitra Square	Hyderabad	500055
26	R R Yoga Spirit of Life	Manager	Yoga	+91 90101 XXXXX	040-2315XXXX		MIG 321, Sindhu Heights 4th Floor, Main Road, Near Kukatpally	Hyderabad	500072
27	Red Cross Institute of Yoga & Nature Cure		Yoga	+91 92463 XXXXX	040-2360XXXX	dr•••••••••@yahoo.co.in	Road No 2, Lv Prasad Marg, Near Jubilee Hills	Hyderabad	500033

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28	Rekhas Yoga Studio	Rekha Gupta	Yoga	+91 97000 XXXXX		re••••••••••••@gmail.com	8-2-309/3/A, Kamalapuri Colony, Road No 14, Banjara Hills, Beside Asha Hospital	Hyderabad	500034
29	Relax Yoga & Aerobics Centre	Rama Mohan T	Yoga	+91 92461 XXXXX	040-3306XXXX	ta•••••••@gmail.com	H No 1-8-730/1, 1st Floor, Vegetable Market Road, Nallakunta, Opp Vamakshi High School, Near Reliance Fresh	Hyderabad	500044
30	Roopams Institute of Naturopathy Yoga Theraphy and Physiotherapy	Lakshmana	Yoga	+91 94401 XXXXX		ro•••••••••••••@gmail.com	Flat No 401, Plot No 171, R.S Towers, Kavuri Hills Phase 2, Madhapur, Sbh Kavuri H	Hyderabad	500081
31	Rudra Sri Yoga Classes	Srinivas Raju	Yoga	+91 93940 XXXXX	040-3308XXXX	ru•••••••@yahoo.co.in	Flat NO-303, Pavani Residency, Behind HDFC Bank, Jeedimetla Village	Hyderabad	500055
32	Sadguru Yoga Therophy	Srinath	Yoga	+91 99593 XXXXX		sr••••••••••••••@gmail.com	Plot No 21, SBI Colony, Road No 5, Kothapet, Behind Nagole Road More Supermarket	Hyderabad	500035
33	Sahaja Yoga & Nature Cure Centre	Ramakoteshwar Rao	Yoga	+91 99496 XXXXX		ra••••••••••••••@gmail.com	P No 21, Sri Chakra Residency, Prashant Nagar, Kapra Hi Tension Road, Near A S Rao Nagar	Hyderabad	500062
34	Sahaja Yoga Centres	Mr Krishna Kumar	Yoga	+91 98495 XXXXX	040-2334XXXX	vi••••••••••••@yahoo.co.in	197/2RT, Hyderabad - 500028, Andhra Bank Left Street, Vijay Nagar Colony	Hyderabad	500457
35	Sahaja Yoga Meditation Centre	Sri Sesha Sai. G.P	Yoga	+91 94909 XXXXX	040-2453XXXX	se•••••@yahoo.co.in	Opposite Sri Chaitanya College, Vinay Nagar Colony	Hyderabad	500059
36	Samraksha Yoga & Meditation Center	Gopala Krishna	Yoga	+91 99519 XXXXX		he•••••••••@gmail.com	6-458/84, Sudarshan Reddy Nagar	Hyderabad	500054
37	Sanjeevini Nature Cure & Yoga Clinic	Amir	Yoga	+91 98850 XXXXX	040-6661XXXX		Hno 9-73/1, Lalitha Nagar, Hyderabad - 500036, Near Dilsukhnagar	Hyderabad	500060
38	Sony Yoga & Fitness Center Gym	Sabana	Yoga	+91 88012 XXXXX	040-3303XXXX		House No 19-1-874/1/7/A, Opposite Honda Showroom, Bahadurpura X Roads	Hyderabad	500264
39	Sparsh Holistic Yoga	MS Yeshoda(naturopath & Yoga Therapist)	Yoga	+91 81060 XXXXX	040-4020XXXX	sp•••••••••@gmail.com	Pinnacle Palace, Street No 1, Behind Life Style & Country Club, Uma Na	Hyderabad	500016
40	Sree Avathar Athmaguru Ananda Mandir Yoga and Meditation Centre	P Santhosh	Yoga	+91 73865 XXXXX		sa••••••••••@gmail.com	Non, Bank Colony, Peerzadiguda, Global Interational School Lane	Hyderabad	500039
41	Sree Sath Kriya Yoga Center	Satya Sukumar	Yoga	+91 96408 XXXXX		sr••••••••••••••@gmail.com	House Number 2-2-1118/A, Plot No 304, Rajala Residency, Shivam Road, Near Nallakunta	Hyderabad	500044
42	Sri Athma Guru Ananda Mandir Yoga & Meditation Centre	Manager	Yoga	+91 99660 XXXXX		sn••••••@gmail.com	Non, Sai Nagar Colony, Peerzadiguda, Beside Dominos Pizza	Hyderabad	500039
43	Sri Guru Wellness Yoga Training	T. Narashima Reddy	Yoga	+91 90006 XXXXX		ns•••••••@gmail.com	Door NO.159/3RT, near 3 Park Vijay Nagar Colony	Hyderabad	500057

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44	Sri Nature Yoga Clinic	Kavitha	Yoga	+91 97014 XXXXX	040-2713XXXX	sn••••••@gmail.com	Srinivasa Nagar Colony, Dr A.S. Rao Nagar, Near Kushaiguda M	Hyderabad	500062
45	Sri Sai Shat Yoga Academy & Psychological Counselling Centre	Venkatarao	Yoga	+91 95427 XXXXX		ve••••••••••••@gmail.com	Plot No 87, Road No 5, Kamala Nagar, Near Vanasthalipuram	Hyderabad	500070
46	Sri Yoga Foundation Life Building	Sudhakar Adepu	Yoga	+91 98493 XXXXX	040-2381XXXX	dr•••••@gmail.com	215 Bhanu Encl, Near Erragadda	Hyderabad	500018
47	Sudhakar Yoga Expert	Sudhakar	Yoga	+91 77992 XXXXX		su••••••••••••••••@gmail.com	Near Koti	Hyderabad	500095
48	Sudhakar Yoga Services	P M Sudhakar	Yoga	+91 89850 XXXXX		su••••••••••@gmail.com	No. 503, near Swathi Apartment Kukatpally	Hyderabad	500072
49	Surya Yoga	Suresh	Yoga	+91 98491 XXXXX	040-3006XXXX	su••••••••••••••@rediffmail.com	MIG A 93, Sainadhapuram, Ecil, Near Sai Baba Temple	Hyderabad	500062
50	Trabhi Yoga Studio	Manager	Yoga	+91 70959 XXXXX		tr••••••••@gmail.com	Edify Kids International School Building, Plot No 25, Alkapur Township, Manikonda, Hyderabad - 50008	Hyderabad	500089
51	Vedha Yoga Fitness Center and Beauty Parlour	Saraswati	Yoga	+91 80197 XXXXX	040-6588XXXX	ma••••••••••••••@gmail.com	House No 6-279/10, Kakatiya Nagar, Near Chintal	Hyderabad	500054
52	Viswa Kalyan Institute of Yoga & Nature Cure	Venkat Reddy	Yoga	+91 93910 XXXXX	040-2717XXXX	gv••••••••••••@yahoo.co.in	119, Ravindra Nagar Colony, Near Sr Apt on the Way To Sai Bab Temple Road	Hyderabad	500007
53	Yoga Bharat	Kumar	Yoga	+91 97046 XXXXX		ra••••••••••@gmail.com	Plot No 1250, 1265, Midhila Nagar Road, Pragathi Nagar-Kukatpally, Near Elephant	Hyderabad	500072
54	Yoga Destination	Nilu	Yoga	+91 98850 XXXXX	040-3370XXXX	ni•••••••@gmail.com	Door No 4-2-585, 2nd Floor, Lane Beside Old Ps, Beside Rajshree Dry	Hyderabad	500001
55	Yoga Home Tutions	Manager	Yoga	+91 98483 XXXXX		ja••••••••••@gmail.com	Street # 5, Flat # 7, Door # 9-7-123	Hyderabad	500059
56	Yoga Hub	Pavithra Jannigorla	Yoga	+91 99591 XXXXX		pr••••••••••@gmail.com	Plot No 403 Keerthy Apartments Venkateshwara Colony Attapur Mehadipatnam Landmark near Kidzee School Hyderabad Ap	Hyderabad	500048
57	Yoga Vidya Pranic Healing	Venkata Narayana Rao	Yoga		040-3006XXXX	yo••••••••••••@gmail.com	No. 10-6-144, Sainagar Colony Road No. 3, Sai Prasanaajaneeya Temple	Hyderabad	500035
58	Yoga Vidya Pranic Healing Foundation of Andhra Pradesh	Krishna Mohan M	Yoga	+91 99498 XXXXX	040-2341XXXX	yv•••@appranichealing.org	No 6-3-788/A/18 Plot No 18 Durga Nagar Colony Ameerpet Landmark Opp Chandana Brothers Lane Hyderabad Ap	Hyderabad	500016
59	Yoga Zone	Manager	Yoga	+91 98493 XXXXX	040-2331XXXX	in•••@sharmilasyogazone.com	Shop MIG-13, Road No. 1, Kukatpally Housing Board, Opposite Bus Stop, Near Banjara Hills	Hyderabad	500034

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60	Yojanas Yoga	Yojana	Yoga	+91 88019 XXXXX	040-3961XXXX	sa•••••••••@gmail.com	House No 3-5-797, Flat No 201, Renuka Shakthi Apartments, Near King Koti	Hyderabad	500001

Questions

How many yoga centres & trainers are there in Hyderabad?
This list has 301 yoga centres & trainers in Hyderabad, Telangana with contact details, 88% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in Hyderabad?
Download this list in Excel: 301 contacts, 88% with a mobile number and 50% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Hyderabad have the most yoga centres & trainers?
Banjara Hills (9), Kukatpally (9), Begumpet (7), Jubilee Hills (5) and Madhapur (5).

Which city in India has the most yoga centres & trainers?
In Starleads' data: Mumbai (828), Bengaluru (448), Chennai (337). Hyderabad is 4th of 5 cities. These are the counts of contacts in each list, not an official census.

Is there a free yoga centres & trainers list PDF for Hyderabad?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.