Starleads

Yoga Centres & Trainers in Maharashtra: contact list (free sample PDF)

1,160 contacts · **90%** with mobile numbers · **48%** with emails · **33%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 1,160 yoga centres & trainers in Maharashtra with contact details. 90% have a mobile number, 48% an email address, 33% a landline and 8% a website. 98% come with a street address, 53% with the contact person's name and 90% with a PIN code.

They are spread over 6 cities and towns; the most are in Mumbai (828), Pune (255) and Thane (14), followed by Nashik, Nagpur and Navi Mumbai.

Maharashtra has the largest list of the 5 states with a yoga centres & trainers list in Starleads' data, ahead of Delhi (711) and Karnataka (579).

By category, the biggest groups are Yoga (812), Yoga Centres (114) and Yoga Training Centres (76).

Get all 1,160 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-in-maharashtra/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Hari Om Maket & Patanjali Yoga Class		Yoga	+91 90115 XXXXX			Pipeline Road Hadco, Near Pipeline Road	Ahmednagar	414003
2	Baride Yoga Centre	Dr J.P. Baride	Yoga	+91 98600 XXXXX			Usmanpura	Aurangabad	431001
3	Chirayu Yoga Znypeeth - Vidarbha Self	Manish Nandanwar	Yoga	+91 99875 XXXXX			Near Gram Panchayat Ambekar Ward	Bhandara	441904
4	Twinkling Stars Yoga Centre	Godasrid Zack	Yoga	+91 92246 XXXXX		za••••••••••••@gmail.com	583045 Green Meadouus Lopkhandwala Complex Khandala Easte	Khandala	400101
5	Shivambu Yoga & Nature Cure Hospital	Shashikant Patil	Yoga	+91 94220 XXXXX			Shop #13, Opposite Nagesh Mangal Karyalaya Shahupuri	Kolhapur	416012
6	Om Yoga and Meditation and Reiki Course		Yoga	+91 73041 XXXXX		nu•••••••••@gmail.com	Garden View, Near Mcdonland, Kothrud Bus Depot, Pune, Chandani Chowk	Kothrud	411029
7	Abhishek Yoga Instructor	Jaihind Yadav	Yoga	+91 74988 XXXXX	022-2817XXXX	ab•••••••••••••••@yahoo.com	Room No 302, Rashmi Park, S V Road, Thane, Near Rvn School	Mumbai	401105
8	Amit Home Yoga Classes	Amit Trivedi	Yoga	+91 98334 XXXXX	022-4943XXXX	am••••••••••••@gmail.com	67, Sanghvi Sadan, Bhaudaji Cross Road, Room No. 8, Matunga East	Mumbai	400019
9	Ayur Mantra Auyrvedic Panchakarma Beauty Yoga Clinic	Dr Vikas Mahajan	Yoga	+91 98204 XXXXX	022-3856XXXX	dr••••••••••••@rediffmail.com	Shop No - 3, Tirupati Apartment, Pokharan Road No- 2, Thane West, Thane, Opposit Oswal Park	Mumbai	400601

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10	Bharat Thakur Artistic Yoga	Tiya	Yoga	+91 98333 XXXXX	022-6556XXXX	mu••••••••••••••••@gmail.com	Studio Balance, Krishna Kunj Co Operative Housing Society, Next To Bharatiya Vidya Bhavan, 29/30, K Munshi Marg, Girgaon Chowpatty	Mumbai	400058
11	Daminis Yoga Classes	Damini Lilani	Yoga	+91 98207 XXXXX	022-2870XXXX	da••••••••••@yahoo.com	C/o Jagruti Hall, Between Carter Road 2 & 3, Near Municipal Hospital, Opp Makwana Nagar, Borivili East	Mumbai	400066
12	Divya Yoga Ashram	Vijay	Yoga	+91 92243 XXXXX	022-6574XXXX	ma•••••••••@yahoo.com	Building No 32, Flat No 103, Sonam Shree Building, Thane, Above Apple Hospi	Mumbai	401105
13	Kavita Slim Yoga Center	Nikita	Yoga	+91 88797 XXXXX	022-3852XXXX	ni••••••••••••@gmail.com	Shakuntala Sankalp, A 302, Ambedkar Chowk, Dombivli East, Thane, Lodha Heaven	Mumbai	421201
14	Mandeep Hot Yoga	Anoop K Misra	Yoga	+91 98202 XXXXX	022-2632XXXX		215, 2nd Floor, Crystal Point Mall, New Link Road, Opposite Audi Show	Mumbai	400053
15	Mukesh Yoga Classes	Mukesh Agrwal	Yoga	+91 99693 XXXXX	022-2660XXXX	an••••••••••••••@gmail.com	17 Sarswati Sanchar Awas BSNL Compound, Juhu Road	Mumbai	400054
16	Nirankar Yoga Center	Janardan Singh	Yoga	+91 92226 XXXXX	022-4943XXXX	ja••••••••••••@yahoo.in	Flat No. 18, 1st Floor, Motibaug Aprt Chs, Rani Sati Marg, near Ajay Misthan	Mumbai	400097
17	Nuage Hot Yoga	Shakir Khan	Yoga	+91 93245 XXXXX	022-3855XXXX	ma••••••••••••@gmail.com	801, 8th Floor Heritage Plaza, J P Road, Above Dena Bank D N Nagar M	Mumbai	400053
18	Premanand Yoga	Premanand Mishra	Yoga	+91 91679 XXXXX	022-6556XXXX	pr••••••••••@gmail.com	Shop No 281, 1st Floor, Dreams Mall, Lbs Marg, Mumbai - 400078, Near Bhandup Railway S	Mumbai	400101
19	Pristine Sources Pristinesources. Com	Mr Pinakin Shah	Yoga Classes, Event Management Companies, Event	+91 98200 XXXXX	022-2879XXXX	pr••••••••••••@vsnl.net	11 Shree Mayur Pankh, Behind Gyan Sarita, Bus Stop, M S Road, Mulund W, Mumbai 400080	Mumbai	400104
20	Raj Shree Yoga	Jayesh Vora	Yoga Training Centres	+91 93218 XXXXX	022-2437XXXX	ra••••••••••@gmail.com	Pandit Niwas, 1st Floor, 33, Near Oppsite Dsilva High School	Mumbai	400028
21	Richa Yoga Classes	Arvind	Yoga	+91 96998 XXXXX	022-2326XXXX	ri•••••••@gmail.com	Jain Sthanakh Sarvyoday Hall No 2, Lt Road, Borivali West, Mumbai - 400091, Opp Diamond Cinema Vardhman	Mumbai	400050
22	Rucha Yoga	Rucha	Yoga	+91 98196 XXXXX	022-3851XXXX	ru••••••••@yahoo.com	A-101, Meadows Apartment, Off Ceaser Road, Near Ramesh Nagar and Film	Mumbai	400058
23	Sahaja Yoga Centre	Reena Vardhe	Yoga	+91 98209 XXXXX	022-2660XXXX	le••••••••@yahoo.in	16, Juhu Apartments, Juhu Road, Near Santacruz West	Mumbai	400054
24	Sawant Yoga	Vikrant Sawant	Yoga	+91 98200 XXXXX	022-3956XXXX	vi••••••••••••••@gmail.com	Flat No 702, Wing 5A, Green Meadows Chsl, Lokhandwala Township, Akurli Road, Near Kandivali East	Mumbai	400101

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25	Shiv Holistic Yoga	Shiv Kumar Mishra	Yoga	+91 93221 XXXXX	022-3294XXXX	sh••••••••••@rediffmail.com	Office No 12/ 28, 12th Floor, Navjivan Commercial Society Building No 3, Lamington Road, Near Mumbai Central	Mumbai	400008
26	Shri Ambika Yoga Kutir	Ram Chandar	Yoga	+91 98690 XXXXX	022-2172XXXX	sh••••••••••••••••@gmail.com	B K Mill Compound, Lbs Road, Thane West, Thane, Meenatai Thakrey Chowk, Old Agra Road, Near	Mumbai	400601
27	The Yoga House	Ajit Singh	Yoga	+91 99300 XXXXX	022-6554XXXX	in•••@yogahouse.in	Nargis Villa, Sherly Rajan Road, Near Rizvi College Road, Opposite Ici	Mumbai	400050
28	The Yoga Institute	Desai	Yoga	+91 87797 XXXXX	022-2611XXXX	in•••@theyogainstitute.org	Samarth Aishwarya, B-Wing, 7th Floor, Studio No 710, Mumbai - 400053, Near Andheri West	Mumbai	400055
29	Vision Yoga	Viram Agrawal	Yoga	+91 91674 XXXXX	022-2614XXXX	vi••••••••••@yahoo.com	No. 101, Soumaiya House, N. P. Thakkar Road, Opposite Rajpuriya Bagh, Vile Parle East	Mumbai	400057
30	Wise Living Yoga Academy	MS Jeenal Mehta	Yoga	+91 98215 XXXXX	022-6527XXXX	in•••@wiselivingyoga.com	Santacruz West Mullanpur Road Hambran 62 Samrat Ashok, 36th Podar Roa	Mumbai	400054
31	Yasmeens Yoga & Aerobic Fitness Centre	Yasmeen Virani	Yoga	+91 98200 XXXXX	022-3856XXXX	pr••••••••••••••••@gmail.com	Sealord Chs, Ground Floor, Office No 002, Ram Nagar, Sai Baba Nagar	Mumbai	400092
32	Yoga 4 Kids	Jaya	Yoga	+91 98203 XXXXX	022-2648XXXX	ja••••••••••••••@hotmail.com	401, 4th Floor, Parimal Society, 17th Road, Khar Gymkhana	Mumbai	400052
33	Yoga Central	Sashi Sarda	Yoga	+91 99675 XXXXX	022-3853XXXX	sa••••••••••@yahoo.com	Temperance Studio Sheryl, Rajan Road, Off Carter Road, Near Rizvi Collage	Mumbai	400050
34	Yoga Tantra	Vijaya Khare	Yoga	+91 93200 XXXXX	022-4943XXXX	vi•••••••@yahoo.co.in	B-7, Samruddhi Chs, Sane Guruji Nagar, 90 Feet Road, near ICICI Bank	Mumbai	400081
35	Yoga Vidya Niketan	Sabir Sheikha	Yoga	+91 80978 XXXXX	022-3858XXXX	yv•••••@yahoo.com	Plot No 14, Yoga Bhavan, Sector 9 A, Vidya Niketan Marg, Navi , Near Vidya Nik	Mumbai	400703
36	Yoga With Uday	Udaykumar	Yoga	+91 88980 XXXXX	022-3852XXXX	ud•••••••••@gmail.com	C/o Canossa High School, Mia Chotani Road, Near Mahim Railway Station	Mumbai	400016
37	Yoga for Every Body	Willis Shah	Yoga	+91 98925 XXXXX	022-3855XXXX	wi••••••••@gmail.com	Studio NO.25, 1st Floor, Rna Shopping Arcade, Opp Highpoint Restaurant, Mumbai - 40005	Mumbai	400053
38	Ayurved Panchakama and Naturopathy Yoga Hospital		Yoga	+91 71227 XXXXX			Arti Apts, 20 Kotwal Nagar	Nagpur	440008
39	Gadiwan's Yoga Treatment & Naturopathy	Kirti	Yoga	+91 95951 XXXXX		an••••••••••@gmail.com	Plot No. 5, Ward No. 73, Verma Lay Out Road, Ambazari, Nagpur - 440001, Near Zodape Paan Shop	Nagpur	440021

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40	Jawed Habib Hair Yoga	Satish	Yoga	+91 77200 XXXXX		pr••••••••@rediffmail.com	Shop No 18/19, Poonam Chambers, Chindwara Road, Byramji Town, Opposite Bharat Petro	Nagpur	440013
41	Manav Saakkar Ayurveda Advanced Yoga & Meditation Center		Yoga	+91 89281 XXXXX			Plot No 229, Cannel Road, Ashok Nagar, Parachand Chawala Marg	Nagpur	440017
42	Arogyadham Naturopathy & Yoga Centre	Desh Pandey	Yoga	+91 94204 XXXXX			Nashik Main Road	Nashik	422001
43	Arogyadham Nisargopchar & Yoga Kendra	Pravin Deshpande	Yoga	+91 94204 XXXXX		pr••••••••••@gmail.com	Ground Floor, near Abhona Bus Stop Abhona Nashik 423501	Nashik	422101
44	Maharashtra Sahaja Yoga	Mr Ramdas Jadhav	Yoga	+91 73505 XXXXX		su•••••••••@gmail.com	Nashik	Nashik	422001
45	Panch Tatva Nishargoupchar & Yoga Ashram	Dr Ramesh	Yoga	+91 95452 XXXXX	0253-249XXXX	ra••••••••••••@gmail.com	Lam Road, Near Pawan Mill Center, Behind Kothari Sentrum	Nashik	422401
46	Yoga Vidya Dham	Dorla	Yoga	+91 98227 XXXXX		yv•••@yogapoint.com	Opposite Hpt College, College Road	Nashik	422005
47	Acupressure Therapist & Yoga Trainer	Mr Yogesh Chavan	Yoga		022-2782XXXX	yo••••••••@yahoo.com	C2/23 Ground Floor Room No 2, Opp Modern College Sector 16, Vashi	Navi Mumbai	400703
48	Hot Yoga Bikram		Yoga	+91 98225 XXXXX			7th Floor, Cyber One, Near Vashi	Navi Mumbai	400703
49	Rhythm Yoga Center	Dinesh	Yoga	+91 84529 XXXXX		di••••••••••••@yahoo.co.in	Flat - 302, Royal Palm, 3 Road Flr, C Wing, Near New Panvel	Navi Mumbai	410206
50	Yoga Sadhana Mandir	Sabir Shaikh	Yoga	+91 91673 XXXXX	022-2771XXXX	sm••••••••@gmail.com	Plot No 41, Shree Krishna Mandir, Sector 19 A, Near Nerul	Navi Mumbai	400706
51	Manisha Yoga Center	Manisha	Yoga	+91 83083 XXXXX	020-3954XXXX	dr••••••••••@gmail.com	Survey No 15/A, Baner Road, Shivranjan Tower Club House	Pune	411045
52	Param Yoga	Dr Renu Mahtani	Yoga	+91 99235 XXXXX	020-3961XXXX	pa••••••••••••@gmail.com	Ramya Ashiyana Park 2, Serra International School Lane, Opposite Gaikwad Petro	Pune	411007
53	Pragya Yoga Group	Devashish Kumar	Yoga	+91 98235 XXXXX	020-3348XXXX	pr••••••••@gmail.com	Gangotri Apartment, Salesbury Park Road, Gultekdi, Near Pune Advantist Hospital	Pune	411037
54	Soham Yoga Studio	Umesh Certified Teacher	Yoga	+91 98817 XXXXX	020-3004XXXX	so••••••••••••@gmail.com	Iris Bldg, Hadapsar, Magarpatta City	Pune	411028
55	Yoga Enterprises	Prasad Wagh	Yoga	+91 98223 XXXXX	020-2553XXXX	ma••••@yogaenterprises.com	1194/6, 2nd Floor, Jitendra Villa, Ghole Road, Near Shivaji Nagar	Pune	411005
56	Saarthi Yoga Classes	Vishal Saarthi	Yoga	+91 98670 XXXXX		sa•••••••••@gmail.com	C4/604, Shanti Vihar Chs, Behind Reliance Fresh, Opp P G Vora School, Near Mira Road	Thane	401107
57	Samanvaya Yoga Kendra	Rashmi	Yoga	+91 90282 XXXXX		ra••••••••••@yahoo.com	279 Kansai Section, Ambernath South, Kansai Gaon, Near Mohan Puram	Thane	421501

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58	Shwet Yoga	Shweta Varpe	Yoga	+91 98339 XXXXX		ke•••••••@rediffmail.com	404 Pranav Prasanna Chs, Samant Wadi, Uthalsar, Thane West, Opp Municipal School No 7	Thane	400601
59	Suhasini Yoga Classes	Pravin Bandkar	Yoga	+91 98193 XXXXX		pr••••••••••••@gmail.com	1st Floor, Chamunda Darshan, Rajaji Path, Near Dombivli East	Thane	421201
60	Vivekanand Academy of Culture Yoga Ayurveda	Sumedha Bhimrao Desai	Yoga	+91 90046 XXXXX	022-2534XXXX	dr••••••••••••@yahoo.co.in	No. A-1, Parijat Society, Gunasagar Nagar, Near Jain Temple, Station Road, Kalwa West	Thane	400605

Questions

How many yoga centres & trainers are there in Maharashtra?
This list has 1,160 yoga centres & trainers in Maharashtra with contact details, 90% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in Maharashtra?
Download this list in Excel: 1,160 contacts, 90% with a mobile number and 48% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Maharashtra have the most yoga centres & trainers?
Mumbai (828), Pune (255), Thane (14), Nashik (8) and Nagpur (4).

Which state in India has the most yoga centres & trainers?
In Starleads' data: Maharashtra (1,160), Delhi (711), Karnataka (579). Maharashtra is 1st of 5 states. These are the counts of contacts in each list, not an official census.

Is there a free yoga centres & trainers list PDF for Maharashtra?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.