Starleads

Yoga Centres & Trainers in Karnataka: contact list (free sample PDF)

579 contacts · **99%** with mobile numbers · **41%** with emails · **15%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 579 yoga centres & trainers in Karnataka with contact details. 99% have a mobile number, 41% an email address, 15% a landline and 17% a website. 98% come with a street address, 50% with the contact person's name and 97% with a PIN code.

They are spread over 6 cities and towns; the most are in Bengaluru (448), Mysuru (29) and Tumakuru (7), followed by Mangaluru, Hospet and Ballari.

Karnataka's list is the 3rd largest of the 5 states with a yoga centres & trainers list in Starleads' data, after Maharashtra (1,160) and Delhi (711).

By category, the biggest groups are Yoga (475), Yoga Training Centres (83) and Yoga Therapy (18).

Get all 579 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-in-karnataka/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Akshar Power Yoga	Sanjana	Yoga	+91 80480 XXXXX		sk••••••••••@gmail.com	No. 23, Near Maharaja Hotel & Behind Oasis Mall		560034
2	Pradipika Institute of Yoga and Therapy	Siva Sankar	Yoga	+91 80480 XXXXX		pr••••••••••@gmail.com	No. 104, 1st Floor, Opposite Raghavendra Swamy Matha		560003
3	New Light Yoga Centre		Yoga	+91 96203 XXXXX			Janani Nimishamba Sadana, Near Hagaribommanahalli	Ballari	583212
4	Sadhana Yoga Centre		Yoga	+91 99862 XXXXX		be••••••••••••••••@gmail.com	Nehru Colony, 4th Cross, 4th Main Road, Near Basaveshwara Nagar	Ballari	583103
5	Yoga Cars		Yoga	+91 99723 XXXXX		ha••••••••••••@gmail.com	2nd Cars, Near Satyanarayanapet	Ballari	583101
6	Bharat Thakurs Artistic Yoga Centre	Kala Ghosh	Yoga	+91 98867 XXXXX		ar••••••••••••••••@gmail.com	NO.2D2, Counter Culture Resturant, 4th Cross, Dyavasandra Industrial Area Lane, Whitefield	Bannur	560066
7	Niyam Yoga Center	Lakshmi Rajendra Singh	Yoga	+91 99010 XXXXX		sh•••••@gmail.com	Sri Prasanna Veera Anjaneya Swamy Temple, Mahalakshmipuram	Bannur	560086
8	Swami Vivekanand Yoga and Therapy Center		Yoga	+91 99867 XXXXX			City Plaza, 5th Floor, Near Nehru Nagar	Belagavi	590010
9	A 1000 Yoga	Pradeep G Gowda	Yoga	+91 77952 XXXXX		in•••@a1000yoga.com	NO.11, 1st Flr, 1st Crs, 5th A Block, Koramangala, Bh Sukh Sagar, On Jnc Road, Abv	Bengaluru	560095
10	Acharya Yoga Centre	Jagadeesh Annappa Acharya	Yoga	+91 80252 XXXXX		ni••••••••••••@yahoo.co.in	No. 697, near Chinmaya Mission Hospital	Bengaluru	560038

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
11	Akshar Power Yoga Academy	Amit Soni	Yoga	+91 99861 XXXXX		ak••••@aksharyoga.com	NO.3, 3rd Floor, 18th Main Road, 35th Cross, Jayanagar 4th T Block, Bangalore - 560041, Opposite Bjp	Bengaluru	560080
12	Ayaana Yoga Academy HSR Layout	Manager	Yoga	+91 98860 XXXXX		ba••••••••••••@gmail.com	4th Floor, #2731, 27th Main HSR Layout, Right Opposite To Nift College	Bengaluru	560034
13	Babaji's Kriya Yoga	Vinod Kumar	Yoga	+91 98456 XXXXX		ba••••••••@yahoo.co.in	Malleshwaram Jamnadas Estate Radha Hindi High School Memco Road 52	Bengaluru	560055
14	Chaitanya Wellness Yoga Studio	Prashant	Yoga	+91 80336 XXXXX		ch••••••••••••@gmail.com	NO.1, S R Enclave, 7th Cross, Kaggadaspura, C V Raman Nagar, Opposite Snap Fitness	Bengaluru	560093
15	Dhrti Yoga Studio	Satya	Yoga	+91 98807 XXXXX		in•••@dhrti.com	Plot No. 69, 2nd Floor, near Home Needs Supermarket BTM 2nd Stage	Bengaluru	560076
16	Govind Yoga	Prajith Govind	Yoga	+91 97400 XXXXX		pr••••••••••@gmail.com	NO.775, 3rd A Main, 1st Main Road, Bommasandra Industrial Area, Near Southern Sp	Bengaluru	560099
17	Isha Yoga Foundation	Rangarajan	Yoga	+91 98450 XXXXX		ba•••••••@ishayoga.org	Spastic Society, 5th Cross, Opposite Dominos Pizza, Indira Nagar	Bengaluru	560038
18	Ismail Naturopathy & Yoga Centre	Manager	Yoga	+91 99458 XXXXX	080-2666XXXX	ow••••••••@gmail.com	No 71, 3rd Main, Jhbcs Layout, JP Nagar Po, 1st Stage 2nd Main	Bengaluru	560078
19	Neolife Yoga Studio	Srinivas	Yoga	+91 99000 XXXXX		kr••••••••••@gmail.com	Lttina Souparnika Gate, Sarjapur Road, Bangalore - 560034, Next Pai International, Before Wipro Corpo	Bengaluru	560102
20	Pradipika Institute of Yoga and Therapy	Shivashankar P Shenoy	Yoga	+91 97421 XXXXX		pr••••••••••••••••@gmail.com	No. 726/6, Prakash Enclave, 1st Floor, 3rd Block, Esi Main Road, 41st Cross, Opposite To Old Police Station Bus Stop	Bengaluru	560010
21	Sahaja Yoga Meditation Centre	Mithra	Yoga	+91 96322 XXXXX		fo••••••••••••••••@gmail.com	Amruthahalli	Bengaluru	560092
22	Samyama Academy of Yoga	Gowrisha	Yoga	+91 98450 XXXXX		sa••••••••••••••••@gmail.com	No. 39/1, 3rd Floor, Near Colony, Above State Bank of Mysore Basavanagudi	Bengaluru	560004
23	Satyam Wellness Yoga	Sateesh Kumar	Yoga	+91 99000 XXXXX		yo•••••••••@gmail.com	Uniworld Complex, Neeladri Road, Electronic City Phase 1, Opp, Ajmera Infinity	Bengaluru	560100
24	Shree Nature Cure & Yoga Centre	Dr Jothy	Yoga	+91 98809 XXXXX	080-2642XXXX	dr•••••@gmail.com	Plot No. 1030, 1st E Main, near Arogya Mandir	Bengaluru	560085
25	Shreyas Yoga Retreat	Balaji	Yoga	+91 98100 XXXXX	080-2773XXXX	re•••••••••@shreyasretreat.com	Nelamangala Saras Baug	Bengaluru	562123
26	Shuddham Yoga	Sanju Upadhyay	Yoga Training Centres	+91 98455 XXXXX	080-2362XXXX	sh••••••••••@gmail.com	Royal Enclave, 44, Ambika Industrial Estate, Magdalla Road	Bengaluru	560064

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
27	Siddhartha Yoga	Sidhartha	Yoga	+91 98459 XXXXX		si••••••••••••@gmail.com	#25, 2nd Floor, 1st Phase, Behind Florence English School J.P. Nagar	Bengaluru	560078
28	Sivananda Yoga Centre	Mahesh Prabhu	Yoga	+91 94484 XXXXX		yo••••••••••@yahoo.co.uk	No 205, 5th Cross, 3rd Block, Hrbr Layout, Kalyan Nagar, Next To ICICI Bank	Bengaluru	560043
29	Soham Yoga & Holistic Health Centre	Johnson	Yoga	+91 99012 XXXXX	080-2658XXXX	so••••••••@gmail.com	#294/1, near Hotel New Shanthi Sagar Domlur Layout	Bengaluru	560071
30	Srimoyi Yoga	Bhaswathi Seal	Yoga	+91 80258 XXXXX		in•••@srimoyiyoga.com	No. T1, Sarjapur Outer Ring Road, Marathahalli Road, Bellandur, Near Intel Office	Bengaluru	560103
31	Vihangam Yoga	Mr Piyush(proprietor)	Yoga	+91 99720 XXXXX	080-4095XXXX	ra••••••••••@yahoo.com	Koramangala 604, 6th G Crs, Near Sony World Signal	Bengaluru	560034
32	Vishwa Poornima Yoga Centre	Venkatesh T	Yoga	+91 93422 XXXXX		tv•••••@yahoo.co.in	NO.93, 5th Cross, 10th Main, 2nd Stage, Indiranagar, Bangalore - 560038, Opposite Centeral Bank of India	Bengaluru	560017
33	Vismaya Yoga Centre	Murli	Yoga	+91 80330 XXXXX		vi•••••••••@gmail.com	NO.54, 2st Floor, Sunkappa Reddy Bulding, 10th Cross, Hongasandra, Begur Main Road, Bommanahalli, Bangal	Bengaluru	560068
34	Yoga Adhyayam	Girijha	Yoga	+91 80236 XXXXX		gi••••••@yahoo.com	Kalathur Layout, Gangamma Circle, Jalahalli, Opposite To Kotakkal Arya Vaidyasha	Bengaluru	560013
35	Yoga City	Ganesh	Yoga	+91 78291 XXXXX		yo••••••••••@gmail.com	NO.938, 16th A Main, 24th A Cross, Sector 3, HSR Layout, Bangalore - 560034, Near HSR Club, Opposite T	Bengaluru	560078
36	Yoga Pathashala	Harsha Nagaraj	Yoga	+91 94838 XXXXX	0194-838XXXX	cr••••••••••@gmail.com	NO.152, 3rd C Main Road, 2nd Stage, 9th Block, Vinayaka Layout, Nagarbhavi, Near	Bengaluru	560072
37	Sparsh Yoga & Naturopathy Hospital		Yoga	+91 94825 XXXXX				Chikmagalur	577101
38	Universal Yoga & Cultural Centre		Yoga	+91 83624 XXXXX			Old Taluka Kacheri Lane, Gandhi Chowk	Dharwad	580001
39	Universal Yoga and Culture Centre		Yoga	+91 83624 XXXXX			Old Taluk Kacheri Lane, Dharwad Ho, Near Government School	Dharwad	580001
40	Namaste Yoga Farm	Oliver Miguel	Yoga	+91 93798 XXXXX		in•••@spiritualland.com	Hilltop/kudle Beach	Gokak	581326
41	Dr Kembhavis Ayushya Ayurveda & Yoga Centre		Yoga	+91 98867 XXXXX		dr••••••••@gmail.com	NO.29, 1st Floor, C/o Mr Chindi, Prashanth Colony, Vidyanagar, Hubli, Opposite Veta	Hospet	580021
42	Yoga Education & Research Institute		Yoga	+91 83623 XXXXX			# 9 Sai Krupa Building, Devangpeth, Hubli, Magadi Mark Silver Park	Hospet	580032

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
43	Yoga Publications		Yoga	+91 83623 XXXXX			1st Cross, #22 Or, 12, 3rd Mn Deshpande Nagar Hubli Sattur Hubli -580031	Hospet	580029
44	Yoga Study Centre		Yoga	+91 83623 XXXXX			NO.52, Vidyanagar Hsg Clny, Lingarajnagar North, Unkal, Hubli	Hospet	580031
45	Ayurvedic Natural Cure Yoga Clinic		Yoga	+91 83622 XXXXX	0836-225XXXX		Adhyapak Nagar, Behind Vishwanth Kalyan Mantap near Sub Jail	Hubballi	580032
46	Yoga Acupuncture Nature Cure Centre		Yoga	+91 97408 XXXXX			Plot No. 52, Lingaraj Nagar (north)	Hubballi	580031
47	Aayaama Yoga Naturopathy & Lifestyle Clinic		Yoga	+91 99644 XXXXX		ay••••••@gmail.com	Kodialbail (west), M G Road, Behind Empire Mall	Mangaluru	575003
48	Healing Hands Naturopathy & Yoga Clinic		Yoga	+91 98453 XXXXX		de••••••••••@yahoo.co.in	Shiv-Giri Building, Near Kmc Attavara, Opp Easy Day	Mangaluru	575001
49	Sri Sannidhi Yoga Centre		Yoga	+91 94489 XXXXX			Sri Sannidhi 2nd Floor, Mannagudda Cross Road, Near Ballalbagh	Mangaluru	575003
50	The Yoga House		Yoga	+91 81697 XXXXX		de••••••••••••@gmail.com	Rakteshwari Temple Road, Guru Nagar, Near Maryhill	Mangaluru	575008
51	Government Nature Cure & Yoga College		Yoga	+91 82123 XXXXX		sh••••••••••••@yahoo.com	Krs Road, Hebbal Extension, Mysore Ho	Mysuru	570001
52	Indian Institute of Yoga and Naturopathy		Yoga	+91 82140 XXXXX	0821-400XXXX		2908, 3rd Main Road, V V Mohalla, Near Vikram Jyoth Hospital	Mysuru	570002
53	Mysore Yoga Shala	Prajwal	Yoga	+91 94498 XXXXX		yo••••••••••@gmail.com	No . 47/1, Devirammanni Agrahara, Near Fort Mohalla	Mysuru	570004
54	Om Ayurveda and Yoga Centre (oayc)		Yoga	+91 82124 XXXXX	0821-251XXXX	om••••••••••••••@gmail.com	Vijaynagar 1STAGE Behind Bharatiya Vidya Bhavan	Mysuru	
55	Svyasa, Yoga Research Foundation, Bangalore	Lohithgudagatthiyavar	Yoga	+91 98808 XXXXX		lo••••••@gmail.com	S/o Mr Basavanth Gudagatthiyavar Srinivas Nilaya, Saligrama K R Nagar, Mysore 571604	Mysuru	
56	Himalayan Centre and Himalayan Yoga		Yoga	+91 99864 XXXXX			Upparali Gate, S S Puram, Tumkur Ho	Tumakuru	572101
57	Sri Yoga Narasimha Electrical Works		Yoga	+91 99720 XXXXX			Belagumba Road, Near Belagumba	Tumakuru	572104
58	Sri Yoga Narasimha Electricals		Yoga	+91 98441 XXXXX			Near Hanumanthapura	Tumakuru	572133
59	Yoga Pharma	Yoganand V	Yoga	+91 98866 XXXXX		yo••••••••@gmail.com	Yoga Pharma, Main Road, Tumkur Ho	Tumakuru	572101
60	Yoga Studio & Video	Yoganand	Yoga	+91 94486 XXXXX		mo••••••••••••@gmail.com	Sri Ram Complex, Shettihalli Main Road, Near Settihalli	Tumakuru	572102

Questions

How many yoga centres & trainers are there in Karnataka?
This list has 579 yoga centres & trainers in Karnataka with contact details, 99% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in Karnataka?
Download this list in Excel: 579 contacts, 99% with a mobile number and 41% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Karnataka have the most yoga centres & trainers?
Bengaluru (448), Mysuru (29), Tumakuru (7), Mangaluru (5) and Hospet (4).

Which state in India has the most yoga centres & trainers?
In Starleads' data: Maharashtra (1,160), Delhi (711), Karnataka (579). Karnataka is 3rd of 5 states. These are the counts of contacts in each list, not an official census.

Is there a free yoga centres & trainers list PDF for Karnataka?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.