Starleads

Yoga Centres & Trainers in Tamil Nadu: contact list (free sample PDF)

484 contacts · **84%** with mobile numbers · **51%** with emails · **31%** with landlines · Updated Oct 2026 · Full list **₹499 (90% off)**

This list has 484 yoga centres & trainers in Tamil Nadu with contact details. 84% have a mobile number, 51% an email address, 31% a landline and 9% a website. 96% come with a street address, 46% with the contact person's name and 96% with a PIN code.

They are spread over 9 cities and towns; the most are in Chennai (337), Coimbatore (45) and Madurai (39), followed by Salem, Tiruchirappalli and Vellore.

Tamil Nadu's list is the 4th largest of the 5 states with a yoga centres & trainers list in Starleads' data; the biggest are Maharashtra (1,160) and Delhi (711).

By category, the biggest groups are Yoga (483) and Physiotherapists, Child Specialists, Yoga Centres (1).

Get all 484 contacts in Excel: https://starleads.in/data/yoga-centres-trainers-in-tamil-nadu/

60 contacts from this list

Phone numbers and emails are partly masked in this sample; the list you buy is complete.

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
1	Aasana Andiappan Yoga Centre- Manapakkam	Madhanraj	Yoga	+91 89394 XXXXX		aa••••••••••••@gmail.com	11, C R Ramakrishna Puram, L&t Colony, Manapakkam, Near Annapoorani Bhavan	Chennai	600125
2	Ananda Yoga	Manager	Yoga	+91 88073 XXXXX		ch•••••@anandaindia.org	No. 9, near Goethe Institute Nungambakkam	Chennai	600034
3	Asana Andiappan College of Yoga & Research Centre	Muruganandham	Yoga	+91 98413 XXXXX	044-2618XXXX	en•••••@andiappanyoga.com	7/18, South Park Street, Venkatapuram, Ambattur, Back Side of Govt. Girls High School	Chennai	600053
4	Asana Andiyappan Yoga Centre	Raja	Yoga	+91 99406 XXXXX	044-6514XXXX	ya•••••@gmail.com	NO16, 21st Main Road, Anna Nagar West, Near Tirumangalam Signal	Chennai	600101
5	Bmd Yoga	Murali Warrier	Yoga	+91 98412 XXXXX	044-2656XXXX	ke•••••••@yahoo.com	No 2/31, Seethakathi Salai, Behind M M M Hospital	Chennai	600037
6	Divine Yoga Centre	Joshua	Yoga	+91 99400 XXXXX	044-3302XXXX	sj•••••••••@gmail.com	No 16, Kamrajar Salai Rajammal Nagar, Opposite To Tonakela Camp	Chennai	600053
7	Divya Yoga	Divyesh J	Yoga	+91 95434 XXXXX	044-4353XXXX	di•••••••••@gmail.com	Old No 74 New No 70, Dr Alagappa Road, Near V K Hospital	Chennai	600084
8	Global School of Yoga	Ganesh Kumar	Yoga	+91 95516 XXXXX	044-3304XXXX	ma•••••••••••••••@gmail.com	No 700 Tnhb, 28th Street, Opposite To Bhakthavachalam School	Chennai	600050
9	Healthy Yoga Center	Umapathy	Yoga	+91 94441 XXXXX	044-3307XXXX	he•••••••••••••••@gmail.com	No 18 Shirdi Ananda Apartment, Mukunda Ramanujam Street Maduma Nagar, Ne	Chennai	600011

#	Business	Contact person	Category	Mobile	Landline	Email	Address	City	PIN
10	Indian School of Yoga	Dr A.S. Ashok Kumar	Yoga	+91 94440 XXXXX	044-2653XXXX	ww••••••••••••••••@yahoo.com	LIG 662 Mogappair Eri, Near Amritavarshini Apts, Chennai - 600058, Near Ambattur Industrial Estate	Chennai	600017
11	Isha Yoga Centre	Anu	Yoga	+91 95000 XXXXX	044-2499XXXX	in•••@ishalife.com	No 117 Isha Life Ground Floor, Luz Church Road, Near Nageshwara Rao Park	Chennai	600004
12	Krishnamacharya Yoga Mandiram	Ramakrishana	Yoga	+91 94440 XXXXX	044-2493XXXX	ad•••@kym.org	Old No 10 New No 31, 4th Cross Street, R K Nagar Behind Mandaiveli Telephone Exchange	Chennai	600028
13	Meenakshi Yoga Naturopathy Research & Educational Trust	Manager	Yoga	+91 99404 XXXXX	044-2229XXXX	me••••••••••••@yahoo.com	Plot No 46 Door No 10, 2nd Main Road, Chennai - 600126, Secretariat Colony Mappedu near	Chennai	600073
14	Padmam Yoga	Manager	Yoga	+91 97876 XXXXX		pa••••••••••••@gmail.com	No 1, Nehru Street Cooperative Nagar, Adambakkam, Behind Dav School & near Shakthi	Chennai	600088
15	R.A. Mani Yoga Asana Center	Raju Mani	Yoga	+91 72999 XXXXX	044-3302XXXX	rm••••••••••••••@yahoo.com	No. 3, 2nd Floor, Opposite Mangal Lake Park Mogappair West	Chennai	600037
16	Rajeshwari Yoga Nikethan	Ravivannan	Yoga	+91 93626 XXXXX	044-3303XXXX	ra••••••••••@gmail.com	No. 44/8, 1st Main Road, Opposite Near Hospital Next Indian Bank	Chennai	600082
17	Say S Yoga Centre	R. Padmini	Yoga	+91 94453 XXXXX	044-3302XXXX	pa••••••••••@gmail.com	No. 33 (i Floor), Mada Street, Pallikaranai, Near Balaji Dental College Or Pooja S	Chennai	600100
18	The International Yoga Institute	A. Ramanathan	Yoga	+91 94443 XXXXX	044-2844XXXX		Old No. 1, New No. 3, Avanna Garden, Dr R K Salai, Near Dgp Office, Mylapure, Chennai - 600 004	Chennai	600004
19	Third Eye Yoga Theraphy	Nivethitha	Yoga	+91 81244 XXXXX	044-3302XXXX	te••••••@gmail.com	No 36 Old Township Road, Secretariat Colony, Ambattur, Nearby Kaveri Textile	Chennai	600053
20	Truth Yoga World	Mani Mozhi Elango	Yoga	+91 90428 XXXXX	044-3303XXXX	sm••••••••@gmail.com	No 1, 1st Street Arul Murugan Nagar Extn, Near Anna Park	Chennai	600117
21	Yoga Centre Ethiraj Kalyana Mandapam	Gaythri Pappu	Yoga	+91 99620 XXXXX	044-2435XXXX	gi••••@hotmail.com	No 10 G 5, 1st Cross Street, Seethammal Colony Jain Win Gate Garden Oppo	Chennai	600018
22	Gmcks Pranic Healing Center & Arhatic Yoga Training Center	Manager	Yoga	+91 93631 XXXXX		gm•••••••@gmail.com	No 1295 First Floor, Mill Road, Coimbatore Ho, Near Marakadai Bus Stop	Coimbatore	641001
23	Gomukeshwara Research Institute of Yoga & Naturopathy		Yoga	+91 99440 XXXXX	0422-335XXXX	go••••••••••@gmail.com	New No 4, Sundaresar Layout, Trichy Road, Near Coimbatore Central	Coimbatore	641018
24	Integral Yoga Institute	C.V. Karthikeyan	Yoga	+91 98432 XXXXX	0422-254XXXX	iy••••@vsnl.net	No. 139/86, Opposite Corporation Girls Higher Secondary School R.S. Puram	Coimbatore	641002
25	Sri Veera Maruthi Yoga Center	Anna Raj	Yoga	+91 93632 XXXXX		yo••••••••••••@gmail.com	No. 30, near Corporation School Uppilipalayam	Coimbatore	641015

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26	Sri Viveka Yoga Therapy Centre	Srinivasan	Yoga	+91 90803 XXXXX		sr••••••••••@gmail.com	No. 46, near Karamadai Bus Stop Karamadai	Coimbatore	641104
27	Sri Agasthiyar Yoga and Meditation Center		Yoga	+91 94432 XXXXX			Yoga and Meditation, NO.28, Theyradi, Near Thirupapuliyur	Cuddalore	607002
28	Yoga Auto Diesel Works		Yoga	+91 89734 XXXXX			No 1, Near Sipcot	Cuddalore	607005
29	Yoga Data Services		Yoga	+91 96779 XXXXX		yo••••••••••••@gmail.com	69/7, Kammiyam Petai, Near Thirupapuliyur	Cuddalore	607002
30	Sakthi Yoga Studio		Yoga	+91 73732 XXXXX		dh••••••••••@gmail.com	No 12, Perundurai To Coimbatore Bypass Road, Near Pallagoundenpalayam	Erode	638056
31	Shree Yoga Lakshmi Agencies	Bala Murugan	Yoga	+91 94433 XXXXX		sh••••••••••••@yahoo.com	No. 175, Easwaran Koil Street, Godown	Erode	638001
32	Yoga Digital Photos & Hd Videos		Yoga	+91 96266 XXXXX			40 / 1, Ex. Military Colony, Near Bhavanisagar	Erode	638451
33	Aanantham Yoga Centre	Lalitha	Yoga	+91 99522 XXXXX		aa••••••••••••••••@gmail.com	#82, near Simakkal Bus Stop Balarangapuram	Madurai	625001
34	Om Pranava Yoga Practice & Research Centre	Manager	Yoga	+91 97895 XXXXX		ja••••••••••@yahoo.co.in	No 17, Rajendra 2nd Street, Arasaradi, Karimedu Arapalayam	Madurai	625016
35	Sahaja Yoga Meditation	Umashankar	Yoga	+91 94445 XXXXX		au••••••••••••@gmail.com	Madurai Madurai Chennai	Madurai	625016
36	Sivananda Yoga Vedanta Centre	Manassarkar	Yoga	+91 90922 XXXXX	0452-252XXXX	ma••••••••••@sivananda.org	No. 444, near Raj Magal Kalyana Mandapam K.K. Nagar	Madurai	625020
37	Sivananda Yoga Vedanta Meenakshi Ashram	Swami Govindananda	Yoga	+91 93446 XXXXX	0452-291XXXX	ma•••••@sivananda.org	New Natham Road, Vellayampatti, Saramthangi Village near Pavanna Vilakku Junction	Madurai	625503
38	Yoga Maligai		Yoga	+91 94432 XXXXX				Namakkal	
39	Yoga Malligai		Yoga	+91 99943 XXXXX				Namakkal	
40	Mahathma Natural Yoga Medical Centre		Yoga	+91 94425 XXXXX	0427-403XXXX		No 26, Rangichetty Street, Near Gugai	Salem	636006
41	Scientific Yoga Research and Fitness Center		Yoga	+91 94430 XXXXX		an•••••••@gmail.com	106, Meenachi Complex, Omalur Main Road, Near Salem Collectorate	Salem	636001
42	Yoga Electrical Works		Yoga	+91 76673 XXXXX		yo••••••••••••@gmail.com	140/ 4/59 - C, Omular Main Road, Near Reddiyur	Salem	636004
43	Yoga Graphics	Madhan Raaj	Yoga	+91 98420 XXXXX		yo••••••••••@gmail.com	58/30, Car Street, Salem -1	Salem	636001
44	Yoga Salts India Private Limited		Yoga	+91 94432 XXXXX		ed•••••••••@yahoo.com	NO.139- A, Trichi Main Road	Salem	636001
45	Dr Pandia Raja (aura Naturopathy & Yoga Hospital)		Yoga	+91 99524 XXXXX		au••••••••••••••@gmail.com	C/o Aura Naturopathy & Yoga Hospital, No 29, Pillaiyar Koil Street, Near Housing Unit	Thanjavur	613007

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46	Isha Yoga Centre		Yoga	+91 99940 XXXXX			MIG 616, Neythal Street, Near Thanjavur Govt College	Thanjavur	613005
47	Akshaya Yoga Center		Yoga	+91 94430 XXXXX			No 4/2 Pkvi Apartment 4th Block, Near Thiruvanaikoil	Tiruchirappalli	620005
48	Mansa Yoga Studio		Yoga	+91 82203 XXXXX			19B/34, Warners Road, Near Tiruchirappalli Cantt	Tiruchirappalli	620001
49	Nature Health Yoga & Meditation Ulaga Sathyagnana Maha Sabhai		Yoga	+91 90422 XXXXX			No 33A/37 Rathina Illam 2nd Floor, Thiruvanaikoil Periyar Nagar, Near Thiruvanaikoil	Tiruchirappalli	620005
50	Sri Padanjali Maharishi Yoga Centre		Yoga	+91 85084 XXXXX			Near Lalgudi	Tiruchirappalli	621601
51	Yoga Water Pure Systems		Yoga	+91 96556 XXXXX		yo••••••••••••••••••@gmail.com	No 18 Om Sakthi Complex 2nd Floor, Melachinthamani Road, Near Tiruchirappalli Townhall	Tiruchirappalli	620002
52	Yoga Knits		Yoga	+91 95666 XXXXX			118/195 Tnk Puram Kongu Main Road Opp To Jayalakshmi Bakery Tirupur Tn	Tiruppur	641607
53	Yoga Viyra Maliki		Yoga	+91 98563 XXXXX				Tiruppur	
54	Art of Living Meditation and Yoga Center		Yoga	+91 96000 XXXXX			Blooming Star Play School, 7, Eswaran Koil Street, Near Sholingur	Vellore	631102
55	Gmcks Pranic Healing & Arhatic Yoga Center		Yoga	+91 98868 XXXXX		ch••••••••••••@gmail.com	#8, Komutty Street, Near Walajapet	Vellore	632513
56	International Centre for Research Yoga & Naturopathy Trust Ngo		Yoga	+91 90800 XXXXX		dr••••••••••••••@gmail.com	No 398, Guddur Village Pulliner Post, Tirupatur, Near Jolarpettai	Vellore	635851
57	Yoga Narasima Electronics Service Point		Yoga	+91 99525 XXXXX			No 6, Valaja Road, Near Sholingur	Vellore	631102
58	Yoga Vijayam Group of Institutions		Yoga	+91 91594 XXXXX			NO-77, Mosidue Building Upstairs, Near Ranipet Industrial Estate	Vellore	632509
59	Pathanjali Yoga Centre		Yoga	+91 95007 XXXXX			Railway Feeder Road	Virudhunagar	626001
60	Yoga Travels		Yoga	+91 99425 XXXXX		sa••••••••@gmail.com		Virudhunagar	626117

Questions

How many yoga centres & trainers are there in Tamil Nadu?

This list has 484 yoga centres & trainers in Tamil Nadu with contact details, 84% of them with a mobile number. It's the count in Starleads' data, not an official census.

How can I get the contact numbers of yoga centres & trainers in Tamil Nadu?

Download this list in Excel: 484 contacts, 84% with a mobile number and 51% with an email address. Check 60 real contacts free first, then pay ₹499 (90% off) by UPI or bank transfer.

Which cities in Tamil Nadu have the most yoga centres & trainers?
Chennai (337), Coimbatore (45), Madurai (39), Salem (7) and Tiruchirappalli (7).

Which state in India has the most yoga centres & trainers?
In Starleads' data: Maharashtra (1,160), Delhi (711), Karnataka (579). Tamil Nadu is 4th of 5 states. These are the counts of contacts in each list, not an official census.

Is there a free yoga centres & trainers list PDF for Tamil Nadu?
Yes. The free sample PDF has 60 contacts from this list, with phone numbers and emails partly masked. The full list comes as an Excel workbook.