Starleads

Yoga Centres & Trainers in Pune: contact list (free sample PDF)

255 contacts · **89%** with mobile numbers · **49%** with emails · **33%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 255 yoga centres & trainers in Pune, Maharashtra with contact details. 89% have a mobile number, 49% an email address, 33% a landline and 12% a website. 98% come with a street address, 51% with the contact person's name and 98% with a PIN code.

Where a locality is given, most are in Kothrud (10), Hadapsar (9) and Aundh (8), followed by Baner, Chinchwad and Kondhwa Khurd.

Pune's list is the 5th largest of the 5 cities with a yoga centres & trainers list in Starleads' data; the biggest are Mumbai (828) and Bengaluru (448). It holds 22% of the yoga centres & trainers in Maharashtra.

By category, the biggest groups are Yoga (213), Yoga Training Centres (40) and Yoga Therapy (2).

Get all 255 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-in-pune/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Academy of Martial Arts Fitness & Yoga Training	Sifu Aniket	Yoga	+91 99226 XXXXX		ku••••••••••••@gmail.com	Nana Peth, Near Quater Gate	Pune	411002
2	All India Institute of Health Height & Yoga	MS Seema Aslekar	Yoga	+91 98813 XXXXX	020-2442XXXX	so••••••••••@gmail.com	Parvati Street Number 1, Karamsar Colony 481 C, Visawa Shriprasad Chs, Panchami Hotel Lane	Pune	411009
3	Anahat Yoga	Vishwanath	Yoga	+91 98814 XXXXX	020-3345XXXX	an•••••••@gmail.com	48/2/2 Patil Sankul, New Sangvi, Pimple Gurav, Krishna Chowk Opposite Monginis Bakery	Pune	411061
4	Anand Yoga N Arts	Mr Anand Shastri	Yoga	+91 93712 XXXXX		ve••••@gmail.com	Shop No 403 Sai Ambience Plot No 2B/A, Kunal Icon Road, Pimple Saudagar, Pune - 411027, Near Govind	Pune	411017
5	Atharva Yoga Classes	Latha Ragunadhan	Yoga	+91 94235 XXXXX		sy••••••••••@gmail.com	Sun Planet, Sinhgad Road, Anand Nagar, Behind Sun City	Pune	411051
6	Ayurvedic Yoga	Manju Shah	Yoga	+91 94229 XXXXX	020-2528XXXX	ro•••••••••@yahoo.co.in	186	Pune	411038
7	Ayuryogashram Yoga Centre	Manjushah	Yoga	+91 98811 XXXXX	020-2588XXXX	ma•••••••••@gmail.com	Sankalp Building, Ramban Society, Near Sai Shree Hospital, Opposite Aundh Tele	Pune	411007
8	Bhartiya Yoga	Dev	Yoga	+91 98815 XXXXX	020-3004XXXX		Kalera Hhos Road Komal Appt. Chichwad Gaon . Pune 33, Yashopuram Society Link Road, Chinchwad	Pune	411033

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9	Biorhythm Yoga Studio	Mital Raval	Yoga	+91 77670 XXXXX		nr••••@biorhythmindia.co.in	No. 129/130, Plot No. 92, Cross Word Book Stall	Pune	411027
10	Brainwork	Jayashri Raut	Yoga Training Centres	+91 88069 XXXXX	020-6560XXXX		Bhairavnagar, Plot No 49, HSR Layout 22nd Main 2nd Sector, Behind Dhanori Telephone Exchange	Pune	411015
11	Dhyaan Yoga Consulting	Narayan Jha	Yoga	+91 98509 XXXXX		pr••••••••••@yahoo.com	No. 402, near Shinde Petro Pump Ravet	Pune	412101
12	Fitness Mantraa	Anne Thomas	Yoga Training Centres	+91 93733 XXXXX	020-6060XXXX	an••••••••••••@yahoo.com	Lane NO-3, K Muthyalamma Street, Above Shri Laxminarayan Hardware	Pune	411015
13	Guide & Research Centre	Dilip Chavan	Yoga Training Centres	+91 98812 XXXXX	020-2446XXXX	in••••••••••••••••••@gmail.com	Raviwar Peth 208	Pune	411002
14	Holistic Wellness Gym and Yoga Centre	Ajinkya Wadhwa	Yoga	+91 97641 XXXXX	020-3013XXXX	ho••••••••••••••••••@gmail.com	Inland House, B T Kawade Road, Near Preeti Prakash Society Gate	Pune	411001
15	Jalsa Yoga Classes		Yoga	+91 73500 XXXXX	020-3004XXXX	am••••@yahoo.com	Swami Vivekanand Road, Bibvewadi, In Front of :bharat Jyoti Bus Stop	Pune	411037
16	Kaivalya Power Yoga Center	Cia Parihar	Yoga	+91 97621 XXXXX		fa••••••••••••••@gmail.com	Rh 66/2 Sai Krupa Sadan Housing Society, Spine Road, Shahu Nagar-Chinchwad East, Near	Pune	411019
17	Kerala Ayurveda & Yoga Retreat	Roli	Yoga	+91 93728 XXXXX		ka••••••••••••@outlook.com	39/40, Profile Serene Apartments, Flat No. 9, 3rd Floor, Prabhat Road, Lane No. 9-A, Erandavane	Pune	411004
18	Keshav Ayurved Yoga Clinic	Prasad Phatak	Yoga	+91 98226 XXXXX	020-2447XXXX	pr••••••••••••••@gmail.com	230/3, 11 Maruti Chowk Bafna Petrol Pump	Pune	411002
19	Kshitij Centre for Yoga & Ayurveda	Shrutija	Yoga	+91 96650 XXXXX		ks••••••••••••@rediffmail.com	Office No 1 Crystal Castle Building, Salunke Vihar Road, Wanowrie, Near Clover Citade	Pune	411040
20	Lele Guruji Yoga Classes	Sadhana Lele	Yoga Training Centres	+91 90491 XXXXX	020-2433XXXX	so•••••••••@gmail.com	Patia Naroda Road, Near Ganesh Krida Kendra	Pune	411042
21	Manisha Yoga Center	Manisha	Yoga	+91 83083 XXXXX	020-3954XXXX	dr••••••••••••@gmail.com	Survey No 15/A, Baner Road, Shivranjan Tower Club House	Pune	411045
22	Mhr Yoga Therapy Centre	Jai Prakash S Kumta	Yoga	+91 98907 XXXXX	020-2613XXXX	ku•••••••••@yahoo.com	Somwar Peth Jagat Colony Chandigarh Road 427-A, Narpatgir Chowk Kasba Peth	Pune	411002
23	Nakshtra Yoga Classes	Mrs Vinya Mohite	Yoga	+91 98815 XXXXX	020-2436XXXX		Neha Construction Vinayak Apt, Near Dhankawadi Police Chowki	Pune	411043
24	Niranjan Singh Yoga Classes	Niranjan Singh	Yoga	+91 73855 XXXXX		ni••••••••••••••••@gmail.com	Mundhwa, Keshav Nagar Khamboji Chowk near Floridas Estate	Pune	411036
25	O Yoga Life	Megha	Yoga	+91 73870 XXXXX		me••••••••@gmail.com	35 A Ashoka, Lane C Ragvilas Society, North Main Road, Koregaon Park, Near German Bakery	Pune	411001

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
26	Param Yoga	Dr Renu Mahtani	Yoga	+91 99235 XXXXX	020-3961XXXX	pa••••••••••••@gmail.com	Ramya Ashiyana Park 2, Serra International School Lane, Opposite Gaikwad Petro	Pune	411007
27	Pragya Yoga Group	Devashish Kumar	Yoga	+91 98235 XXXXX	020-3348XXXX	pr••••••••@gmail.com	Gangotri Apartment, Salesbury Park Road, Gultekdi, Near Pune Advantist Hospital	Pune	411037
28	Ramamani Iyengar Memorial Yoga Institute	Pandurang	Yoga		020-2565XXXX	in•••@rimyi.org	Survey No 1107 B/1, Hare Krishna Mandir Road, Shivaji Nagar	Pune	411016
29	Real Body Yoga Institute	Mamnta Dave	Yoga	+91 97645 XXXXX	020-3002XXXX	ru••••••••••••@yahoo.com	Office 14/39, Rashtrabasha Prachar Samiti, Near Janta Sahakari Bank	Pune	411002
30	Rich Heritage Yoga Centre	Abhijeet Gaikwad	Yoga	+91 98902 XXXXX		ri••••••••••••••@gmail.com	2nd Floor, near Wagheshwar Temple Wagholi	Pune	412207
31	Sachin Yoga Studio	Dhananjay	Yoga	+91 84858 XXXXX		sa••••••••••••@gmail.com	No. 12, near Hanuman Mandir New Sangvi	Pune	411027
32	Sahaja Yoga Centre	Mr Rajendra Puglia	Yoga	+91 98220 XXXXX	020-2765XXXX	sa••••••••••••@hotmail.com	Sector No 27/J, Plot No 108, 90 Feet Road, Near Ram Mandir	Pune	411001
33	Sarvadhnya Shastrokt Yoga Body Massage	Dinesh Mandawkar	Yoga	+91 96046 XXXXX		di••••••••••••@rediffmail.com	Anand Park, Wakad Road, Thergaon, Dange Chowk, Near Anand Memorial Hospital	Pune	411033
34	Soham Yoga Institute	Manager	Yoga	+91 93710 XXXXX	020-2538XXXX	pa•••••@yahoo.com	No. 22, near Ganpati Mandir	Pune	411029
35	Soham Yoga Studio	Umesh Certified Teacher	Yoga	+91 98817 XXXXX	020-3004XXXX	so••••••••••••@gmail.com	Iris Bldg, Hadapsar, Magarpatta City	Pune	411028
36	Soulconnect Yoga Studio	Manager	Yoga	+91 70302 XXXXX		so••••••••••••••••••@gmail.com	Baner Pashan Link Road, Sus Road, Balaji Chowk	Pune	411021
37	Swanand Yoga and Thearapy Center	Sunitha Patel	Yoga	+91 94033 XXXXX		dr••••••••••••@gmail.com	Survey No. 163, Shreji Paradise Society Clubhouse, near Tangent Showroom Aundh Pune 411007	Pune	411005
38	Swasthya Medical Yoga and Ayurved Center	Sainath Naikwade	Yoga	+91 99691 XXXXX		sa•••••••••@gmail.com	Kothrud	Pune	411038
39	Swasthya Yoga Center	Kiran	Yoga	+91 98221 XXXXX		pr••••••••••@gmail.com	No. 92, near Parihar Chowek Aundh	Pune	411007
40	Swasthya Yoga Kendra	Manoj Sawant	Yoga Training Centres	+91 98509 XXXXX	020-2565XXXX	pa••••••••@gmail.com	Sadanand Apartments, Gokhale Nagar Road, Opposite Bhabha Munciple Hospital, Anand Nagar	Pune	411004
41	Swasthya Yogopachar Yogmargdarshan Kendra	Mr Laxman Joshi	Yoga Training Centres	+91 94232 XXXXX	020-2761XXXX	sw••••••••••@gmail.com	Prahla Road, Near Anusaya Mangal Karyalaya	Pune	411019
42	Tej Yog Academy		Yoga Training Centres	+91 98505 XXXXX	020-2615XXXX	te•••••••@gmail.com	German Bakery Lane A Building No. 8 Office No. 5, Opposite Executive	Pune	411001
43	The Diva Yoga Classes	Effa	Yoga	+91 77570 XXXXX	020-2612XXXX		6th Floor Karachiwala Chambers, 16 M G Road, Above Framebox Academy Opposite Mo	Pune	411001

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
44	The Yoga Light Studio	Kranti Londhe	Yoga	+91 99708 XXXXX	020-2665XXXX	me•••••••@gmail.com	Flat No 23, 23A, 24, 5th Floor Croniche Towers, North Avenue Road, Pune - 411014, Ner	Pune	411008
45	Uday Pendse	Mr Uday Pendse	Yoga Training Centres	+91 98225 XXXXX	020-2565XXXX	ud••••••••@yahoo.co.in	Pallavi Housing Society, 9, Laxmi Nagar, Behind Hotel Sahara	Pune	411016
46	Vidyadhar G Joshi	Mr Vidyadhar Joshi	Yoga Training Centres	+91 99234 XXXXX	020-2544XXXX	vi•••••••••••••••@gmail.com	Gautam Terrace, 2013-06-03, Near Kaka Halwali Sweet Centre	Pune	411004
47	Vinod Dulal Yoga Institute	Vinod Dulal	Yoga	+91 98600 XXXXX	020-2422XXXX		No. 1897, Opposite Bank of Maharastra Parvati	Pune	411009
48	Vyanjana's Yoga	Vyanjana	Yoga	+91 98909 XXXXX		vy••••••@yahoo.com	No. B2, Flat No. 3, Opposite More Super Market Aundh	Pune	411007
49	Yoga & More	Swati Verma	Yoga	+91 99221 XXXXX		yn•••••••••@gmail.com	Shop No. 16/4, near Reliance Fresh Viman Nagar	Pune	411014
50	Yoga Academy	Barathi Patel	Yoga	+91 94214 XXXXX	020-3305XXXX	ru••••••••••••@gmail.com	Sukhwani Heritage, Main Road, Akurdi, Near Bhalerao Hospital	Pune	411035
51	Yoga Care 4 U	Dr Gupta	Yoga	+91 98906 XXXXX	020-3013XXXX	yo••••••••••@gmail.com	Arhyam Building Plot No 104 Sector No 25, Maruti Udyan Road, Behind Gyan	Pune	411044
52	Yoga Coach	Kedar Mahdik	Yoga	+91 90218 XXXXX			Ground Flr Omkar Apts, Dhankawadi, Taljai Pathar Near Green Park	Pune	411043
53	Yoga Enterprises	Prasad Wagh	Yoga	+91 98223 XXXXX	020-2553XXXX	ma••••@yogaenterprises.com	1194/6, 2nd Floor, Jitendra Villa, Ghole Road, Near Shivaji Nagar	Pune	411005
54	Yoga Hub	Rajashree Sane	Yoga	+91 94235 XXXXX		ra••••••••@gmail.com	No. C/402, Opposite Four Fitness Gym Balewadi	Pune	411045
55	Yoga System and Solution	Vaishnavi Masurkar	Yoga	+91 91681 XXXXX		yo•••••••••••••••@gmail.com	S No. 124/8, Sadguru Housing Society Datta Mandir Road, Sadguru Nagar	Pune	411039
56	Yoga Women Fitness Point	Ruta	Yoga	+91 98506 XXXXX	020-2422XXXX	ru•••••••@gmail.com	Sahakar Nagar NO.1, near Shinde High School Parvati	Pune	411009
57	Yoga and Management Centre	Manager	Yoga	+91 97300 XXXXX	020-2587XXXX	dr••••••••••@gmail.com	Flat No 1 Gauri Shankar Apartment, Sus Road, Behind Yash Classic Apartment	Pune	411021
58	Yoga for Fitness & Intelligent Child	Mrs Sunita Advani	Yoga Training Centres	+91 98220 XXXXX	020-2426XXXX		Warje Malwadi	Pune	411037
59	Yoga for Mind Management	Dhruv Swami	Yoga	+91 98602 XXXXX		si••••••@yahoo.in	C 102 Surabhi Regency Soc, B T Kawde Road, Kondhwa Khurd, Ghorpadi Gaon	Pune	411048
60	Yoga for Weightloss	Batul Kadegaonkar	Yoga	+91 98508 XXXXX		de•••••@yahoo.co.in	Konark Estates & Dorabjee Paradise, Pune - 411040	Pune	411001

Questions

How many yoga centres & trainers are there in Pune?

This list has 255 yoga centres & trainers in Pune, Maharashtra with contact details, 89% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in Pune?
Download this list in Excel: 255 contacts, 89% with a mobile number and 49% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which areas of Pune have the most yoga centres & trainers?
Kothrud (10), Hadapsar (9), Aundh (8), Baner (6) and Chinchwad (6).

Which city in India has the most yoga centres & trainers?
In Starleads' data: Mumbai (828), Bengaluru (448), Chennai (337). Pune is 5th of 5 cities. These are the counts of contacts in each list, not an official census.

Is there a free yoga centres & trainers list PDF for Pune?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.